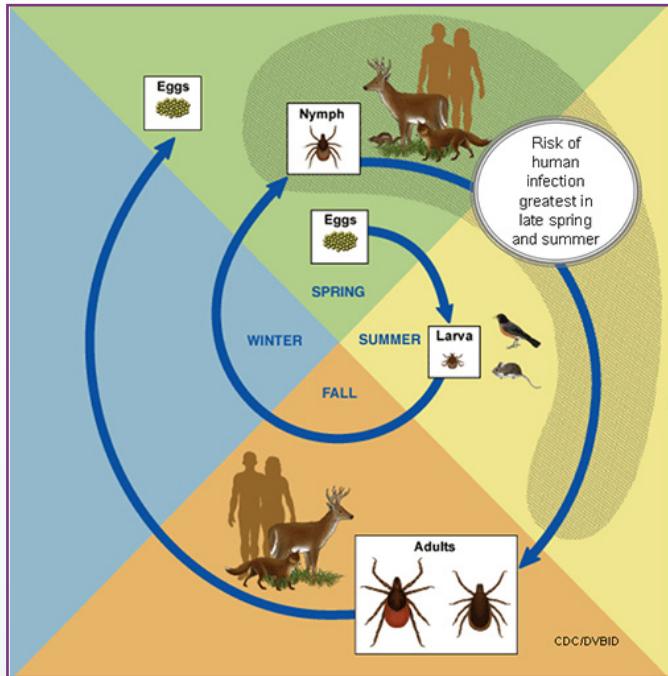


Did you know your school or child care center can help protect children from tick bites and have a policy for removal of ticks?

Get Ready for May it is Lyme Disease Awareness Month!



According to New Hampshire Childcare Licensing:

- Administration of non-prescription topical substances may be performed by any child care personnel, with written permission from the child's parents. – Tick Free NH recommends insect repellent with the chemical DEET in the 20-30% amount. Spray it onto your hand, then apply to a child's exposed skin.
- Programs may elect to have a supply of topical substances or non-prescription medication available, including but not limited to pain relievers, sunscreen, and insect repellent that may be administered to children, provided those items are stored and administered in accordance with the requirements provided by New Hampshire Childcare Licensing.
- Re-visit the New Hampshire Childcare Licensing Rules for more information on storage and disposal of topical substances.
- Tick Free NH recommends that you check children for ticks when they return indoors, every time.

If You Find A Tick

- When asked – New Hampshire Childcare Licensing has encouraged tick removal asap – no guidance is provided beyond usual resources. Visit [TickFreeNH.org](https://tickfreenh.org/remove/) (link to: <https://tickfreenh.org/remove/>) for information and a video on how to remove a tick safely.
- Please see our Child Care/School Policy Template (<https://tickfreenh.org/shareable-resources/>) for ways to make a policy and what to do with removed ticks, including how to record them and notify parents.
- Tick Free NH recommends suggesting to parents that shoes and clothing can be treated prior to wear with the chemical permethrin – for more information on how to treat clothing safely, visit [TickFreeNH.org](https://tickfreenh.org/protect/) (link to: <https://tickfreenh.org/protect/>)

Spraying Grounds

- Tick Free NH follows guidance from the NH Division of Public Health and does not recommend spraying property for ticks at this time. There are ways to landscape that can discourage ticks from entering play areas that can be found on [TickFreeNH.org](https://www.cdc.gov/ticks/avoid/in_the_yard.html) and at CDC (link to: https://www.cdc.gov/ticks/avoid/in_the_yard.html)
- Visit the New Hampshire Childcare Licensing Rules for more information on spraying pesticides.

Tick Free NH has many resources for your facility including Workbooks for Kids & Posters at TickFreeNH.org 