



YOU CAN HELP!

ADAMS and Christ the Redeemer Church are partnering with Rise Against Hunger to package dehydrated, high protein, and highly nutritious meals that are used in crisis situations in schools and orphanages in countries around the world.

Join us on Saturday, March 25th at Christ the Redeemer Church
(46833 Harry Byrd Hwy, Sterling, VA 20164)

Register: <http://events.stophungernow.org/christtheredeemer2017>

ADAMS Ashburn is working with Christian Fellowship Church, Kids Around the World, and Vebo Ministries to help package food for the people of Puerto Cabezas, Nicaragua. The event will be held at Christian Fellowship Church Global (21673 Beaumeade Circle Ashburn, VA 20147) on April 23rd from 3:30 PM - 7:30 PM. Stay tuned for registration details!

WELLNESS: BODY AND MIND

Youth: Healthy Relationships with Safia Abulaila, MS, NCC
ADAMS Sterling | Saturday, March 25th | 1:00 PM - 3:00 PM

Healthy Eating with Carmen Kresha, RD, CDE
ADAMS Sully | Monday, March 27th | 6:00 PM - 7:30 PM

Topics include: functional foods; sweeteners and their effects;
Vitamin D and its importance; Q & A Session.

Mindful Parenting with Salma Abugaderi and Ayesha Kazmi
ADAMS Sterling | Saturday, April 1st

COMING UP...

Youth 10th Annual Spring Camp
April 11 - 15 | YMCA Camp Letts
Visit www.adamsyouth.net for details.

SAVE THE DATE! Fundraising Dinner
Saturday | May 6 | Hyatt Regency Dulles
5:00 PM - Registration, 6:00 PM - Program
Visit www.adamscenter.org for details

ADAMS ASHBURN

CEP Fundraiser at Hunan Village
March 23, 24, 25 | Mention "Ashburn CEP"
15% of food purchases will go toward fundraiser
42920 Piccadilly Plaza Suite 131,
Ashburn, VA 20147

ADAMS STERLING

Cub Scouts: Blue & Gold Ceremony
Saturday | March 18th | 4:00 PM - 9:00 PM
Cub Scouts Pack 1576

ADAMS SULLY

Cub Scouts: Blue & Gold Ceremony
Friday | March 17th | 7:00 PM - 8:45 PM
Cub Scouts Pack 786

Grandparents' Appreciation Tea
Saturday | March 25th | 10:30 AM
Register: <https://goo.gl/0x7qga>

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ADAMS Center, a spiritually strong, well educated, and civically responsible community, is here today to see our future generations grow in the new expanded Masjid. Please support our programs as we continue to improve our services & empower our community:

- Education
- Youth Programs
- Social work
- Civic Engagement
- Interfaith
- Religious Services

ADAMS KHUTBAH REMINDER

The additional notes below are to help you benefit from the Khutbah.

Objective: To impart to the congregation a sense that Allah (SWT) is all seeing, all hearing and the **ALL KNOWING**.

- The transcendence of Allah (SWT)'s knowledge is the overwhelming absoluteness of it, which is unlike anything
 - *And with Him are the keys of the unseen; none knows them except Him. And He knows what is on the land and in the sea. Not a leaf falls but that He knows it. And no grain is there within the darkness's of the earth and no moist or dry [thing] but that it is [written] in a clear record. [6:59]*
- We are also commanded by Allah (SWT) to be wary of His knowledge.
 - *... And know that Allah knows what is within yourselves, so beware of Him. And know that Allah is Forgiving and Forbearing. [2:235]*
 - *Indeed, He knows what is declared of speech, and He knows what you conceal. [20:110]*
 - *And He is Allah, [the only deity] in the heavens and the earth. He knows your secret and what you make public, and He knows that which you earn. [6:3]*
- Only Allah (SWT) is complete in His knowledge; as such, we must interact with each other with humility in what we know and understand
 - *Only Allah SWT has the right to judge: O you who have believed, let not a people ridicule [another] people; perhaps they may be better than them; nor let women ridicule [other] women; perhaps they may be better than them. And do not insult one another and do not call each other by [offensive] nicknames. Wretched is the name of disobedience after [one's] faith. And whoever does not repent - then it is those who are the wrongdoers. [49:11]*

No health insurance?

Low income?

**FREE DOCTOR
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Call (703) 542 - 3366

4431 Brookfield Corporate Dr, Unit F, Chantilly VA 20151
www.achnhealth.org contact@achnhealth.org

Seeking additional PCP volunteers!

ADVERTISE HERE!

- Distribution to all **11 ADAMS locations** servicing **25 Jum'as** in the Northern Virginia
- For one week, viewed over **11,000 people** on ADAMS Website
- Sent to over **6,000 emails** on the ADAMS Listserve

For more details please email amer.ahmad@adamscenter.org

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