



Healthy House Mold Check List



Rufino Gonzalez Restoration 1 of Fairfield

Healthy House Get Rid of Mold Check List

Exposure to mold can cause a variety of adverse health effects, especially to those with a compromised immune system. In 2004 the Institute of Medicine (IOM) found evidence that indoor exposure to mold was linked to:

- Upper respiratory tract symptoms, cough, and wheeze in otherwise healthy people.
- Hypersensitivity pneumonitis in individuals susceptible to that immune-mediated condition.
- Respiratory illness in otherwise healthy children.



You don't have to have had serious water damage to have mold.

Mold can enter your home through open doorways, windows, vents, and heating and air conditioning systems. Mold in the air outside can also attach itself to clothing, shoes, bags, and pets and then be carried indoors.

Mold thrives in places with a lot of moisture, such as around leaks in roofs, windows, or pipes, or where there has been flooding. Mold grows well on cardboard, ceiling tiles, and wood products. Mold can also grow in dust, paints, wallpaper, insulation, drywall, carpet, fabric, and upholstery.

Happy House Mold Check List

Check List

How Do You Know If You Need a Mold Test?

1. When you think you see or smell mold growth and need to know for sure.
2. If you've had a plumbing leak or water issue.
3. If you're unsure whether a company you hired for mold removal has actually removed the mold.
4. Health Issues that you or your doctor feel may be related to mold exposure. A mold inspection and test may help to confirm your or your doctor's suspicions that a mold problem exists.
5. For real estate transactions for the protection of Buyers and Sellers.
6. Landlord/Tenant disputes as to whether there is a mold problem.
7. Someone thinks they see or smell mold but are not sure.
8. Someone is interested in a general Indoor Air Quality test of their environment.

The most important point here is if you think you have a mold issue, get a test.

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Don't Let Mold Grow Another Day!

Protect your home and family. Get a free inspection from the mold experts at Restoration1

(888) 470-7540

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