

April 2017

FREDERICA ACADEMY

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|---|
| 10 | 11 | 12 | 13 | 14 |
| | | Pasta Day | Fun Day | |
| Chicken Tenders Hot Dogs Nachos with Cheese Pulled Pork Sliders Seasoned Red Beans Rice Mashed Potatoes Vegetables Pasta Salad Tossed Salad Ham + Cheese Wrap Assorted Sandwiches | Fried Chicken Baked Chicken BBQ Ribs Homemade Mac + Cheese Grilled Ham + Cheese Sandwiches Corn Dogs Seasoned Rice Vegetables Tossed Salad Pasta Salad Grilled Cheese Assorted Sandwiches Assorted Wraps Salad | Baked Spaghetti Beef Macaroni Vegetable Baked Ziti Vegetables Tossed Salad Pasta Salad Fried Fish and Grits Grilled Chicken Sandwiches Assorted Sandwiches | Grilled Turkey + Cheese Hot Dogs Burgers Corn Dogs Nachos with Cheese Seasoned Rice Vegetables Mashed Potatoes Salad Assorted Sub Sandwiches |  |