

RACE DAY SCHEDULE



Check In/Registration 9:30 a.m.
2 Mile Run/Walk 11:00 a.m.

RACE DAY VOLUNTEERS NEEDED!

Volunteer Name

Phone Number

Awards Presentation
following completion of the race

Age Divisions: Male and Female
10 & under, 11-14, 15-18, 19-24, 25-29,
30-34, 35-39, 40-44, 45-49, 50-54, 55-59,
60-69, 70 & over.



**Round Lake Area
Park District**

814 Hart Road • Round Lake, IL 60073
847-546-8558 www.rlapd.org



Thank you to our proud sponsor:



FROSTY FOOT RACE



2 MILE RUN/WALK



Sunday, February 26, 2017

Renwood Golf Course
701 E. Shorewood Rd.

JOIN THE FUN AND WALK OR RUN

TO BENEFIT ACTIVE ADULT PROGRAMS



New all-terrain course will start and end at the Renwood Golf Course, and may include gravel, snow, grass, and pavement.

Race participants who register by Feb. 4 will guarantee their t-shirt size for race day!



Race numbers will be available the day of the race.

Call 847-546-8558 with questions.

FROSTY FOOTRACE

REGISTRATION FORM

Register online with code: 6732

Mail this completed application with check or charge card info to:
Round Lake Area Park District, 814 Hart Road, Round Lake, IL 60073.

Please make check payable to:

Round Lake Area Park District Frosty Footrace.

Sorry, no refunds, no transfers. (This form may be copied.

Only one registration per form.)

Last Name: _____

First Name: _____

Address: _____ Apt# _____

City: _____ State: _____ Zip: _____

HM Phone: _____ WK Phone: _____

Birth Date: _____ Age on Feb. 26, 2017 _____

Sex: **M** **F**

In case of emergency call:

Name: _____

Relationship: _____

Phone: _____

Medical problem: _____

All proceeds to benefit senior fitness programs!

Pre-registered Adults ☐ \$25 Children 13 & under ☐ \$12

At Event Adults ☐ \$30 Children 13 & under ☐ \$15

FORM OF PAYMENT:

☐ Check ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Credit Card #: _____

Expiration Date: _____ Security Code: _____

Payment Amount: _____

Authorized Signature: _____



WAIVER

Read carefully before signing:

I know that running and/or walking a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the course. I assume all risks associated with running and walking in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including low temperatures and/or wind chill, traffic and conditions of the course. All such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of this entry, I hereby for myself, heirs, executors and administrators waive any and all claims I may have for damages against the Round Lake Area Park District and all sponsors and individuals associated with the event, their representative and successors, and assignees for any and all injuries suffered by me in connection with this event, including pre- and post-race activities. I hereby grant permission to the Round Lake Area Park District and its authorized agents to use my name and photographs, videotapes, motion pictures, recording or any other record of my participation in this event for any purpose. There will be a \$15 fee for all returned checks. Sorry, no refunds.

Participant's Signature _____

_____ Date

Parent / Legal Guardian (if under 18) _____

_____ Date