



ActivCare Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

Special Events

June 3
Donut Day

June 14
Flag Day

June 17
Father's Day

June 28
Prom Night



ActivCare at Bressi Ranch

June 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Donut Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:30 Donuts and Coffee 11:00 Spiritual Readings & Hymns 1:00 Parachute Fun 1:30 Bat the Balloon Game 2:00 Finish the Phrase Challenge 3:30 Colored Pencil Relaxation and Tabletop Games 6:00 Moonlight Movie	4 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club *Holy Communion 10:30 <i>Love on Leash: Dog Therapy</i> 11:00 Animal Study 1:00 <i>Entertainment with Musicstation!</i> 2:00 Unlock the Memories: The Big Band Years 3:30 <i>BINGO!! for Candy</i> 6:00 Moonlight Movie	5 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Biography Club 1:00 Bean Bag Toss Challenge 1:00 Neighborhood Stroll 1:30 Sing Along 2:00 Veterans and Friends Club 3:30 <i>Prize BINGO!!</i> 6:00 Moonlight Movie	6 Field Trip 8:30 Good Morning America 9:00 Lower Body Strengthening 10:30 Walkers Club 10:30 Scenic Bus Ride / Picnic at Leo Carrillo Ranch 10:45 <i>You Be the Judge</i> 1:00 Toss and Talk Trivia Ball 1:30 Basketball Challenge 2:00 Armchair Pilates 3:30 Crafting: Dreamcatchers 6:00 Moonlight Movie	7 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Men's Club 10:45 Colored Pencil Relaxation 1:00 Bowling with Friends 1:30 Red Hat Club 3:30 Resident in the Spotlight 6:00 Moonlight Movie	8 Scenic Ride 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club / Scenic Van Ride 10:45 Word Scramblers 1:00 Chip Chuckin' Game 1:00 Scenic Van Ride 1:30 Tic Tac Toe Toss 2:00 Chair Massage with Jack 2:00 Large Card Trivia 3:00 Happy Hour! 6:00 Moonlight Movie	2 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 Flowerpot Painting 1:00 Balloon Badminton 1:30 Velcro Catch 2:00 Chair Massage with Jack 2:00 Large Card Trivia 3:00 Happy Hour! 6:00 Moonlight Movie
10 Iced Tea Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 1:00 Parachute Fun 1:30 Bat the Balloon Game 2:00 Name the State 3:30 Iced Tea and Reminiscing Club: Summertime Memories 6:00 Moonlight Movie	11 Special Music 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club *Holy Communion 10:30 <i>Love on Leash: Dog Therapy</i> 11:00 Animal Study 1:15 Music with John Quinones 2:00 <i>In the Kitchen with Chef Art</i> 3:30 <i>BINGO!! for Candy</i> 6:00 Moonlight Movie	12 Special Music 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Biography Club 1:00 Bean Bag Toss Challenge 1:00 Neighborhood Stroll 2:00 Music with Jeffry 3:30 <i>Prize BINGO!</i> 6:00 Moonlight Movie	13 Field Trip 8:30 Good Morning America 9:00 Lower Body Strengthening 10:30 Walkers Club 10:45 Neighborhood Sing Along 1:00 <i>Field Trip: Helen Woodward Nature Center</i> 1:00 Bowling Competition 1:30 Basketball Challenge 2:00 <i>Love Lucy Comedy</i> 3:30 <i>Crafting: Clothespin Fairies</i> 6:00 Moonlight Movie	14 Flag Day 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Men's Club 10:45 White Board Brain Games 12:00 Men's Lunch with Anthony 1:00 Chip Chuckin' Game 1:30 Toss and Talk Trivia Ball 2:00 Sentimental Reflections 3:30 Travelogue: Sights and Tastes of Italy 6:00 Moonlight Movie	15 Scenic Ride 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club / Scenic Van Ride 10:45 Brain Games 1:00 Balloon Badminton 1:00 Scenic Van Ride 1:30 Fishing Game 2:00 Chair Massage with Jack 2:00 Large Card Trivia 3:00 Happy Hour! 6:00 Moonlight Movie	16 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 Word Scramblers 1:00 Bean Bag Toss 1:30 Tic Tac Toe Toss 2:00 Chair Massage with Jack 2:00 National Geographic Special 3:00 Happy Hour! 6:00 Moonlight Movie
17 Father's Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 12:00 Father's Day Lunch 1:00 Outdoor Golf for the Dads 1:00 Parachute Fun 1:30 Peanuts, Cracker Jacks, "Beer" and Ken Burns' Baseball 2:00 Stories for Fathers 3:30 Ozzie and Harriet Comedy 6:00 Moonlight Movie	18 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 Walkers Club *Holy Communion 10:30 <i>Love on Leash: Dog Therapy</i> 11:00 Animal Study 1:00 Sentimental Reflections/ Timeless Trivia 1:30 <i>Entertainment with Rosemarie</i> 3:30 <i>BINGO!! for Candy</i> 6:00 Moonlight Movie	19 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Biography Club 1:00 Bean Bag Toss Challenge 1:00 Neighborhood Stroll 1:30 Sing Along 2:00 Veterans and Friends Club 3:30 <i>Prize BINGO!!</i> 6:00 Moonlight Movie	20 Lunch Field Trip 8:30 Good Morning America 9:00 Lower Body Strengthening 10:15 Singing Seniors 12:00 Lunch Field Trip: Pizza Port 1:00 Bowling with Friends 1:30 Afternoon Stretch 2:00 Scenic Cruises of the World 3:30 Community Service Club 6:00 Moonlight Movie	21 Summer Begins Trip to The Fair 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:30 <i>Trip to Del Mar Fair!</i> 10:45 Sing Along 1:00 Indoor Bocce Ball 1:30 Joy of Watercolor with Peggy 1:30 Bean Bag Toss Challenge 2:00 Around the World in 80 Treasures 3:30 Colored Pencil Relaxation 6:00 Moonlight Movie	22 Scenic Ride 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club / Scenic Van Ride 10:45 In the Kitchen with Glenna 1:00 Bean Bag Tic Tac Toe 1:30 Afternoon Stretch 2:00 Chair Massage with Jack 2:00 Andy Griffith Show 3:00 Happy Hour! 6:00 Moonlight Movie	23 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 In the Kitchen with Glenna 1:00 Bean Bag Tic Tac Toe 1:30 Afternoon Stretch 2:00 Chair Massage with Jack 2:00 Andy Griffith Show 3:00 Happy Hour! 6:00 Moonlight Movie
24 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 1:00 Parachute Fun 1:30 Bat the Balloon Game 2:00 Unlock the Memories: 1950's 3:30 Colored Pencil Fun and Tabletop Games 6:00 Moonlight Movie	25 Bomb Pop Day 8:30 Today's Current Events 9:00 Chair Yoga with Carmen 10:30 Walkers Club *Holy Communion 10:30 <i>Love on Leash Dog Therapy</i> 11:00 Animal Study 12:00 <i>Lunch Bunch with Carmen</i> 1:00 <i>Bomb Pop Party</i> 2:00 Bressi Choir Practice 3:30 <i>BINGO!! for Candy</i> 6:00 Moonlight Movie	26 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:30 Shoulder Massage with Les 10:45 Biography Club 1:00 Sing Along 1:30 <i>Music and Birthday Celebration with Almarie</i> 3:30 <i>Pamper Me Lovely for Prom</i> 3:30 <i>Neighborhood Stroll</i> 6:00 Moonlight Movie	27 Field Trip 8:30 Good Morning America 9:00 Lower Body Strengthening 10:30 Walkers Club 10:30 Scenic Bus Ride 10:45 <i>It's Ok to be Smart Trivia Fun</i> 1:00 <i>Field Trip: Moonlight Beach & Elizabethan Bakery</i> 1:00 Bowling Fun 1:30 Large Bean Bag Toss 2:00 Reminiscing Through The Decades: 1940's 3:30 <i>Crafting Corner</i> 6:00 Moonlight Movie	28 Prom Night: Under the Sea 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:30 Chair Massage with Les 10:45 Name 5 Game / Hangman 1:00 <i>Balloon Badminton</i> 1:30 Toss and Talk Trivia Ball 2:00 Finish the Nursery Rhyme 3:30 Sing Along 6:00 Under the Sea Prom Night!	29 Scenic Ride 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club / Scenic Van Ride 10:45 Pinecone Birdfeeders and Garden Stroll 1:00 Bean Bag Tic Tac Toe 1:30 Afternoon Pilates 2:00 Chair Massage with Jack 2:00 Lawrence Welk: To America with Love 3:00 Happy Hour! 6:00 Moonlight Movie	30 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 Pinecone Birdfeeders and Garden Stroll 1:00 Bean Bag Tic Tac Toe 1:30 Afternoon Pilates 2:00 Chair Massage with Jack 2:00 Lawrence Welk: To America with Love 3:00 Happy Hour! 6:00 Moonlight Movie

Activities are subject to change without notice.