



## Meals on Wheels and Senior Outreach Services

1300 Civic Drive, Walnut Creek, CA 94596 Phone: (925) 937 8311 Fax: (925) 946 1869 info@mowsos.org www.mowsos.org

### Places for Seniors and People with Disabilities to COOL OFF

Provided by the Contra Costa County Area Agency on Aging



Meals on Wheels



C.C. Cafés



Care Management



Fall Prevention



Home Care Referral



Friendly Visitors

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- Ambrose Community Center, 3105 Willow Pass Road, Bay Point, 925-458-1601
- Antioch Senior Center, 415 West 2nd St., Antioch, 925-778-1158
- Brentwood Community Center, 35 Oak St. (In City Park), Brentwood, 925-516-5400
- Brentwood Senior Center, 193 Griffith Lane, Brentwood, 925-516-5444
- Concord Senior Center, 2727 Parkside Circle, Concord, 925-671-3320
- Sunvalley Mall, 1 Sunvalley Mall, Concord, 925-825-2042
- Danville Community Center, 420 Front St., Danville, 925-314-3400
- Danville Senior Center, 115 E. Prospect Ave., Danville, 925-314-3490
- Hercules Senior Center, 111 Civic Drive, Hercules, 510-799-8219
- Martinez Senior Center, 818 Green St., Martinez, 925-370-8770
- Pinole Senior Center, 2500 Charles Ave., Pinole, 510-724-9800
- Pittsburg Senior Center, 300 Presidio Lane, Pittsburg, 925-252-4890
- Pleasant Hill Senior Center, 233 Gregory Lane, Pleasant Hill, 925-798-8788
- Richmond Senior Center, 2525 Macdonald Ave. Richmond, 510-307-8087
- Alcosta Senior and Community Center, 9300 Alcosta Blvd., San Ramon, 925-973-3250
- Walnut Creek Senior Club, 1375 Civic Drive, Walnut Creek, 925-943-5851

More information is available at the agency's Information and Assistance Program at 800-510-2020 (for callers from within Contra Costa County using a land line) or 925-229-8434 (for cell phone callers, and calls from outside Contra Costa County).

*Meals on Wheels and  
Senior Outreach  
Services is a nonprofit  
501(c) (3) organization  
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