



Buffet Etiquette



NBOC buffet dining is an excellent option for a diner to choose from a variety of different dishes and food themes. The following are some general guidelines for maintaining and ensuring a happy and safe dining experience.

-Have a plan! Walk around and see what the buffet offers before starting your meal. Start off with what appeals to you most, even if it's dessert, and work your way towards items you would like to try.

-Always use a fresh plate when returning to the buffet for another serving. A fresh plate lessens the spread of any germs or bacteria.

-Be patient with your fellow diners. Reaching around someone may cause an accident that can be avoided by simply waiting your turn.

April 22nd, 2018

-Don't touch any of the food in the serving dishes. Never use your fingers to pluck something off a serving dish. Use the tongs, spoon or serving fork that is provided. Please place all serving utensils in the original dishes or on the utensil resting plate. You don't want to cross contaminate items that others might be allergic to or cause cross contamination between served items.

-Keeping utensil handles out of and away from foods is a must to prevent any chance of germs or bacteria from spreading.

These simple tips will not only enhance your buffet experience but keep your fellow diners happy and healthy.

Centro Restaurant
Hours of Operation

Sunday Brunch
10:00 am – 1:30 pm

Monday 4:45 pm – 8:00pm

Tuesday – Saturday
Lunch 11:30 am – 1:30 pm
Dinner 4:45 pm – 8:00 pm

Nosh Restaurant
Hours of Operation

Monday-Saturday
11:30am-7:30pm

Sunday
11:30am-7pm

Nosh Dinner To-Go
Available Monday-Friday & Sunday

Leave a detailed message at
X4-9128 anytime till 4pm
After 4pm please call the Nosh Counter at X4-9101
Pick-up Available from 5pm to 7pm
Deliveries available 5pm to 5:45pm or after 7pm

Centro Dinner To-Go X4-9207
Early Ordering

Orders must be placed by 4:30pm
Pick up/Delivery 5-5:30pm

Copper Beech Buffet will be available during this time

Late Ordering

Orders must be placed by 6:30pm
Pick up/Delivery 7pm-8pm
Copper Beech Buffet will NOT be available during this time

Earth Week Edition Culinary Highlights



Earth Day Lecture

Wednesday, April 22nd
Great Meadow Hall @ 2:30pm

Come hear how culinary is leading the mission to go green!

NewBridge Culinary is Leading the Way to Green

NewBridge Food Waste: From Landfill to Compost!

Beginning in September, the company **CERO**, will pick up our institutional food waste and transport it to the Needham transfer station where, when mixed with leaves, branches and other organic waste, and allowed to “cook” and decay, will ultimately become **compost**! Rather than NewBridge food waste (the peelings and scraps from the kitchens/the uneaten food from our plates) transported to landfills, a very costly practice for the environment, through the composting process at Needham transfer station, our food waste will ultimately feed a garden. This CERO service ends up costing NewBridge less money than the current practice of trucking to a more distant land fill. **A WIN-WIN!**
More Good News!

NewBridge Phases out Plastic Bags

Thanks to the planning and the work of the dining services, NewBridge is now using paper packaging for “to go” meals...and residents are also helping by transporting meals in their own tote bags! With more and more evidence showing the destructive costs of plastic to nearly all facets of our environment – the air, the earth, the water – NewBridge has made the environmentally right decision.

Go Green! Please take ONE copy of the Foodie so everyone can have one. Save a tree and some money by not being wasteful.



WEDNESDAY

OH! SO GOOD

Smoked Beer
Braised Brisket!

Starting: April 25th @ the Nosh

Nosh To-Go Delivery Times

The popularity of Nosh's to-go service has inadvertently affected in house dining. To remedy this the Nosh To-go service will mirror that of Centro. The ordering system will remain the same:

- Call extension 49128 to place your order anytime of the day until 4:30pm. After that time, call extension 49102.

- What is changing is the time for delivery or pick up. Due to the increasing volume of to-go's, we need to have all deliveries made by 5:45pm or after 7pm. We always make exceptions for emergencies, however we need your support to change this service time so that it does not overlap with dining guests.



Nosh and Treats are now accepting Credit and Debit cards!!! Thank you for your patience and we look forward to serving you.