

# IndeeLift

The People Picker Upper  
[www.indeelift.com](http://www.indeelift.com)

## The IndeeLift Pancake Breakfast

### and Resource Fair to benefit

Meals on Wheels and Senior Outreach Services'



Proceeds will provide home safety modifications for seniors at risk for falls



### Sunday, October 2

8:30 a.m. — 10:30 a.m.

**The Pleasant Hill Senior Center**

**233 Gregory Lane,  
Pleasant Hill**

Our Fall Prevention Program is made possible in part through the generous support of John Muir Health and the Area Agency on Aging.

Thank you to the Pleasant Hill Senior Center for their valuable partnership for this event.



**Meals on Wheels and  
Senior Outreach Services**



Thank you to our

Platinum Pancake

Presenting Sponsors



Pleasant Hill Post Acute  
and Moraga Post Acute

Thank you to our

Golden Griddle

Sponsors

24 Hr Homecare

Actikare Home Care

Addus Home Care

Amedisys

Carlton Senior Living

Clear Captions

Eldercare Services

Episcopal Senior

Communities

Oakmont of Concord

Tender Heart Home Care

**Call 925-937-8311**

**for tickets or**

**purchase at door**

Pancake Breakfast tickets are

**Ages 11 and up: \$5**

**Children 4-10: \$3**

**Children Under 4: Free**

<https://secure.donationpay.org/mowsos/pancake.php>