

Fox Valley Memory Project & the Alzheimer's Association Present

Understanding the Dementia Journey

Educational workshops across the Fox Valley

If you are caring for someone with Alzheimer's disease or dementia, are concerned about a loved one who has been diagnosed or are concerned about memory loss, **you are not alone.**

The *Understanding the Dementia Journey* workshops focus on a variety of topics designed to help family and professional caregivers navigate the challenges of Alzheimer's disease and dementia. Each class includes a focus topic about a local resource in the community. **All classes are free of charge.**

Pre-registration is appreciated – To reserve your seat, call the Alzheimer's Association **1.800.272.3900**

Neenah Public Library | 5:30 pm – 7:30 pm

240 E. Wisconsin Ave., Neenah; 920.886.6315

January 23	Healthy Living for your Brain & Body Focus Topic: Memory Café's
March 27	Dementia Conversations Focus Topic: Memory Loss Resource Center
May 22	The Basics: Memory Loss, Dementia & Alzheimer's Focus Topic: Mosaic Family Health Center
July 24	Effective Communication Strategies Focus Topic: Sensory Theme Kits
September 25	Understanding & Responding to Behaviors Focus Topic: Purple Angel Dementia Awareness
November 27	Caregiver Stress: Take Care of Yourself Focus Topic: Reach Program

- Participants are encouraged to bring friends and family.
- Take home education materials provided in each class.
- Light refreshments will be served.

Prince of Peace Church | 5:30 pm – 7:30 pm

2330 E Calumet Street, Appleton; 920.739.5255

February 13	Healthy Living for your Brain & Body Focus Topic: Memory Café's
April 10	Dementia Conversations Focus Topic: Memory Loss Resource Center
June 12	The Basics: Memory Loss, Dementia & Alzheimer's Focus Topic: Mosaic Family Health Center
August 14	Effective Communication Strategies Focus Topic: Sensory Theme Kits
October 9	Understanding & Responding to Behaviors Focus Topic: Purple Angel Dementia Awareness
December 11	Caregiver Stress: Take Care of Yourself Focus Topic: Reach Program

For more information:

Alzheimer's Association Greater WI

www.alz.org/gwwi

920.260.4682

Fox Valley Memory Project

www.foxvalleymemoryproject.org

920.225.1711

alzheimer's  association®

Greater Wisconsin Chapter



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