



## **GLENNON DOYLE**

Glennon Doyle is the #1 *New York Times* Bestselling author of *LOVE WARRIOR*, a 2016 Oprah's Book Club selection, as well as the hilarious *New York Times* Bestseller *CARRY ON, WARRIOR*. She is an activist, speaker and founder of Together Rising, a non-profit organization that has raised over fourteen million dollars for women, families and children in crisis. Glennon is also the creator of Momastery.com, an on-line community where millions of readers meet each week to experience her shameless and hilarious essays about marriage, motherhood, faith, mental health, addiction, recovery and connection.

She is a columnist for *O, The Oprah Magazine*, and was named among OWN Network's SuperSoul100 inaugural group - as one of 100 "awakened leaders who are using their voices and talent to elevate humanity." Glennon and her philanthropic work have been featured on *The TODAY Show*, *The Talk*, NPR,

*The OWN Network*, *Chelsea, Dr. Oz* and in *The New York Times*, *The Atlantic*, *Forbes*, *Glamour*, *Parents Magazine*, *ELLE*, and *Newsweek*, among other television and print outlets.

A popular speaker in the U.S. and internationally, Glennon speaks frequently to diverse audiences including corporations, universities, faith communities, non-profit groups, mental health professionals, parents' organizations, women's leadership and non-profit conferences, and writing groups. When speaking to corporate and association audiences, she motivates leaders and employees to build trust and cohesion on their teams by embracing courage, boldness and purpose in their life's work. Drawing from her own personal story of addiction and recovery, Glennon inspires mental health and addiction/recovery audiences with her authentic, empowering, hopeful, and fresh perspective on healing. She speaks with passion and humor to diverse faith communities about freedom, joy, peace, inclusion and loving ourselves and each other. Speaking with parents' groups and community organizations, Glennon employs her trademark wit and candor to encourage us all to step out from behind masks of perfection and start connecting with one another by showing up as our real, messy and beautiful selves. She is known for her unique ability to inspire women to embrace unity and each other. The fact that her events sell out across the county is testament that her authenticity, power and humor translate forcefully from the page to the stage.

Glennon expresses universal truth through storytelling, giving voice to our shared experiences and allowing us to feel known. She invites us to believe in ourselves, to be brave and kind, to let go of the idea of perfection and to stop making life harder by pretending it's not hard. She easily expresses what so many of us think, but would not dare say aloud. Glennon is a courageous truth-teller and hope-spreader, a wise and witty friend who emboldens us to believe in ourselves and reminds us that the journey is the reward. She shows us how to stop hiding, competing and striving for the mirage of perfection and build authentic and abundant lives, relationships, homes, businesses, and communities.

Glennon lives in Florida with her family.

### **Friday, October 12, 2018**

**Location:** West Des Moines Christian Church  
4501 Mills Civic Pkwy  
West Des Moines, IA 50265

***Watch for ENews announcement for more details about "A Day for Sharpening - Telling Our Story", on October 12 and Iowa Conference Annual Meeting on October 13, or contact Conference Office for more details. 515.277.6369***