

# Teacher Favorites Lists

## Merlyn Brookes-Romney - Guidance Counselor

<b>Teacher Birthday:</b> November 10	<b>Color:</b> purple	<b>Flower:</b> camelia
<b>Breakfast Foods:</b> oatmeal	<b>School Beverage:</b> water	<b>Candy/Snack:</b> European chocolate
<b>Foods:</b> vegan/vegetarian	<b>Restaurants:</b> Sweet Tomatoes	<b>Stores:</b> Any book store
<b>Books/Magazines:</b> Anything written well	<b>Entertainments/Hobbies:</b> reading, writing, traveling, cooking, gardening, hiking, tennis....	
<b>Favorite Stress Reliever:</b> the beach	<b>What makes me feel appreciated is:</b> a smile and a thank you	

## Kerri Van Sickle - Guidance Counselor

<b>Teacher Birthday:</b> November 30	<b>Color:</b> Purple	<b>Flower:</b> Tulips
<b>Breakfast Foods:</b> Bagels	<b>School Beverage:</b> Iced Tea-unsweet	<b>Candy/Snack:</b> pretzels, veggie straws
<b>Foods:</b> Pizza/Mexican food	<b>Restaurants:</b> Agave Azul, Panera	<b>Stores:</b> Target, HomeGoods
<b>Books/Magazines:</b> Oprah magazine, mystery book	<b>Entertainments/Hobbies:</b> Beach/reading	
<b>Favorite Stress Reliever:</b> A great movie	<b>What makes me feel appreciated is:</b> a very specific genuine compliment	

## Cari Dee - Media Specialist

<b>Teacher Birthday:</b> JUNE 28	<b>Color:</b> blue	<b>Flower:</b> daisies
<b>Breakfast Foods:</b> McDonalds	<b>School Beverage:</b> Sweet Tea, Coke	<b>Candy/Snack:</b> Cookies
<b>Foods:</b> wings	<b>Restaurants:</b> Chili's, Unos	<b>Stores:</b> Target
<b>Books/Magazines:</b> Everything	<b>Entertainments/Hobbies:</b> Reading, Music	
<b>Favorite Stress Reliever:</b> Massage Envy	<b>What makes me feel appreciated is:</b> Help in the afternoon	

## Holli Kennedy - Media Clerk

<b>Teacher Birthday:</b> August 5	<b>Color:</b> orange	<b>Flower:</b> Gerber Daisy
<b>Breakfast Foods:</b> Panera egg souffle	<b>School Beverage:</b> Flavored Coffee or Cherry Pepsi	<b>Candy/Snack:</b> Milk Chocolate
<b>Foods:</b> Any	<b>Restaurants:</b> Peach Valley, Season 52, Stonewood	<b>Stores:</b> Target, TJ Mazz
<b>Books/Magazines:</b> Yoga Journal Magazine, all books	<b>Entertainments/Hobbies:</b> Movies, books	
<b>Favorite Stress Reliever:</b> Bubble Bath	<b>What makes me feel appreciated is:</b> kind words and smiles	

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## Terri Guiang - Art

<b>Teacher Birthday:</b> MARCH 31	<b>Color:</b> All	<b>Flower:</b> tulips/sunflowers
<b>Breakfast Foods:</b> healthy - fruit, oatmeal, granola (Honey oat Natural Valley), Kind bars (dark chocolate) sea salt	<b>School Beverage:</b> ice tea (unsweetened), Light lemonade, water	<b>Candy/Snack:</b> No candy, Kind Bars, Dark Chocolate Sea Salt
<b>Foods:</b> no dairy, vegetarian, granola, almonds, trail mix, nuts, no chocolate please	<b>Restaurants:</b> Panera, Starbucks, Darden, Planet Smoothie, Chipotle, Dexters, Hawkers	<b>Stores:</b> Barnes & Noble, Target, Macys, Amazon, Michaels
<b>Books/Magazines:</b> self improvement, motivational/inspiring, Oprah/Cooking Lite, Art Books (drawing) - Barnes & Noble Gift Card		<b>Entertainments/Hobbies:</b> movies, dining, yoga, exercise
<b>Favorite Stress Reliever:</b> exercise, movies, music, paint	<b>What makes me feel appreciated is:</b> cards, notes from parents and students; great enthusiasm and a lot of support throughout the year	

## Mary Salgado - Art

<b>Teacher Birthday:</b> FEBRUARY 3	<b>Color:</b> yellow	<b>Flower:</b> orchid
<b>Breakfast Foods:</b> love egg casseroles, sausage	<b>School Beverage:</b> root beer, coffee	<b>Candy/Snack:</b> Fruit Roll Ups, Fruit Snacks, Chocolate covered pretzels, Chex Mix, Toffee
<b>Foods:</b> pizza, mexican, seafood	<b>Restaurants:</b> Red Lobster, Cheesecake Factory, Panera	<b>Stores:</b> Marshalls, TJ Maxx, Target
<b>Books/Magazines:</b> Thrillers, Home Magazines		<b>Entertainments/Hobbies:</b> Scrapbooking, Date Night! - Movies, dinner
<b>Favorite Stress Reliever:</b> Spa Day	<b>What makes me feel appreciated is:</b> Students and parents telling me things they enjoy about my class	

## Mana Heistand - Gifted - Elementary

<b>Teacher Birthday:</b> FEBRUARY 10	<b>Color:</b> purple	<b>Flower:</b> orchid/sunflowers
<b>Breakfast Foods:</b> fruits/coffee (Starbucks), Panera	<b>School Beverage:</b> water	<b>Candy/Snack:</b> fruits/nuts
<b>Foods:</b> sushi, salads, fish	<b>Restaurants:</b> Bonefish, Dexters, Panera, Starbucks	<b>Stores:</b> Target
<b>Books/Magazines:</b> yoga, running, pedicure		<b>Entertainments/Hobbies:</b> exercising, movies, nails, theme parks
<b>Favorite Stress Reliever:</b> massage, mani/pedi	<b>What makes me feel appreciated is:</b> cards, gift cards, pampering spa	

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## Lindi Jaques - Music (Instrumental)

<b>Teacher Birthday:</b> April 11th	<b>Color:</b> Pink	<b>Flower:</b> Gerber Daisies
<b>Breakfast Foods:</b> Donut Holes (No jelly & no cream filled) or vanilla cream filled (Dunkin Donuts)	<b>School Beverage:</b> Diet Mountain Dew	<b>Candy/Snack:</b> Jelly Bellies, chocolate covered almonds
<b>Foods:</b> Plain Pringles, Pepperoni Pizza, like to try new desserts	<b>Restaurants:</b> Cheesecake Factory, Pizza hut	<b>Stores:</b> Target, Publix, Kirkland's
<b>Books/Magazines:</b> Gossip Magazines	<b>Entertainments/Hobbies:</b> AMC	
<b>Favorite Stress Reliever:</b> music/iTunes	<b>What makes me feel appreciated is:</b> little notes or e-mails from students and/or parents	

## Jessica Niemiec - Music

<b>Teacher Birthday:</b> May 18	<b>Color:</b> Teal	<b>Flower:</b> Peonies, Daisies
<b>Breakfast Foods:</b> Bagels, Fruit, quiche	<b>School Beverage:</b> Coffee, La Croix (lime)	<b>Candy/Snack:</b> Dark chocolate covered almonds, pretzels, Dentyne ice peppermint gum
<b>Foods:</b> trailmix, pizza, cheesecake	<b>Restaurants:</b> Cheesecake Factory, Outback Steakhouse, Kobe's, Starbucks, Chipotle	<b>Stores:</b> Target, Publix, iTunes
<b>Books/Magazines:</b> Dr. Seuss	<b>Entertainments/Hobbies:</b> long distance running, watching movies and TV, yoga	
<b>Favorite Stress Reliever:</b> mani/pedi, massage, Chardonnay :)	<b>What makes me feel appreciated is:</b> letters and drawings from students	

## Susan Packer - Music (Instrumental)

<b>Teacher Birthday:</b> JANUARY 27	<b>Color:</b> Blue, red, peach, seaside colors	<b>Flower:</b> any
<b>Breakfast Foods:</b> fresh fruit	<b>School Beverage:</b> bottle water, Crystal Light, Premier Protein-Cookie n' Cream	<b>Candy/Snack:</b> No Candy, veggies, Kind Bars, (low carb carnivore)
<b>Foods:</b> Apples, Cherries, Grapes, anything but sushi	<b>Restaurants:</b> Dexters, Black Rock, Burger Fi, ChickFilA, Seasons 52, Cheesecake Factory	<b>Stores:</b> Macys, Walmart, Homegoods, Steinmart, Bealls
<b>Books/Magazines:</b> Amazon Gift Cards	<b>Entertainments/Hobbies:</b> live theatre, movies, going to the beach, hanging with grandson Joey	
<b>Favorite Stress Reliever:</b> massage, bubble bath, yankee candles, car fresheners	<b>What makes me feel appreciated is:</b> face to face comments, student cards and artwork, gift cards	

## Terri Pancotto - Music

<b>Teacher Birthday:</b> MARCH 12	<b>Color:</b> Blue	<b>Flower:</b> Gardenia
<b>Breakfast Foods:</b> Fruit	<b>School Beverage:</b> water, propel	<b>Candy/Snack:</b> Healthy Snacks, Cheese-Its, nuts
<b>Foods:</b> Any	<b>Restaurants:</b> Any	<b>Stores:</b> Any
<b>Books/Magazines:</b> cooking, DIY, Home Design	<b>Entertainments/Hobbies:</b> Plays, Movies	
<b>Favorite Stress Reliever:</b> mani/pedi	<b>What makes me feel appreciated is:</b> smiles, hugs and notes from kids, flowers	

# Teacher Favorites Lists

## Cheryl Savage - Physical Education

<b>Teacher Birthday:</b> JULY 14	<b>Color:</b> purple	<b>Flower:</b> any
<b>Breakfast Foods:</b> smoothies, peanut butter Cliff bars	<b>School Beverage:</b> tea unsweetened, lemonade	<b>Candy/Snack:</b> No Candy, Nuts: Almonds, healthy snacks, Kind Bards, RX Bars, Cliff bards
<b>Foods:</b> mexican	<b>Restaurants:</b> Agave Azule, Chipotle	<b>Stores:</b> Amazon, Target
<b>Books/Magazines:</b>	<b>Entertainments/Hobbies:</b> reading	
<b>Favorite Stress Reliever:</b>	<b>What makes me feel appreciated is:</b> Volunteering at Morning Mile	

## Jenny Shaffer - Physical Education

<b>Teacher Birthday:</b> MAY 23	<b>Color:</b> Blue	<b>Flower:</b> Lily's
<b>Breakfast Foods:</b> Chick-Fil-A, smoothie	<b>School Beverage:</b> Sweet Tea	<b>Candy/Snack:</b> Nuts
<b>Foods:</b>	<b>Restaurants:</b> Bjs, Unos, Darden Restaurants, Chick-Fil-A	<b>Stores:</b> Target, Amazon
<b>Books/Magazines:</b>	<b>Entertainments/Hobbies:</b> Movies, Bowling, Mini Golf	
<b>Favorite Stress Reliever:</b> Massage	<b>What makes me feel appreciated is:</b>	

## Thomas Sprague - Physical Education

<b>Teacher Birthday:</b> June 21	<b>Color:</b> Blue	<b>Flower:</b>
<b>Breakfast Foods:</b> Fruit	<b>School Beverage:</b> water	<b>Candy/Snack:</b> Sour Patch
<b>Foods:</b> Any	<b>Restaurants:</b> Olive Garden, Chilis, Chic Fil A	<b>Stores:</b> Sports Stores, Walmart, Amazon
<b>Books/Magazines:</b>	<b>Entertainments/Hobbies:</b> Movies, Golf, Outdoors	
<b>Favorite Stress Reliever:</b>	<b>What makes me feel appreciated is:</b> High Fives	

## Kathy Zimmermann - Health

<b>Teacher Birthday:</b> OCTOBER 17	<b>Color:</b>	<b>Flower:</b>
<b>Breakfast Foods:</b>	<b>School Beverage:</b> Tea - no sugar	<b>Candy/Snack:</b> nuts
<b>Foods:</b> any	<b>Restaurants:</b>	<b>Stores:</b> Target
<b>Books/Magazines:</b>	<b>Entertainments/Hobbies:</b> West Orange 5 Movies	
<b>Favorite Stress Reliever:</b>	<b>What makes me feel appreciated is:</b> Thank you notes	