

# Changing Minds

## STOP THE STIGMA AWARDS

At our annual Changing Minds Mental Health Awareness Expo, we honor individuals who are taking a stand to reduce the stigma surrounding mental illness.

### ABOUT THE AWARDS

The *Stop the Stigma* awards were established to recognize and honor community individuals, mental health professionals, and businesses who are making a difference in eliminating mental health stigma and building better lives for those impacted by mental illness in the Greater Dubuque area.

With one in five suffering from mental illness, most residents in our community are affected in some way by the challenges mental illness present. We hope these awards will educate and inspire others so we can all contribute to the well-being of those impacted by this brain disease.

We encourage you to consider nominating an individual, colleague, caseworker, or employer who deserves recognition for their inspirational and educational efforts to *Stop the Stigma*.

### NOMINATION CATEGORIES

Nomination candidates play a vital role in our community by raising awareness and understanding of mental illness as they work to *Stop the Stigma*, and reduce discrimination and misperceptions. Categories for nomination include:

- **Professional:** An individual or an organization who works in the mental health field and consistently goes above and beyond in support of building better lives for those impacted by mental illness.
- **Employer:** An area business who takes proactive efforts to support their employees' physical and mental wellbeing. Businesses large and small are eligible to enter.
- **Community:** An individual or an organization who does not make a living in mental health, but has contributed in some meaningful way to eliminate mental health stigma in the Greater

Dubuque Community. Persons with lived experience, family members, and political leaders are eligible to enter.

### NOMINATION DEADLINE

All nominations must be submitted on or before 11:59 pm on **Monday, March 5, 2018**.

### JUDGING AND CRITERIA

Nominated candidates are evaluated based on their outstanding contributions in all of the following areas:

- Led efforts to reduce the discrimination and misperceptions associated with mental illness
- Made a positive impact on communities, workplaces, schools, individuals, or families;
- Demonstrated that recovery is real and possible

All nominees are reviewed by a panel of judges that includes mental health advocates, mental health professionals, and family members in recovery from mental health conditions.

Please enter each nominee in one category only. An organization/business and a representative from that organization can be nominated separately in the same category.

You may nominate yourself or you may nominate someone else. We reserve the right to publish names of all nominated candidates.



## CHANGING MINDS MISSION, VISION AND CORE VALUES

- **Mission:** Building better lives by eliminating mental health stigma in the Greater Dubuque Community.
- **Vision:** The community understands mental health conditions and sees the person, not the illness.
- **Core Values:** Provide public awareness and education, access to resources, and meaningful collaboration.

## NOMINATION FORM FIELDS

All nominations must be submitted on or before 11:59 pm on Monday, March 5, 2018 to **LSI, attn: Jim Guentherman at 2255 JFK Road, Dubuque, Iowa, 52002** or email [James.Guentherman@LSIowa.org](mailto:James.Guentherman@LSIowa.org)

### Candidate Information:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Category - please circle one: Professional    Employer    Community

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (day, evening) \_\_\_\_\_ Email \_\_\_\_\_

Employer \_\_\_\_\_

### Nominator information:

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (day, evening) \_\_\_\_\_ Email \_\_\_\_\_

☐ In the event your candidate is selected as an award winner, may we contact you to discuss your submission in more detail?

*Note: We reserve the right to publish names of all nominated candidates.*



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