



W.I.T.S. Top FAQ'S – Certified Personal Trainer Course

1. Whom will I be certified through?

After successfully passing the exams, you will be certified through the World Instructor Training School (W.I.T.S.), a leader in the field. W.I.T.S.

2. Is W.I.T.S. an accredited organization?

W.I.T.S. is approved and accredited by many higher learning institutions out of Washington, DC. These organizations include the National Commission for Certifying Agencies (NCCA) and the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB). This certification is also recommended for 3 undergraduate credits by the American Council on Education (ACE).

3. Is there a test given or is this a prep class?

Our national test dates conveniently run throughout the country in synchronized scheduling with our Certified Personal Trainer courses. **A TEST VOUCHER is included with the course so register you can take the exam right away in your area. Students must complete the Test Voucher on our website no later than 35 days prior to the exam date.** You will become a Certified Personal Trainer Level 1 and be able to work right away after successfully passing the written and practical test. Certified Personal Trainer Level 2 is available as a bonus for no extra cost with the completion of the 30-hour employer internship. In many cases, the internship list we provide walks you into new jobs!

4. Is a textbook required?

Yes, we require a fantastic resource called the *Fitness Professionals Handbook 7th Ed.* The hardback book is only \$89.95 and the e Book is available for \$53.00.

5. When is proof of CPR/AED due?

The valid CPR/AED card is required **7 days PRIOR** to the national certification exams. The CPR/AED must be obtained through live presentation at colleges, fire departments, Red Cross, and the American Heart Association. Online courses will not be accepted.

6. Is the internship provided?

Yes. We send our students who are now Level 1 CPT's a courtesy list of pre-approved employer facilities. Ultimately, it is the student's responsibility to contact and complete the internship. As a bonus, you will receive the Level 2 Certified Personal Trainer at no additional cost once you provide W.I.T.S. with documentation that you have completed your internship. Many employers pay a bonus for extra credentials so it is a plus to get it.

7. Do I have to renew my national certification like other professions?

Your certification is valid for 2-years and is very easy to do. Every reputable certification in the health education industry requires continuing education. We make it easy with free webinars and low cost effective online workshops.

8. Is there job placement?

A majority of the students are hired directly from our internship sites. W.I.T.S. provides a list of available sites that work with us annually. This networking with local employers is a unique service provided by W.I.T.S.

9. What happens if I do not pass?

W.I.T.S allows students 2 retests within 12 months of the original course start date. We offer 5-national retest dates to help you successfully pass the exams and achieve your goals. There is a discounted \$75 fee per exam (normally \$350).