

# CAREGIVER SUPPORT



## GROUP:

For spouses and adult children of  
individuals affected by

### DEMENTIA OR ALZHEIMER MEMORY LOSS

Finding support while caring for someone with Alzheimer's and  
Dementia can be difficult.

Maintaining your emotional and physical fitness is crucial, not just for you but also for the person, you're caring for. By preparing yourself, understanding your loved one's experience, and seeking support from others can help you succeed on the caregiving journey.

Come join this friendly group for support and educational guidance.  
New members are always welcome. The group is held on the Last  
Wednesday of the month from 9:30-11:30 am.

At Lutheran Social Services, 3003 N Richmond St., Appleton WI, 54911.

We also offer an activity group time for the individual with memory loss on site at the same time.



**Lutheran Social Services** offers this program  
through the support of the Aging and Disability Resource Center,  
Outagamie County Branch. This program is funded by the Federal  
Older Americans Act. Participants may donate to this program.



Terry Schmeckpeper - **Caregiver Support and Education** for Lutheran Social Services  
3003 N Richmond St., Appleton, WI 54911  
Call (902) 225-1704, or email - [terry.schmeckpeper@lsswis.org](mailto:terry.schmeckpeper@lsswis.org)