



**Give blood.** Help save lives. 

**American Red Cross Blood Drive  
Herndon, Reston & Sterling Community**

The Church of Jesus Christ of Latter-Day Saints  
1515 Poplar Grove Road  
Reston, VA 20190

**Thursday, September 21<sup>st</sup>, 2:30-8:00 PM**

Visit [RedCrossBlood.org](http://RedCrossBlood.org) and enter "LDS Herndon"  
to schedule an appointment today.  
Contact Nausheen Baig with questions ([nausheen.baig@adamscenter.org](mailto:nausheen.baig@adamscenter.org))

Hosted by  & The Church of Jesus Christ of Latter-Day Saints

# REGISTRATION OPEN

**Limited Capacity - Early Bird Discount**

## PORTRAIT OF A PROPHET ﷺ

A WEEKEND CONFERENCE IN NORTHERN VIRGINIA

SEPT 29 - OCT 1



Shaykh Hassan  
Lachheb



Imam Magid



Dalia Mogahed



Shaykh Ubaydullah  
Evans



Ibrahim Al-Nass  
(singer)

LEARN MORE  
& REGISTER:

**[CelebrateMercy.com/Portrait](http://CelebrateMercy.com/Portrait)**

## COMING UP...

### ADAMS STERLING

#### Prophetic Guidance for the Last Days

with Shaykh Ahmad Saad al-Azhari

**Mon | Sept 18 | 7:30 PM - 9:00 PM**

Shaykh Ahmad will reconnect us to essential knowledge of the signs of the Day of Judgment. Understanding these signs play a key role in our ability to find comfort in these turbulent times

#### ESOL Class : Learn English at ADAMS!

Classes begin week of Sept 18th!

**Beginner: Tuesdays, 7-9PM**

**Low Intermediate: Saturdays, 3:30 - 5:30 PM**

12 week class - Fee \$90

Please visit [adamscenter.org](http://adamscenter.org) for details or please email [suheir.kafri@adamscenter.org](mailto:suheir.kafri@adamscenter.org)

#### ADAMS Little Muslims Playgroup

**Mommy and Me**

**Every Thursday | 10:00 AM - 12:00 PM**

Meetings take place in the ADAMS Sterling Youth room. For more information, please email [playgroupadams@gmail.com](mailto:playgroupadams@gmail.com)

### ADAMS GIRL SCOUTS

ADAMS Sully Troop 54030 begins on Sept. 22nd at 7PM. Please register at [gsnc.org](http://gsnc.org).

ADAMS Sterling Girl Scouts will have a Back to Scouting Night on September 17th at 5:30 pm in the Combo Room. Please email [adamsgirlscouts@gmail.com](mailto:adamsgirlscouts@gmail.com) for information.



## AL-HERA SUPERMARKET

150 Elden Street, Suite - 130. Herndon, VA - 20170

**GRAND OPENING SALE SEP 15 - NOV 15**

We are your most dependable source of Halal Meat & Poultry, Fish, Spices, Fresh Vegetable, Cookies, Sweets in NVA

Beef - \$2.99/LB, Lamb - \$5.99/LB, Goat - \$4.99/LB, Chicken Leg - \$34.99/BX, Hilsha - \$2.49/LB, Ruhu - \$0.99/LB, Mreagal - \$1.99/LB, Baklava - \$3.99/PK, Couscous - \$2.09, Rice - \$12.99/bag and more

Mon - Sun: 10:00 a.m. - 9:30 p.m. Phone: (703) 435-7800

[alherasupermarket@yahoo.com](mailto:alherasupermarket@yahoo.com)



### British Swim School

**Coming near you - Dulles Town Center**

**Grand Opening August 29, 2017**

**Classes available for children as young as 3 month**

**[GoSwimDulles@BritishSwimSchool.com](mailto:GoSwimDulles@BritishSwimSchool.com)**

**[BritishSwimSchool.com/Dulles](http://BritishSwimSchool.com/Dulles)**

**(571) 351-2302**



## Sponsors



Anthem. HealthKeepers Plus  
Offered by HealthKeepers, Inc.



# Adams Compassionate Healthcare Network

# HEALTH FAIR 2017



**September 23rd 2017 • 10:00AM - 3:00PM**  
Location: 4431(#F) Brookfield Corporate Dr, Chantilly VA 20151



## FREE SCREENINGS\*

- ☒ Blood Cholesterol
- ☒ Vision & Hearing
- ☒ Dental
- ☒ Flu Shots
- ☒ Mammograms\*\*
- ☒ Hepatitis B & C
- ☒ Glucose Testing
- ☒ Blood Pressure

## And More!

\* All services on a first come first serve basis.

\*\*Limited Quantity. Pre-registration is Required.

**VOLUNTEERS ARE NEEDED. PLEASE EMAIL [MHASAN@ACHNHEALTH.ORG](mailto:MHASAN@ACHNHEALTH.ORG) FOR DETAILS. MUST BE 18+.**

**FOR MORE INFORMATION PLEASE VISIT: [WWW.ACHNHEALTH.ORG/ACHN-HEALTH-FAIR-2017/](http://WWW.ACHNHEALTH.ORG/ACHN-HEALTH-FAIR-2017/)**