

SNAP/CalFresh Quiz

Thank you for taking the quiz! Answers are below. And you can find [more information on CalFresh here](#).

1. Over half of the people (53.6%) relying on SNAP in California (a.k.a. CalFresh) are:

- Disabled
- Children
- Immigrants
- Lawyers

Over 20% of California's children live in poverty, and SNAP is a crucial lifeline for them. It improves child health, educational outcomes, and behavior.

2. How generous are SNAP benefits? SNAP benefits amount to about ____ per person per meal.

- \$5
- \$8.56
- \$1.39
- The current retail price of a healthy meal

SNAP benefits are less than optimal—they average less than \$1.39, making it difficult for recipients to afford an adequate and nutritious diet.

3. How many people take advantage of SNAP?

- Fewer than the number that are eligible
- More than the number that are eligible
- The same as the number that are eligible (enrollment is automatic)

Far from the popular myth that many ineligible people take advantage of safety net programs, the opposite is true. In Santa Cruz County, less than 60% of those who are eligible for CalFresh are enrolled in the program.

4. If the SNAP program were turned into a block grant (which sends federal funds to states, with few restrictions), the estimated effect on communities in need would be:

- Millions fewer meals each year
- Millions more meals each year
- Slightly more meals each year
- No effect

In fact, Feeding America estimates that **over 1 billion fewer meals** each year will be available to people in need throughout California. In recent years, the House has proposed block granting SNAP, but so far, allies of the program in Congress have resisted this change.

5. What effect does SNAP have on local economies?

- Positive effect--SNAP benefits "magically" produce economic activity
- Moderate negative effect--benefits get spent on food rather than tourism
- Neutral effect--spending is not increased, only shifted

Well, it's not magic, but SNAP provides a significant boost to local economies. Every \$5 in SNAP benefits generates as much as \$9 in economic activity (Economic Research Service, 2011).