

77. Shooting For Your Summit

Decide to aim for better, continue to climb every single day, just tell yourself it's possible, this invites an opportunity to follow a different path to a happier destination. No one in this world finds themselves on the top of any mountain at any time, they had to work hard and climb their way over the obstacles to make it. Every single day they had to be consistent in their efforts to see their dreams realised. It's not an easy path but it is a rewarding one and the reason that you are here.

There is a formula to success in life, spend time in learning about yourself, read uplifting material that expands your awareness and gives you a different perspective of the world. Get around like-minded people who are in the business of sharing information with the intention of helping others. You are the sum total of those who you spend the most of your time with, make sure you are choosing wisely and you feel inclusive in their company instead of drained. If you are ready to change then you should expect to come across several roadblocks on the way, everyone must go through this, it will happen to you in different degrees, some will give up and slide back into the life they claim they are trying to escape from. But you, *YOU WON'T!*

When faced with any hurdle you must be ready to look at the options, if a particular approach hasn't worked in the past then the first thing you must be prepared to do is to change your mind. If you hit a wall get your climbing boots on and scale that obstacle till you can see the view from the top! Get into the game and work out how to get over it, the answer is always there to be found, but sometimes you need to be quiet enough to hear it, don't just turn around and give up, when you stumble and you will, make this your time to resurrect the fighter and try once more. Choose always to climb it's the only way to reach the summit and the view from that vantage point is spectacular.

Quote:

“You will realise your internal strength has reached a new high when obstacles and failure only serve to act as the best motivation you have ever known.”

Geraldine Mair

Affirmation

I am motivated for success. I know that anything is possible when I replace fear with unwavering faith. There is nothing so big that I cannot triumph over it. In reflection I realise how far I have already come.

Strategy

Personal development of you can be an inspiring journey, but it can also be a scary proposition if you have never questioned anything or always followed the crowds. There is real clarity and discovery to be found when you spend time investing into yourself on a consistent basis. When you do this, you open the doors to the most amazing possibilities.

1. Get around those who are motivated to climb, this will allow you to let go of any limiting beliefs that have been holding you back, it's difficult to cut ties with people you have spent a lot of your life with, but some of those that are on your path are not meant to be there for the whole journey.
2. Give yourself emotional permission to move on, it can sometimes be the most liberating action you can take.
3. Most of you already know who belongs in your life and who doesn't its only when you gain the courage to change the arrangement can you be truly free to soar to new heights. Never be afraid to release those binds from your life and follow a path that resonates with your internal moral compass better.