

NOVEMBER 19, 2017

# IMMANUEL

Broken and Loved, Saved by Jesus, Freed to Live



## A PRAYER FOR THANKSGIVING DAY

### INVITE SOMEONE TO READ PSALM 100:

The Lord is God. He made us, and we belong to him.  
We are his people. We are the sheep of his flock.  
Give thanks as you enter the gates of his temple.  
Give praise as you enter its courtyards.  
Give thanks to him and praise his name.

### A PRAYER

Lord God, creator of all . . .  
For the food we are about to share  
and for those who have worked to harvest,  
provide, prepare and serve it, we give you thanks.  
For those we love who are not with us at the table today  
(you may share the names at this time), we give you thanks.  
For moments of happiness and laughter that  
brighten our days, we give you thanks.  
For every-day life, filled with tasks for work, school, or home,  
and for time to rest and play, we give you thanks.  
For giving us life and breath and all that we need from  
day to day, for friends and family, we give you thanks.  
For our friend Jesus, for forgiveness, freedom,  
faith and joy, we give you thanks.  
God, we lift up our praise and gratitude to you  
on this Thanksgiving Day. Amen

Resource: Living Grace Lutheran Church, revised.  
November 18, 2016

## This Week

### IMMANUEL

205 Pine Street PO Box 185  
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#### TODAY

9:00 Worship  
10:15 Coffee & Conversation  
Adult Study

#### MONDAY

1:00 Quilters  
4:45 Dance and Sacred Dance

#### TUESDAY

10:00 Staff Meeting  
10-11 Food Pantry  
2:00 Sabbath Afternoon  
4:00 Worship Arts

#### WEDNESDAY

10:30 Feldenkrais  
2:00 Text Study  
3:45 No Confirmation and  
Faith Adventures

#### THURSDAY - FRIDAY

Happy Thanksgiving!  
The Office will be Closed.

#### SATURDAY

10:30 Feldenkrais

#### SUNDAY

9:00 Worship  
10:15 Coffee & Conversation  
Adult Study

### Christmas Program

Practices will be held  
Nov. 29, Dec. 6, Dec. 13  
right after school -- with snacks : )

## Announcements



**Thank You Dancers:**  
Kenzie Bocksell  
Lacey Fayerweather  
Madison Fayerweather  
Kylie Rustad  
Joslyn Van Allen  
Karolina Stark



### COOKIE WALK

The Women of Immanuel are collecting White Elephant Gift Items which they'll sell at the Cookie Walk on December 2nd. Please bring items to the church by Friday, Dec 1st. Are you a baker? Thanks for bringing cookies for the Cookie Walk : )

### COAT DRIVE FOR VETERANS by Lucy Elliot

Thanks for sharing new or gently used men's jackets, hats, socks, gloves, scarves and sleeping bags to be distributed to homeless veterans. Your donations may be dropped off at Abode Gallery in Stockholm from 10 to 5 daily, with the exception of Wednesdays. Widespot will also take items before upcoming events ending with the Hot Flash concert Dec. 2nd. Thanks for supporting vets!



Advent begins Nov. 29th. Join us for Holden Evening Prayer at 6:30 and a soup supper at 5:30. Soup serving sign-up is in the Info Center. Thanks!

## PRAYERS OF THE CHURCH

### PRAYERS OF HEALING

Mark, Brandon K, Bradley L, Mai Yang, Brad, Ray, Bob, Janice, Kathy, Curt D, Bob J, Tom C, John N, Meg, Jackie G, Cory S, Brenda B, Bruce O, Darlene S, Mike, Mary B, Marj K, Jim S, Erin, Steve W, Bonnie, Jennifer S, Sandy, Caitlin, Jerry M, Larry W, Tonya, Joel W, Leah, Sharon P, Tim I, Corey K, Erna, Jay, Maddie

### PRAYERS FOR CARE CENTER FRIENDS

Ann B, Barb S, Pearl B, Lorene, Alfred, Jean, Darlene, Carol

### PRAYERS OF THANKSGIVING

for everyone who helped make our Confirmation and All Saints Sunday worship services so special and for Paul and Tom for leading worship and preaching while Pastor Karna was under the weather.

THANK YOU FOR ...

## SERVING IN WORSHIP

### THIS SUNDAY NOV 19

#### TEAM THREE

Dave and Laura Brevick, Sara Cedarblade, Mavis Kjarland, Kevin & Cindy Kosok

### NEXT SUNDAY NOV 26

#### TEAM FOUR

Sue Church, Ron & Kim Erickson, Alexa Fetter, Pamm Mercer, Steve & Annette Pomahatch

## Feldenkrais

Our bodies are amazing gifts.

Through the years—through countless joys, challenges and sorrows—we grow, adapt and change, heal and compensate.

Sometimes we adopt new patterns and let go of old ones as our daily lives ask for this.

The Feldenkrais way of learning is a unique method that uses gentle movements to improve flexibility, coordination, bodily comfort, and overall functioning. It's not an exercise program -- instead, the brain is engaged to identify patterns that are less than ideal, and to find better ones.

Carol Hinderlie will be leading a series of easy Feldenkrais-based lessons in November —

Wednesdays and Saturdays at 10:30 am. Feel free to come and try it! Suggested donation will be \$1 per class.

Feel free to call Carol for more information. 715 442-2414