



Programs for December 2nd to December 8th

Sunday, December 2

1:00 Bus Departs for Huntington Theater (previous sign-up required)
2:00 "Morocco": Theater/Channel 918
5:00 First Night Chanukah Candle Lighting: Winter Garden
7:00 "Morocco": Theater/Channel 918

Monday, December 3

8:30-12:00 Supervised Exercise: Fitness Center
9:00 Yoga Stretch: Aerobics Studio
11:00-12:45 Bus Departs for Shopping at the Dedham Mall (TJMAXX, S&S)
1:00-3:00 Supervised Exercise: Fitness Center
1:15 Fit and Flexible: Aerobics Studio
2:00 *Sopranos in Their Glory Lecture Series: The Magic Flute*
Presented by Musicologist David Collins: Assisted Living, Living Room
2:00 "Padre Padrone": Theater/Channel 918
3:00 Community Building Floor Meeting: Card Room (**note time and room change**)
3:30 First Floor North Meeting
5:00 2nd Night Chanukah Candle Lighting: Outside Centro
5:30 Birthday Night: Great Meadow Hall
7:30 "Padre Padrone": Theater/Channel 918

Tuesday, December 4

8:30 Zumba Gold: Aerobics Studio
10:00 Coffee Connection: Club Room
11:00 Yoga Meditation and Gentle Stretch (Chair Yoga): Aerobics Studio
1:00-2:00 Supervised Swim: Pool
2:00 "La La Land": Theater/Channel 918
2:15 Better Balance: Aerobics Studio
3:30 Volunteer Outreach Committee Meeting: Library Reading Room
5:00 3rd Night Chanukah Candle Lighting: Outside Centro
7:00 Tuesday Night Minyan: Interfaith Chapel
7:30 "La La Land": Theater/Channel 918
7:45 *Sanctuary* Featuring Cantorial Soloist Jodi Blankstein: Great Meadow Hall (**note time change**)

Wednesday, December 5

8:30-12:00 Supervised Exercise: Fitness Center
9:00-10:45 Bus Departs for Shopping at the Needham Plaza
9:00 Mastering Balance: Aerobics Studio
11:00 Caregiver Support Group with Shana Sklar: Library Reading Room (**note room change**)
11:00 Torah Study Group with Rabbi Judi: Interfaith Chapel
1:00-3:00 Supervised Exercise: Fitness Center



Programs for December 2nd to December 8th

Wednesday, December 5, Continued

- 1:15 Yoga Fit with Meditation: Aerobics Studio
- 2:00 *East Africa – Birthplace of Mankind* Presented by Photographer Barry Pell: GMH
- 5:00 4th Night Chanukah Candle Lighting: Outside Centro
- 7:30 *Temple Emanuel's Chanukah Concert* Featuring Cantor Elias Rosenberg: Great Meadow Hall
- 7:30 "La La Land": Theater/Channel 918

Thursday, December 6

- 9:00 Zumba Gold: Aerobics Studio
- 10:00 Coffee Connection: Club Room
- 10:00 Aqua Aerobics: Pool
- 10:15 Photography Club Meeting: Admin Board Room
- 11:00 Fit and Flexible: Aerobics Studio
- 11:30 NY Times Sunday Crossword Puzzle Group: Theater
- 1:00 Tai Chi: Aerobics Studio
- 2:00 Community Meeting: Great Meadow Hall
- 3:00 Farewell to Pam, Reception: GMH (following community meeting)
- 5:00 5th Night Chanukah Candle Lighting: Outside Centro
- 7:30 *Suicide and Firearms* Presented by Professor Matthew Miller: Great Meadow Hall
- 7:30 "Tickling Giants": Theater/Channel 918

Friday, December 7

- 8:30-12:00 Supervised Exercise: Fitness Center
- 10:15 Current Events Discussion Group: Theater
- 11:00-12:45 Bus Departs for Shopping at the Dedham Plaza (Star Market, Whole Foods)
- 1:00-2:00 Supervised Exercise: Fitness Center
- 2:00 Better Balance: Aerobics Studio
- 2:00 One-on-One with WizeGuides: Admin Board Room (reservations at 4-9218)
- 2:00 "Saving Private Ryan": Theater/Channel 918
- 3:30 6th Night Chanukah Candle Lighting: Outside Centro (**note time change**)
- 5:00 Friday Night Shabbat Service: Synagogue
- 6:15 Communal Hanukkah Dinner: Great Meadow Hall (reservations at 4-9128)
- 7:30 "Saving Private Ryan": Theater/Channel 918

Saturday, December 8

- 10:00 Stretch & Strength with Fitness Instructor Pearl Pressman: AL Living Room, 2nd Floor
- 10:20 & 12:50 Bus Departs for Legacy Place
- 1:00 Bus Departs for American Repertory Theater (previous sign-up required)
- 2:00 "Searching": Theater/Channel 918
- 5:00 7th Night Chanukah Havdallah and Candle Lighting: Outside Centro
- 7:30 "Searching": Theater/Channel 918