



## *FOX VALLEY MEMORY CAFÉS*

### *January, 2018*



Memory Cafés welcome those experiencing early stage dementia, mild memory loss or cognitive impairment as well as family and friends of those affected. It's a great opportunity for lively discussions, information gathering, refreshments, camaraderie and lots of creative fun! Call Lynn Ann at (920) 225-1711 for more information. You can also check us out at [www.foxvalleymemoryproject.org](http://www.foxvalleymemoryproject.org).

#### APPLETON:

Appleton Public Library, 225 N Oneida St, **Tuesday, January 2, 10 - 11:30 am.** Album of Friends! We'll watch a slideshow, sing some songs and perform some skits while sharing stories and thoughts about the value of friendship.

Atlas Waterfront Café, 425 W Water St, (Paper Discovery Center building) **Thursday, January 4 & 18, 2 - 4 pm.**

**January 4** King or Queen for the day! With all the British royal babies, weddings and anniversaries in the news, we're going to talk about Kings, Queens, Princes and Princesses. One attendee will be crowned King or Queen for the day!

**January 18** Famous author and biologist Rachel Carson once said "For the sense of smell, almost more than any other, has the power to recall memories and it is a pity that we use it so little." Memories are often triggered by our senses. Join us as we test our senses and reminisce about the memories that they evoke.

#### KAUKAUNA:

Kaukauna Public Library, 207 Thilmany Rd, Suite 200, **Monday, January 8, 2-3:30 pm.** The Naturalist from Thousand Islands Nature Center will join us to share a program on Wisconsin mammals and their habitats. This will be an interactive presentation and promises to be both interesting and fun!

Hoffman Memory Care Resource Center, 221 East 13th St, **Monday, January 22, 10:30 am- 2 pm.** Roll Em'! Join us despite January's snow and ice for some fun with dice! We'll have Tenzi Tournaments and "Shake Loose a Memory".

KIMBERLY: Village of Kimberly Municipal Complex, Cedar Room, 515 W Kimberly Ave, Cedar Room, **Wednesday, January 24, 1 - 3 pm.** We're going wild in Kimberly! Join Lee Hammen, retired naturalist, for an interactive experience with native animals. Mr. Hammen will be joining our café and sharing 40 years of naturalist experience along with items to share and touch such as pelts, skulls, and other props.

MENASHA: Elisha D Smith Public Library, 440 First St, **Wednesday, January 17, 1:30 - 3 pm.** Join us as we celebrate our Wisconsin Winter Wonderland. What do you like and dislike about winter? Share your winter memories and create a snow themed project.

NEENAH: Neenah Public Library, 240 E Wisconsin Ave, **Monday, January 15, 1:30 - 3:30 pm.** It is Winter Carnival Time! Rediscover the joys of a carnival with lawn dice and bean bag toss.

NEW LONDON: Mosquito Hill Nature Center, N3880 Rogers Rd, **Wednesday, January 10, 1:30 - 3:00 pm.** Do you remember walking through the snow on snowshoes? Perhaps you fell through a big drift and wished you had some! We will hear about the history of snowshoes and look at how they've changed. As long as we're talking about snow, we'll create our own snowflakes to liven up our winter homes! It might be cold outside, but it will be warm here!

SEYMOUR: Good Shepherd Community Center, 607 E Bronson Rd, **Thursday, January 11, 2 - 3:30 pm** Join us as we dance in 2018 with our favorite polka music by Norm Powers!