

# FREE ACCESS to Chronic Pain Best Practices and Guidance for Accountable Care Collaborative Primary Care Providers



## An Online Learning Community to Improve Pain Care and Opioid Prescribing in Primary Care

The Colorado Department of Health Care Policy and Financing is excited to open a new opportunity for Accountable Care Collaborative (ACC) primary care providers to gain chronic pain best practice skills and treatment recommendations. Providers can get critical insight on chronic pain treatment strategies to address pain conditions, offer alternative treatment possibilities, and to correct the misuse of opioids with patients. Through the Accountable Care Collaborative Chronic Pain Disease Management program, ACC providers are now eligible to register for free access to **PainNET**, designed to provide the tools and guidance needed for appropriate pain care.

### What is PainNET?

**PainNET** is a flexible online learning community to engage primary care providers and practices and offer the tools and resources to learn about pain, collaborate with experts, and transform care with evidence-based practices. Primary care providers, specialists, nurses, and behavioral health professionals from around the country come together virtually to share knowledge and experience.

### What are the features of PainNET?

- **Discussion Forum:** Primary care providers and specialists answer questions, discuss pain-related topics, and share resources
- **Community Consults:** Providers post case-related questions for feedback and recommendations from specialists and peers
- **Project ECHO® Pain Video Library:**
  - Presented cases from real providers with expert recommendations
  - Specialist didactic presentations (videos and presentation slides)
- **Clinicians' Corner:** Specialty-specific blogs from experts in chiropractic medicine, physical therapy, and oriental and alternative medicine
- **PainCare 101:** Foundational knowledge, supplied through videos and readings, needed for appropriate pain care and opioid prescribing
- **Resource Library:** Comprehensive and printable tools, assessments, and articles

"Caring for patients with chronic pain is so difficult for PCPs...There aren't enough pain specialists and many insurance companies won't pay for them. We're trying to help the patient in front of us using the best treatments available in the given situation.

PainNET is a way to discuss some of these difficult situations with others so that I don't feel so alone in trying to figure out the best course of action. Asking a question means I get to draw on the brain trust of others who are managing similar patients. It's built into the culture of medicine that we help each other out and it's great that we can finally use technology intelligently to do so!"

— **Robin Dickinson, MD**  
Community Supported Family Medicine, Englewood, CO

Registering for access is simple and free for ACC primary care providers. To sign up now for an account or for more information, please contact:

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