**Upper Housatonic Valley National Heritage Area** 

PSA - FOR IMMEDIATE RELEASE - Sept. 1, 2016

Contact: Dan Bolognani

Upper Housatonic Valley National Heritage Area

PO Box 493, Salisbury, CT 06068 (860) 435-9505 F (860) 435-6662 Info@HousatonicHeritage.org

"2016 ANNUAL HOUSATONIC HERITAGE WALKS" PSA

The Upper Housatonic Valley National Heritage Area will be offering it's 15<sup>th</sup> annual "Heritage Walks

Weekends" on Saturday and Sunday, Sept. 17 & 18, Sept. 24 & 25 and October 1 &

2. Enjoy 62 Free, guided interpretive walking tours at historic, cultural and outdoor nature sites

throughout the Housatonic River valley area in Berkshire County, Mass. and Litchfield County, Conn.

The interpretive Walks connect people to the nature and history of the area; and when people know the

history and appreciate the sites, they become advocates for them. The tours are led by experienced

guides who can orient you to the history of the landscape, which enhances the overall experience...so

you can walk away from an active and pleasant day knowing a lot more about the scenery than someone

who goes it alone.

The Heritage Walks feature short nature walks, trail hikes to scenic ridges and forest ponds, biking tours,

tours of historic villages and buildings, industrial site ruins, a canoe trip on the river, and Native American

walks. Expert historians, naturalists, and environmentalists will be your guides to explore the region's

rich history.

Heritage Walks Brochures can be found at libraries, post offices and stores. To view the entire schedule

of Walks, visit website: www.HousatonicHeritage.org/Heritage-Walks or

email programs@HousatonicHeritage.org to request a brochure to be mailed to you.