



## ActivCare

### Daily Activities

*Neighborhood Walks*

*What's News*

*Music That Matters*

*Exercise in Motion*

*Think It - Say It*

*Creative Arts*

### Special Events

May 5

*Cinco de Mayo*

May 14

*Mother's Day*

May 29

*Memorial Day*

May 30

*Birthday Party*



# ActivCare at Bressi Ranch

# May 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>1 May Day</b></p> <p>8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:30 <b>Holy Communion</b> 10:30 <b>Love on Leash</b> Dog Therapy 12:00 Lunch 1:00 <b>Entertainment with Musiciation!</b> 2:00 Unlock the Memories 3:00 Dessert &amp; Coffee Social 3:30 <b>Crafting: May Day Baskets</b> 6:00 Moonlight Movie</p>	<p><b>2</b></p> <p>8:30 Today's News 9:00 Body in Motion Exercise 9:45 <b>Intergenerational Visit with Pacific Ridge Students</b> 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Name 5 Game 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 Reminiscing Club 3:00 Dessert &amp; Coffee Social 3:30 Biography Club 6:00 Moonlight Movie</p>	<p><b>3</b></p> <p>8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Anagrams 12:00 Lunch 1:00 Bat the Balloon Game 2:00 Finish the Sentence Game 3:00 Dessert &amp; Coffee Social 3:30 <b>Crafting: Cinco De Mayo Ponchos</b> 6:00 Moonlight Movie</p>	<p><b>4</b></p> <p>8:30 CNN 9:00 Chair Exercises 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Flower Arranging Club 12:00 Lunch 1:00 Bowling Challenge 2:00 Name that Tune 3:00 Dessert and Coffee Social 3:30 <b>Prize BINGO!</b> 6:00 Moonlight Movie</p>	<p><b>5 Cinco De Mayo</b></p> <p>8:30 Morning News 9:00 Joints in Motion 10:00 Fruit and Coffee Social 10:30 Walker's Club/ <b>Scenic Bus Trip</b> 10:45 White Board Games 12:00 Lunch 1:00 Balloon Volleyball 2:00 Neighborhood Sing Along 3:00 Dessert and Coffee Social 3:30 <b>Cinco De Mayo Celebration</b> 6:00 Moonlight Movie</p>	<p><b>6 Kentucky Derby/ Nurses Day</b></p> <p>8:30 Today in History 9:00 Saturday Seated Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 <b>Thank You Poster for our Nurses</b> 12:00 Lunch 1:00 Indoor Horseshoes 1:30 <b>Crafting: Derby Hats</b> 3:00 Dessert &amp; Coffee Social 3:30 <b>Kentucky Derby and Mint Juleps</b> 6:00 Moonlight Movie</p>
<b>7</b>	<p>8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Spiritual Hymns and Readings 12:00 Lunch 1:00 Bat the Balloon 2:00 Fresh Air &amp; Conversation in the Gazebo 3:00 Dessert &amp; Coffee Social 3:30 Writer's Club with Glenna 6:00 Moonlight Movie</p>	<p><b>8</b></p> <p>8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:30 <b>Holy Communion</b> 10:30 <b>Love on Leash</b> Dog Therapy 12:00 Lunch 1:00 Balloon Badminton 2:00 <b>Chicken Soup for the Soul</b> 3:00 Dessert &amp; Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie</p>	<p><b>9</b></p> <p>8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Anagrams 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 <b>In the Kitchen: Hot Fudge Sundae</b> 3:00 Dessert &amp; Coffee Social 3:30 Biography Club 6:00 Moonlight Movie</p>	<p><b>10</b></p> <p>8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Name 10 Game 12:00 Lunch 1:00 Chip Chucking Game 2:00 Interactive Trivia 3:00 Dessert &amp; Coffee Social 3:30 <b>Music with Scott Parlor</b> 6:00 Moonlight Movie</p>	<p><b>11 Receptionist Day</b></p> <p>8:30 CNN 9:00 Chair Exercises 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Flower Arranging Club 12:00 Lunch 1:00 Indoor Bowling 1:30 <b>Red Hat Club</b> 2:00 Sing Along 3:00 Dessert and Coffee Social 3:30 <b>Thank You Card Making for our Receptionists</b> 6:00 Moonlight Movie</p>	<p><b>12</b></p> <p>8:30 Morning News 9:00 Joints in Motion 10:00 Fruit and Coffee Social 10:30 Walker's Club/ <b>Scenic Bus Trip</b> 10:45 White Board Games 12:00 Lunch 1:00 Balloon Volleyball 2:00 <b>Is that Your Final Answer?</b> 3:00 <b>Mother's Day Tea</b> 3:30 <b>Prize BINGO!</b> 6:00 Moonlight Movie</p>
<b>14 Mother's Day</b>	<p>8:30 Today's Current Events 9:00 Stretch with Glenna 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 11:00 Spiritual Hymns &amp; Readings 12:00 <b>Mother's Day Lunch</b> 1:00 Balloon Badminton 2:00 Chicken Soup for the Mother's Soul 3:00 Dessert and Coffee Social 3:30 <b>Mother's Day Violin Concert With John Quinones</b> 6:00 Moonlight Movie</p>	<p><b>15 Chocolate Chip Day</b></p> <p>8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:30 <b>Holy Communion</b> 10:30 <b>Love on Leash</b> Dog Therapy 12:00 Lunch 1:00 Bocce Ball 1:30 <b>Cooking Class: Chocolate Chip Cookies</b> 3:00 Dessert &amp; Coffee Social 3:30 Tea and Poetry Club 6:00 Moonlight Movie</p>	<p><b>16</b></p> <p>8:30 Today's News 9:00 Body in Motion Exercise 9:15 <b>Outing: Intergenerational Visit with Pacific Ridge School</b> 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Picture Story Challenge 12:00 Lunch 1:00 Movement Made Easy 1:30 <b>Music with Steve Grubbs</b> 3:00 Dessert &amp; Coffee Social 3:30 Biography Club 6:00 Moonlight Movie</p>	<p><b>17</b></p> <p>8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 Picture Story Challenge 12:00 Lunch 1:00 Movement Made Easy 1:30 <b>Music with Steve Grubbs</b> 3:00 Dessert &amp; Coffee Social 3:30 Colored Pencil Relaxation or Garden Care and Stroll 6:00 Moonlight Movie</p>	<p><b>18</b></p> <p>8:30 CNN 9:00 Chair Exercises 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:30 <b>Popcorn Party</b> 12:00 Lunch 1:00 Joy of Watercolor with Peggy 2:00 Unlock the Memories: 1940's 3:00 Dessert &amp; Coffee Social 3:30 Flower Arranging Club 6:00 Moonlight Movie</p>	<p><b>19</b></p> <p>8:30 Morning News 9:00 Joints in Motion 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club/ <b>Scenic Bus Trip</b> 10:45 White Board Games 12:00 Lunch 1:00 Tic Tac Toe Toss 2:00 Anagrams 3:00 Dessert &amp; Coffee Social 3:30 <b>Strawberry Smoothies</b> 6:00 Moonlight Movie</p>
<b>21 Celebrating Our Armed Forces</b>	<p>8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 11:00 Spiritual Hymns &amp; Readings 12:00 Lunch 1:00 Balloon Volleyball 2:00 Patriotic Sing Along 3:00 Dessert &amp; Coffee Social 3:30 Coloring Therapy: Military Uniforms 6:00 Moonlight Movie</p>	<p><b>22</b></p> <p>8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:30 <b>Holy Communion</b> 10:30 <b>Love on Leash</b> Dog Therapy 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 Choir Practice 3:00 Dessert and Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie</p>	<p><b>23</b></p> <p>8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club 10:45 <b>Pamper Me Lovely: Manicures</b> 12:00 Lunch 1:00 Balloon Badminton 1:30 Large Card Trivia 2:00 Afternoon Stretch 3:00 Dessert &amp; Coffee Social 3:30 Patriotic Club 6:00 Moonlight Movie</p>	<p><b>24</b></p> <p>8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walkers Club 10:45 Word Scramblers 12:00 Lunch 1:00 Bowling Challenge 1:30 <b>Musical Entertainment with Ellie and Kerry</b> 3:00 Dessert &amp; Coffee Social 3:30 Patriotic Club 6:00 Moonlight Movie</p>	<p><b>25</b></p> <p>8:30 CNN 9:00 Chair Exercises 10:00 Fruit &amp; Coffee Social 10:30 Walkers Club 10:45 Hangman Challenge 12:00 Lunch 1:00 Indoor Bocce Ball 1:30 <b>Red Hat Club</b> 3:00 Dessert &amp; Coffee Social 3:30 Flower Arranging Club <b>Walk to Frozen Yogurt Shop</b> 6:00 Moonlight Movie</p>	<p><b>26</b></p> <p>8:30 Morning News 9:00 Joints in Motion 10:00 Fruit &amp; Coffee Social 10:30 Walker's Club/ <b>Scenic Bus Trip</b> 10:45 You Be the Judge 12:00 Lunch 1:00 Fun with Horseshoes 2:00 White Board Brain Games 3:00 Dessert &amp; Coffee Social 3:30 <b>Reminiscing through the Decades: 1950's</b> 6:00 Moonlight Movie</p>
<b>28</b>	<p>8:30 Today's Current Events 9:00 Stretch with Glenna 10:00 Fruit &amp; Coffee Social 10:30 Walkers Club 11:00 Spiritual Hymns and Readings 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 <b>Sentimental Reflections</b> 3:00 Dessert &amp; Coffee Social 3:30 Putting on the Green and Courtyard Stroll 6:00 Moonlight Movie</p>	<p><b>29 Memorial Day</b></p> <p>8:30 Local News 9:00 Chair Yoga with Carmen 9:45 <b>Courtyard Pledge of Allegiance</b> 10:00 Fruit &amp; Coffee Social 10:30 Walkers Club 10:30 <b>Holy Communion</b> 10:30 <b>Love on Leash</b> Dog Therapy 12:00 <b>Memorial Day BBQ</b> 1:00 <b>Music with Almarlo</b> 2:00 Bowling Fun 3:00 Dessert and Coffee Social 3:30 Pat Boone's <i>American Glory</i> 6:00 Moonlight Movie</p>	<p><b>30 Birthday Party</b></p> <p>8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walkers Club 10:45 Brain Games 12:00 Lunch 1:00 Indoor Horseshoes 1:30 <b>Birthday Party Sing Along</b> 3:00 Dessert &amp; Coffee Social 3:30 Biography Club 6:00 Moonlight Movie</p>	<p><b>31</b></p> <p>8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit &amp; Coffee Social 10:30 Walkers Club 10:45 Word Scramblers 12:00 <b>Ladies' Lunch with Carmen</b> 1:00 Balloon Badminton 2:00 Finish the Sentence Game 3:00 Dessert &amp; Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie</p>	<p><b>MEMORIAL DAY</b></p> <p></p>	<p></p>



Activities subject to change without notice.