



Your gift of **\$3000** (Sunday thru Thursday) or **\$4000** (Friday and Saturday) supports the community for **one day** during the Holy Month of Ramadan.

Visit www.adamscenter.org for more information.





Saturday, May 20, 2017



**4th Annual Qurtuba Institute
Ramadan Conference**

STEPPING UP OUR GAME

An ALL DAY seminar on how to improve your worship, character, and spirituality!

Registration: <http://www.qurtubainstitute.org/ramadan-conf-2017>



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COMING UP...

ADAMS ASHBURN
Interfaith Community Store Event
May 20th | Sterling Elementary School
200 W. Church Road Sterling, VA 20164
For details, visit: tinyurl.com/CommunityStore

ADAMS STERLING
Revive: A Night of Quranic Reflections
Friday | May 19th | 6:30 PM

Hosted by ADAMS Young Adults. Reflections by Dr. Suheil Laher and Ustadh Ismail ibn Ali. Recitation by Imam Ali Tos and Shaykh SamiUllah Safi
Register here: <http://tinyurl.com/ReviveAYA>

Mindful Parenting
with Sisters Salma Abugideiri & Ayesha Kazmi
Saturday | May 20th | 4:00 PM

When mindfulness embraces those we love,
they will bloom like flowers

Register here: <http://tinyurl.com/ADAMSParenting>
Health, Fasting, and Nutrition
with Dr. Mohammad Y. Alvi, MD, FRCP
and Dr. Mahsin Habib, MD
Monday | May 22nd | 7:00 PM

A Pre-Ramadan Seminar.
Register here: <http://tinyurl.com/HealthRamadan>

ADAMS Youth: Sisters' Night & Brothers' Night
Saturday | May 20th | 8:00 PM

Come out for a fun filled night!
Sisters' Night: Take over the Youth Center!
\$5 entry fee Register here:

<http://tinyurl.com/YouthSistersNight>

Brothers' Night: At NZONE! \$10 entry fee
Bring your best squad to represent! Register here:
<http://tinyurl.com/YouthBrothersNight>



ADAMS Center, a spiritually strong, well educated, and civically responsible community, is here today to see our future generations grow in the new expanded Masjid. Please support our programs as we continue to improve our services & empower our community:

- Education
- Youth Programs
- Social work
- Civic Engagement
- Interfaith
- Religious Services

ADAMS KHUTBAH REMINDER

The additional notes below are to help you benefit from the Khutbah.

Objective: To understand the inner and outer meaning of fasting, its etiquette and its benefits.

- The Qur'an has established the clear appreciation for fasting: Taqwa:
 - *O you who have believed, decreed upon you is fasting as it was decreed upon those before you that you may become righteous* (تَنْفُونَ) **(2:183)**
 - Imam Ali defined Taqwa as:
 - Rough translation: Fear of the Magnificent, acting upon the revelation, contentment with little, and preparation for the day of departure.
 - Fasting helps achieve all the above and much more.
- It is 'Ibadah' as prescribed and not a punishment. Fasting is not punishing the body but training it to be able to resist and control desires. It offers an individual the freedom to act independent of their desires.
- Imam Ghazzali said that there are three types of fasting:
 - The average fasting: that is abstinence from food, drink, and intimacy
 - The elite fasting: all the limbs fast from the haram
 - The elite of the elite fasting: the heart is ever present in the remembrance of Allah (swt) during the fast
- When fasting, stay away from backbiting, vain talk, and anger:
 - A'raj from Abu Hurairah is that the Messenger of Allah (ﷺ) said, "Fasting is a protection for you, so when you are fasting, do not behave obscenely or foolishly, and if any one argues with you or abuses you, say, 'I am fasting... I am fasting.'" (Muwatta' Malik)
 - "Whoever does not give up forged speech and evil actions and does not abandon foolishness (during their Fast), Allah (swt) is not in need of his leaving food and drink." (Bukhari)
- Three specific groups of people to mention:
 - Men regarding their women: it is better that everyone eats pizza for iftar rather than expecting the wife or mother to cook - all day and night for the family.
 - The sick: Allah (swt) in his immense generosity, still gives you the reward of fasting as if you did it in the month of Ramadan even if you complete your fast outside of the month of Ramadan, or if you expiate.
 - Children: those who fast in public schools are taking on significant challenge. We should recognize them and appreciate them for their efforts to complete this pillar of Islam.
- When having iftar parties, make sure to take care of the needy as well:
 - "The worst food is the food of the Walimah – the rich are invited to it and the needy are left." (Muwatta' Malik)

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Seeking additional PCP volunteers!

ADVERTISE HERE!

- Distribution to all **11 ADAMS locations** servicing **25 Jum'as** in the Northern Virginia
- For one week, viewed by over **11,000 people** on ADAMS Website
- Sent to over **6,000 emails** on the ADAMS Listserve

For more details please email amer.ahmad@adamscenter.org