

# IndeeLift

The People Picker Upper

[www.indeelift.com](http://www.indeelift.com)

## The IndeeLift Pancake Breakfast and Resource Fair to benefit

Meals on Wheels and Senior Outreach Services'



Proceeds will provide home safety  
modifications for seniors at risk for falls



## Sunday, October 2

8:30 a.m. — 10:30 a.m.

**The Pleasant Hill Senior Center**  
**233 Gregory Lane,**  
**Pleasant Hill**

Our Fall Prevention Program is made possible in part through the generous support of  
John Muir Health and the Area Agency on Aging.

Thank you to the Pleasant Hill Senior Center for their valuable partnership for this event.



**Meals on Wheels and  
Senior Outreach Services**



Thank you to our  
Platinum Pancake  
Presenting Sponsors



Pleasant Hill Post Acute  
and Moraga Post Acute

Thank you to our  
Golden Griddle  
Sponsors

24 Hr Homecare  
Aktikare Home Care  
Addus Home Care  
Amedisys  
Carlton Senior Living  
Clear Captions  
Eldercare Services  
Episcopal Senior  
Communities  
Oakmont of Concord  
Tender Heart Home Care

**Call 925-937-8311**  
**for tickets or**  
**purchase at door**

**Pancake Breakfast tickets are**

**Ages 11 and up: \$5**

**Children 4-10: \$3**

**Children Under 4: Free**

[https://secure.donationpay.org/  
mowsos/pancake.php](https://secure.donationpay.org/mowsos/pancake.php)