



ActivCare

## Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

## Special Events

**February 13**  
Fat Tuesday

**February 14**  
Valentine's Day

**February 21**  
Red Hat Ladies'  
Lunch

**February 26**  
Birthday Celebration



# ActivCare at Yorba Linda

# February 2018



| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|--|--|---|---|---|
|   |    |   |  |   |   |   |
| <b>4</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Spiritual Hymns</b><br>1:00 Rhythm Band<br>2:00 Balloon Noodle Game<br>3:00 Dessert & Coffee Social<br>3:30 Eldersong Sing- Along<br>6:00 Moonlight Movie   | <b>5</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Entertainment - Music By Eddie Montana</b><br>1:00 Indoor Bowling<br>2:00 White Board Brain Games<br>3:00 Dessert & Coffee Social<br>3:30 Puzzles/ Dominos<br>6:00 Moonlight Movie                | <b>6 National Frozen Yogurt Day</b><br>8:30 Current Events<br>9:15 Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 Flower Arranging<br>1:00 Frozen Yogurt--Discussion<br>2:00 <i>Pamper Me Lovely</i> : Manicures<br>3:00 Frozen Yogurt Social<br>3:30 Balloon Noodle Game<br>6:00 Moonlight Movie                                    | <b>7</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 Puzzle Club<br>1:00 <b>Creative Art: Mardi Gras Masks</b><br>2:00 Tossing For Points Game<br>3:00 Dessert & Coffee Social<br>3:30 Sing A long<br>6:00 Moonlight Movie  | <b>8 Cooking for the Senses</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 Word Scrambles<br>1:00 Balloon Badminton<br>2:30 <b>Cooking For The Senses with Victor: Chocolate Crepes with Strawberries</b><br>3:00 Dessert & Coffee Social<br>3:30 Water Coloring - Valentine Hearts<br>6:00 Moonlight Movie | <b>9 National Pizza Day</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>National Pizza Day Lunch</b><br>1:00 Indoor Volleyball / <b>Neighborhood Scenic Drive</b><br>2:00 <b>"High School" Reminiscing Game</b><br>3:00 Dessert & Coffee Social<br>3:30 Ring Toss<br>6:00 Moonlight Movie | <b>10</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 Anagram Word Game<br>1:00 Bocce Ball Game<br>2:00 <b>"Home Town" Reminiscing Game</b><br>3:00 Dessert & Coffee Social<br>3:30 Ring Toss<br>6:00 Lawrence Welk Show<br>6:30 Moonlight Movie |
| <b>11 National Peppermint Patty Day</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Spiritual Hymns</b><br>1:00 Toss and Talk Trivia<br>2:00 National peppermint Patty Day -Discussion<br>3:00 Dessert & Coffee Social<br>3:30 Eldersong Sing- Along<br>6:00 Moonlight Movie | <b>12</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>White Board Brain Game</b><br>1:00 Horse Shoe Game<br>2:00 Parachute game<br>3:00 Dessert & Coffee Social<br>3:30 Indoor Bocce Ball<br>6:00 Moonlight Movie                                      | <b>13 Fat Tuesday</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 Flower Arranging<br>1:00 <i>Pamper Me Lovely</i> : Manicures<br>3:00 Dessert & Coffee Social<br>3:30 <b>Fat Tuesday Celebration: Music by Arnie Rios</b><br>6:00 Moonlight Movie  | <b>14 Valentine's Day</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Name 3 Game</b><br>1:00 <b>Creative Art: Valentine's Day Door Hangers</b><br>2:00 White Board Brain Games<br>3:00 <b>Valentine's Friendship Tea Party</b><br>3:30 Dominos and Puzzles<br>6:00 Moonlight Movie                                  | <b>15</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Pictorial Brain Games</b><br>1:00 Balloon Badminton<br>2:00 Presidential Trivia<br>3:00 Dessert & Coffee Social<br>3:30 Word Anagram Game<br>6:00 Moonlight Movie   | <b>16 National Caregiver's Day</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>"Home Town" Reminiscing Game</b><br>1:00 Corn Hole Game<br>2:00 White Board Brain Games<br>3:00 Dessert & Coffee Social<br>3:30 World Trivia<br>6:00 Moonlight Movie                                       | <b>17</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>"Home Town" Reminiscing Game</b><br>1:00 Corn Hole Game<br>2:00 White Board Brain Games<br>3:00 Dessert & Coffee Social<br>3:30 World Trivia<br>6:00 Moonlight Movie                    |
| <b>18</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Spiritual Hymns</b><br>1:00 Rhythm Band<br>2:00 Name 5 Trivia<br>3:00 Dessert & Coffee Social<br>3:30 Eldersong Sing- Along<br>6:00 Moonlight Movie  | <b>19 President's Day</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>President's Day - Discussion</b><br>1:00 Parachute Game<br>2:00 <i>Who Am I? Trivia</i><br>3:00 Dessert & Coffee Social<br>3:30 Indoor Balloon Badminton<br>6:00 Moonlight Movie | <b>20 National Cherry Pie Day</b><br>8:30 Current Events<br>9:15 Morning Exercises<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 Flower Arranging<br>1:00 National Cherry Pie - Discussion<br>2:00 <i>Pamper Me Lovely</i> : Manicures<br>3:00 Cherry Pie & Coffee Social<br>3:30 <b>Entertainment – Matthew Stoneman</b><br>6:00 Moonlight Movie    | <b>21 Red Hat Ladies' Lunch</b><br>8:30 Current Events<br>9:15 Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>White Board Brain Games</b><br>12:00 <b>Red Hat Lady's Lunch with Elva</b><br>1:00 <b>Creative Art: Fancy Bird Cages</b><br>2:00 Memory Recall-States Capitals<br>3:00 Dessert & Coffee Social<br>3:30 Name 10 Trivia<br>6:00 Moonlight Movie | <b>22 In The Kitchen</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>In the Kitchen - Chocolate covered Pretzels</b><br>1:00 Indoor Bowling<br>2:00 White Board Brain Games<br>3:00 Dessert & Coffee Social<br>3:30 Frisbee Toss<br>6:00 Moonlight Movie  | <b>23 National Banana Bread Day</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Anagram Games</b><br>1:00 Bocce Ball Game<br>2:00 Tossing For Points Game<br>3:00 Dessert & Coffee Social<br>3:30 BINGO<br>6:00 Moonlight Movie   | <b>24</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Scenic Drive</b><br>1:00 Bocce Ball Game<br>2:00 National Banana Bread Day - Discussion<br>3:00 Banana Bread & Coffee Social<br>3:30 BINGO<br>6:00 Moonlight Movie                      |
| <b>25</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Spiritual Hymns</b><br>1:00 Balloon Noodle Game<br>2:00 Pictorial White Board Games<br>3:00 Dessert & Coffee Social<br>3:30 Eldersong Sing- Along<br>6:00 Moonlight Movie  | <b>26 Birthday Celebration</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 Horse Shoes Game<br>1:00 Bocce Ball Game<br>2:00 White Board games<br>3:00 <b>Birthday Celebration: Music by Joe Tatar</b><br>3:30 Puzzles/ Dominos<br>6:00 Moonlight Movie    | <b>27 National Strawberry Day</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 Flower Arranging<br>1:00 <b>National Strawberry Day - Discussion</b><br>2:00 <i>Pamper Me Lovely</i> : Manicures<br>3:00 Dessert & Coffee Social<br>3:30 Penny Ante Game of Reminiscing<br>6:00 Moonlight Movie | <b>28</b><br>8:30 Current Events<br>9:15 Good Morning Exercise<br>10:00 Fruit and Coffee Social<br>10:30 Walkers Club<br>11:00 <b>Name 10 Trivia</b><br>1:00 <b>Creative Art:</b><br>2:00 <b>Corn Hole Games</b><br>3:00 Dessert & Coffee Social<br>3:30 Ring Toss<br>6:00 Moonlight Movie   |    |    |   |

Activities are subject to change without notice.