



ActivCare at Bressi Ranch

June 2018



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events






June 3
Donut Day

June 14
Flag Day

June 17
Father's Day

June 28
Prom Night



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>3 Donut Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Donuts and Coffee 11:00 Spiritual Readings & Hymns 1:00 Parachute Fun 1:30 Bat the Balloon Game 2:00 Finish the Phrase Challenge 3:30 Colored Pencil Relaxation and Tabletop Games 6:00 Moonlight Movie</p>	 <p>4 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club *Holy Communion 10:30 <i>Love on Leash: Dog Therapy</i> 11:00 Animal Study 1:00 Entertainment with Musication! 2:00 Unlock the Memories: The Big Band Years 3:30 BINGO!! for Candy 6:00 Moonlight Movie</p>	 <p>5 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Biography Club 1:00 Bean Bag Toss Challenge 1:00 <i>Neighborhood Stroll</i> 1:30 Sing Along 2:00 Veterans and Friends Club 3:30 Prize BINGO!! 6:00 Moonlight Movie</p>	 <p>6 Field Trip 8:30 Good Morning America 9:00 Lower Body Strengthening 10:30 Walkers Club 10:30 Scenic Bus Ride /Picnic at Leo Carrillo Ranch 10:45 <i>You Be the Judge</i> 1:00 Toss and Talk Trivia Ball 1:30 Basketball Challenge 2:00 Armchair Pilates 3:30 <i>Crafting: Dreamcatchers</i> 6:00 Moonlight Movie</p>	 <p>Daily 10:00 Fruit and Coffee Social 12:00 Lunch 3:00 Dessert and Coffee Social 5:00 Dinner</p>	<p>1 Scenic Ride 8:30 CNN Live 9:00 Joints in Motion 10:30 Walkers Club/Scenic Van Ride 10:45 White Board Games 1:00 Bocce Ball 1:30 Large Bean Bag Toss 2:00 It's OK to Be Smart Trivia 3:30 Prize BINGO!! 6:00 Moonlight Movie</p>	<p>2 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 Flowerpot Painting 1:00 Balloon Badminton 1:30 Velcro Catch 2:00 <i>Chair Massage with Jack</i> 2:00 Large Card Trivia 3:00 Happy Hour! 6:00 Moonlight Movie</p>
<p>10 Iced Tea Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 1:00 Parachute Fun 1:30 Bat the Balloon Game 2:00 Name the State 3:30 <i>Iced Tea and Reminiscing Club: Summertime Memories</i> 6:00 Moonlight Movie</p>	<p>11 Special Music 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club *Holy Communion 10:30 <i>Love on Leash: Dog Therapy</i> 11:00 Animal Study 1:15 <i>Music with John Quinones</i> 1:30 Indoor Horseshoes 2:00 In the Kitchen with Chef Art 3:30 BINGO!! for Candy 6:00 Moonlight Movie</p>	<p>12 Special Music 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Biography Club 1:00 Bean Bag Toss Challenge 1:00 Neighborhood Stroll 2:00 <i>Music with Jeffery</i> 3:30 Prize BINGO!! 6:00 Moonlight Movie</p>	<p>13 Field Trip 8:30 Good Morning America 9:00 Lower Body Strengthening 10:30 Walkers Club 10:30 Scenic Bus Ride/ 10:45 Neighborhood Sing Along 1:00 Field Trip: Helen Woodward Nature Center 1:00 Bowling Competition 1:30 Basketball Challenge 2:00 <i>I Love Lucy</i> Comedy 3:30 <i>Crafting: Clothespin Fairies</i> 6:00 Moonlight Movie</p>	<p>14 Flag Day 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Men's Club 10:45 White Board Brain Games 12:00 <i>Men's Lunch with Anthony</i> 1:00 Chip Chuckin' Game 1:30 Toss and Talk Trivia Ball 2:00 Sentimental Reflections 3:30 <i>Travelogue: Sights and Tastes of Italy</i> 6:00 Moonlight Movie</p>	<p>15 Scenic Ride 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club/Scenic Van Ride 10:45 Brain Games 1:00 Balloon Badminton 1:00 Scenic Van Ride 1:30 Neighborhood Sing Along 3:30 Prize BINGO!! 6:00 Moonlight Movie</p>	<p>16 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 Large Card Trivia 1:00 Bean Bag Toss 1:30 Fishing Game 2:00 <i>Chair Massage with Jack</i> 2:00 <i>Leave it to Beaver</i> Comedy 3:00 Happy Hour! 6:00 Moonlight Movie</p>
<p>17 Father's Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 12:00 Father's Day Lunch 1:00 Outdoor Golf for the Dads 1:00 Parachute Fun 1:30 <i>Peanuts, Cracker Jacks, "Beer" and Ken Burns' Baseball</i> 2:00 Stories for Fathers 3:30 <i>Ozzie and Harriet</i> Comedy 6:00 Moonlight Movie</p>	<p>18 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club *Holy Communion 10:30 <i>Love on Leash: Dog Therapy</i> 11:00 Animal Study 1:00 Sentimental Reflections/ Timeless Trivia 1:30 Entertainment with Rosemarie 3:30 BINGO!! for Candy 6:00 Moonlight Movie</p>	<p>19 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Biography Club 1:00 Bean Bag Toss Challenge 1:00 <i>Neighborhood Stroll</i> 1:30 Sing Along 2:00 Veterans and Friends Club 3:30 Prize BINGO!! 6:00 Moonlight Movie</p>	<p>20 Lunch Field Trip 8:30 Good Morning America 9:00 Lower Body Strengthening 10:15 Singing Seniors 12:00 Lunch Field Trip: Pizza Port 1:00 Bowling with Friends 1:30 Afternoon Stretch 2:00 Scenic Cruises of the World 3:30 Community Service Club 6:00 Moonlight Movie</p>	<p>21 Summer Begins Trip to The Fair 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:30 Trip to Del Mar Fair! 10:45 Sing Along 1:00 Indoor Bocce Ball 1:00 <i>Joy of Watercolor with Peggy</i> 1:30 Bean Bag Toss Challenge 2:00 Around the World in 80 Treasures 3:30 Colored Pencil Relaxation 6:00 Moonlight Movie</p>	<p>22 Scenic Ride 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club/ Scenic Van Ride 10:45 Pictionary 1:00 Chip Chuckin' Challenge 1:00 <i>Scenic Van Ride</i> 1:30 Balloon Badminton 2:00 Name that Car Game 3:30 Prize BINGO!! 6:00 Moonlight Movie</p>	<p>23 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 <i>In the Kitchen with Glenna</i> 1:00 Bean Bag Tic Tac Toe 1:30 Afternoon Stretch 2:00 <i>Chair Massage with Jack</i> 2:00 Andy Griffith Show 3:00 Happy Hour! 6:00 Moonlight Movie</p>
<p>24 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 1:00 Parachute Fun 1:30 Bat the Balloon Game 2:00 Unlock the Memories: 1950's 3:30 Colored Pencil Fun and Tabletop Games 6:00 Moonlight Movie</p>	<p>25 Bomb Pop Day 8:30 Today's Current Events 9:00 Chair Yoga with Carmen 10:30 Walkers Club *Holy Communion 10:30 <i>Love on Leash</i> Dog Therapy 11:00 Animal Study 12:00 <i>Lunch Bunch with Carmen</i> 1:00 Balloon Badminton 1:30 Bomb Pop Party 2:00 <i>Bressi Choir Practice</i> 3:30 BINGO!! for Candy 6:00 Moonlight Movie</p>	<p>26 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 1:00 Sing Along 1:30 <i>Music and Birthday Celebration with Almario</i> 3:30 Pamper Me Lovely for Prom 2:00 Reminiscing Through The Decades: 1940's 3:30 <i>Crafting Corner</i> 6:00 Moonlight Movie</p>	<p>27 Field Trip 8:30 Good Morning America 9:00 Lower Body Strengthening 10:30 Walkers Club 10:30 Scenic Bus Ride 10:45 <i>It's OK to Be Smart</i> Trivia Fun 1:00 Field Trip: Moonlight Beach & Elizabethan Bakery 1:00 Bowling Fun 1:30 Large Bean Bag Toss 2:00 Reminiscing Through The Decades: 1940's 3:30 <i>Crafting Corner</i> 6:00 Moonlight Movie</p>	<p>28 Prom Night: Under the Sea 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 <i>Chair Massage with Les</i> 10:45 Name 5 Game/ Hangman 1:00 Balloon Badminton 1:30 Toss and Talk Trivia Ball 2:00 Finish the Nursery Rhyme 3:30 Sing Along 6:00 <i>Under the Sea Prom Night!</i></p>	<p>29 Scenic Ride 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club/ Scenic Van Ride 11:00 Pictionary 1:00 Chip Chuckin' Challenge 1:00 <i>Scenic Van Ride</i> 1:30 Balloon Badminton 2:00 <i>I Love Lucy</i> Comedy 3:30 Prize BINGO!! 6:00 Moonlight Movie</p>	<p>30 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 <i>Pinecone Birdfeeders and Garden Stroll</i> 1:00 Bean Bag Tic Tac Toe 1:30 Afternoon Pilates 2:00 <i>Chair Massage with Jack</i> 2:00 Lawrence Welk: To America with Love 3:00 Happy Hour! 6:00 Moonlight Movie</p>

Activities are subject to change without notice.