

Become a Kits for New Parents Partner

EXPECTANT OR NEW PARENTS have the desire to be the best possible parent for their new bundle of joy and have a million questions on how to do that. They are also receiving a ton of advice, but how do parents really know what advice is best for their child.

Your agency, partnered with First 5 San Joaquin, can offer a FREE, multimedia resource that helps parents answer questions and get advice as they need it or want it. First 5 San Joaquin has a free Kit for New Parents that your agency can order and have on hand to distribute to expectant or new parents. The Kit is available in English, Spanish, Cantonese, Mandarin, Vietnamese and Korean languages.

THE AWARD WINNING KIT includes lots of helpful information including:

- **Advice for New Parents DVD** covering topics such as oral health, health and safety, discipline, finding quality child care, and more.
- **Puppy and Friends** – a touch and feel children's book
- **What To Do When Your Child Gets Sick** – a reference book written by nurses
- **Information about brain development** and the importance of “Talk. Read. Sing.”

FOR MORE INFORMATION

on how your agency can distribute the Kit for New Parents, please contact First 5 San Joaquin at sjckids@sjgov.org or by calling 209-953-KIDS (5437).

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This resource is offered in partnership with First 5 California

