



WOMEN for a Healthy ENVIRONMENT

Holiday Gift Giving Made Easier ... and Healthier!

WHE staff selected a few of their favorite things to make your season brighter. Each item is under \$10. Cosmetics get a “green light” in the Environmental Working Group’s database. We chose items readily available at Target and/or Wal Mart (both stores recently received a “B” rating in the Mind the Store Retailer Report Card), as well as Giant Eagle Market District. We also want to remind you to support local businesses, especially during this time of year!



Body Wash, Shea Moisture-pair it with the Essential Design Body Care Kit for a perfect gift set



6" or 8" cast iron skillet by Lodge (note the 8" is \$10.59)-perfect for cooking safely



Eye Shadow and Liner, Physicians Formula-add a little shimmer to your holiday party



Coloring for Creativity-we all need to relax our mind and take a break every once in a while



Face Scrub and Lotion, Every Man Jack-guys need healthy body products too, so here's a fan favorite



Equal Exchange Chocolate-hands down we all agreed that chocolate makes the list



Hand and Body Lotion, Dr. Bronner's-we love the peppermint scent of this staff favorite



Essential Design Body Care Kit-everyone likes to be pampered, no matter the season



Lip Balm and Body Lotion, Burt's Bees-festive holiday gift set perfect for the cold months ahead



Immersion Blender-this useful kitchen tool is perfect for making soups, sauces and smoothies



Lipstick, Black Radiance-staying power without the harmful chemicals



Mason Jars by Pioneer Woman-a great alternative to your plastic bottle



Mascara, Almay-eyelash extensions are all the rage, but we're sticking with the basics



Mrs. Meyer's Soy Candle-natural scents are always best, but this is a good alternative for candle lovers



Hand Sanitizer, EO-cold and flu season is upon us, this gift will help keep the germs away this winter



Poinsettia-festive and fun, plants always bring a smile to the recipient's face...this one cleans the air!