



Programs for April 22nd – April 28th

Sunday, April 22

2:00 "Beaufort" (for David Ariel's Film Discussion): Theater/Channel 918

7:00 "Beaufort" (for David Ariel's Film Discussion): Theater/Channel 918

Monday, April 23

8:30-12:00 Supervised Exercise: Fitness Center

9:00 Yoga Stretch: Aerobics Studio

11:00-12:45 Bus Departs for Shopping at the Dedham Mall (TJMAXX, S&S)

1:00-3:00 Supervised Exercise: Fitness Center

1:15 Fit and Flexible: Aerobics Studio

2:00 *The Life of Giacomo Puccini* Presented by Erika Reitshamer: Great Meadow Hall

7:00 Duplicate Bridge with David Aronson: Card Room

7:30 "The Red Pill": Theater/Channel 918

Tuesday, April 24

8:30 Zumba Gold: Aerobics Studio

10:00 Coffee Connection: Club Room

10:30 Spring Course: *Six Puccini Women Fall in Love* Led by Erika Reitshamer: Theater (full class)

11:00 Yoga Mediation and Gentle Stretch (Chair Yoga): Aerobics Studio

1:00-2:00 Supervised Swim: Pool

2:00 "The Greatest Showman": Theater/Channel 918

2:15 Better Balance: Aerobics Studio

7:00 Tuesday Night Minyan: Interfaith Chapel

7:30 *The Gatsby Trio* Featuring Vocalist Gabriela Martina and Clarinetist Billy Novick: GMH

7:30 "The Greatest Showman": Theater/Channel 918

Wednesday, April 25

8:30-12:00 Supervised Exercise: Fitness Center

9:00 Mastering Balance: Aerobics Studio

10:30 *The History of Siberia and its People* Led by Gerry Berenholz: Theater (sign up required)

11:00 Torah Study Group with Rabbi Judi: Interfaith Chapel

1:00-3:00 Supervised Exercise: Fitness Center

1:00 Bus Departs For Lyric Stage: Community Center

1:15 Yoga Fit with Meditation: Aerobics Studio



Programs for April 22nd – April 28th

Wednesday, April 25

2:00 *Honoring Earth and Arbor Day* Presented by Daniel Brown,
Massachusetts Audubon Society: Great Meadow Hall
2:00 “Beaufort” (for David Ariel’s Film Discussion): Theater/Channel 918
3:30 100th Birthday Party for Lenny Karlin & Helen Fuchs (all residents invited): Winter Garden
7:30 “Beaufort” (for David Ariel’s Film Discussion): Theater/Channel 918

Thursday, April 26

9:00 Zumba Gold: Aerobics Studio
10:00 Water Aerobics: Pool
10:00 Coffee Connection: Club Room
11:00 Fit and Flexible: Aerobics Studio
11:30 NY Times Sunday Crossword Puzzle Group: Theater
2:00 “Beaufort”: Film Discussion with David Ariel: Great Meadow Hall
2:30-4:30 Mural Painting Project: Garage (call 4-9217 to inquire)
4:00 Conversations about Tough Stuff with Rabbi Judi: Interfaith Chapel
7:30 *Cartooning in the Age of Trump* Presented by Boston Globe Cartoonist Dan Wasserman: GMH
7:30 “The Greatest Showman”: Theater/Channel 918

Friday, April 27

8:30-12:00 Supervised Exercise: Fitness Center
10:15 Current Events Discussion Group: Theater
11:15 Bus Departs for Boston Symphony Hall: Community Center
1:00-2:00 Supervised Exercise: Fitness Center
1:00 Men’s Club Social Meeting
1:30 Residents Present: *My Life: Reflections* with George Berkowitz: Great Meadow Hall
2:00 Better Balance: Aerobics Studio
2:00 Open Art Studio: Artists & Non-Artists Gather to Paint & Draw (Materials Supplied)
2:00 “The In-Laws”: Theater/Channel 918
5:00 Friday Night Shabbat Service: Synagogue
7:30 “The In-Laws”: Theater/Channel 918

Saturday, April 28

10:00 Stretch and Strength with Fitness Instructor Pearl Pressman: AL Living Room, 2nd Floor
10:15 Bus Departs for MET HD Opera: Community Center
10:15 Meditation with Diana Bronner: Interfaith Chapel (open to all levels)
2:00 “The Post”: Theater/Channel 918
7:30 “The Post”: Theater/Channel 918