



The Patrick “Bird” Kerr Worksite Wellness Champion Award

2017 Nomination Form

As an employee for the St. Lawrence Seaway Development Corporation, Mr. Patrick “Bird” Kerr was an employee with undeniable charm. He brought smiles and enthusiasm that were incredibly contagious to every room he entered. In addition, “Bird” was very supportive of the Wellness Program at his work as well as in his personal life. He strived to eat healthy, exercise and spread the word of healthy activities occurring throughout the county. Unfortunately, in 2008, Mr. Kerr passed away. In honor of Mr. Kerr, the Wellness Champion Award has been created.

This honor will be presented to an employee who exhibits many of the same wonderful qualities that Mr. Kerr did. In order to be considered for the award, an employee must be nominated by fellow employees, administration, or Health Initiative representatives. The Kerr family will work with WorkWell Investments to look at the nominations and determine the winner. The award will be presented on October 26th at the Health Initiative Annual Meeting with a perpetual plaque to be placed at the workplace of the honored employee for the year.

The employee will exhibit many of these qualities as determined by the Kerr Family, and the Health Initiative:

- An employee who continuously shows support for the Health Initiative
- ... who strives for overall wellness in their personal and professional life
- ... who creates opportunities for other colleagues to become more “well”
- ... who continuously offers suggestions to help the wellness program grow
- ... who provides encouragement to colleagues who participate in programs
- ...who enjoys being outside and being active
- ...who tries their best to improve, who may have to work hard at accomplishing but will persevere
- ...who is always good natured and friendly
- ...who is open to new things, new places
- ...who everyone seems to know!

The ideal nominee will possess the majority of these qualities, and nominators should communicate this clearly in the attached form. Understand that all nominations will be reviewed thoroughly by the Kerr Family and the Health Initiative Staff. If you have questions you may contact Julie Cooke at julie@gethealthyslc.org or 315-261-4760 ext. 239.

Nomination for the Patrick “Bird” Kerr Worksite Wellness Champion award

Nominations are due September 8th, 2017. Please return to a Health Initiative representative or mail to Julie Cooke, Health Initiative, PO Box 5069, Potsdam, NY 13676. There is an online version of this nomination form on the Health Initiative Website – getthehealthyslc.org

Place of Work: _____

Nominee’s Name: _____

Please explain how, if applicable, your nominee fits these descriptions:

Strives for overall wellness in their personal and professional life...

Creates opportunities for other colleagues to become more “well”...

Continuously offers suggestions to help the wellness program grow...

Provides encouragement to colleagues who participate in programs...

Enjoys being outside and being active...

Tries their best to improve and may have to work hard at accomplishing but will persevere ...

Is always good natured and friendly...

Is open to new things, new places...

Would you say this employee is well known in your organization? ☐ Yes ☐ No

Is this individual thought of highly by all? ☐ Yes ☐ No

Other thoughts on why this person is qualified for the award:

Optional - Your Name & Contact Information_____