



ActivCare Daily Activities

Neighborhood Walks

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Creative Arts

Special Events

May 5

Cinco de Mayo

May 14

Mother's Day

May 29

Memorial Day





May 30

Birthday Party



ActivCare at Bressi Ranch May 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 May Day 8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 *Holy Communion 10:30 Love on Leash Dog Therapy 12:00 Lunch 1:00 Entertainment with Musiestation! 2:00 Unlock the Memories 3:00 Dessert & Coffee Social 3:30 Crafting: May Day Baskets 6:00 Moonlight Movie	2 8:30 Today's News 9:00 Body in Motion Exercise 9:45 Intergenerational Visit with Pacific Ridge Students 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Name 5 Game 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 Reminiscing Club 3:00 Dessert & Coffee Social 3:30 Biography Club 6:00 Moonlight Movie	3 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Anagrams 12:00 Lunch 1:00 Bat the Balloon Game 2:00 Finish the Sentence Game 3:00 Dessert & Coffee Social 3:30 Crafting: Cinco De Mayo Ponchos 6:00 Moonlight Movie	4 8:30 CNN 9:00 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Flower Arranging Club 12:00 Lunch 1:00 Bowling Challenge 2:00 Name that Tune 3:00 Dessert and Coffee Social 3:30 Prize BINGO! 6:00 Moonlight Movie	5 Cinco De Mayo 8:30 Morning News 9:00 Joints in Motion 10:00 Fruit and Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 White Board Games 12:00 Lunch 1:00 Balloon Volleyball 2:00 Neighborhood Sing Along 3:00 Dessert and Coffee Social 3:30 Cinco De Mayo Celebration 6:00 Moonlight Movie	6 Kentucky Derby/ Nurses Day 8:30 Today in History 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Thank You Poster for our Nurses 12:00 Lunch 1:00 Indoor Horseshoes 1:30 Crafting: Derby Hats 3:00 Dessert & Coffee Social 3:30 Kentucky Derby and Mint Juleps 6:00 Moonlight Movie
7 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Spiritual Hymns and Readings 12:00 Lunch 1:00 Bat the Balloon 2:00 Fresh Air & Conversation in the Gazebo 3:00 Dessert & Coffee Social 3:30 Writer's Club with Glenna 6:00 Moonlight Movie	8 8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 *Holy Communion 10:30 Love on Leash Dog Therapy 12:00 Lunch 1:00 Balloon Badminton 2:00 Chicken Soup for the Soul 3:00 Dessert & Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie	9 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Anagrams 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 In the Kitchen: Hot Fudge Sundaes 3:00 Dessert & Coffee Social 3:30 Biography Club 6:00 Moonlight Movie	10 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Name 10 Game 12:00 Lunch 1:00 Chip Chucking Game 2:00 Interactive Trivia 3:00 Dessert & Coffee Social 3:30 Music with Scott Parloh 6:00 Moonlight Movie	11 Receptionist Day 8:30 CNN 9:00 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Flower Arranging Club 12:00 Lunch 1:00 Indoor Bowling 2:00 Red Hat Club 3:00 Sing Along 3:00 Dessert and Coffee Social 3:30 Thank You Card Making for our Receptionists 6:00 Moonlight Movie	12 8:30 Morning News 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 White Board Games 12:00 Lunch 1:00 Balloon Volleyball 2:00 Is that Your Final Answer? 3:00 Mother's Day Tea 3:30 Prize BINGO! 6:00 Moonlight Movie	13 8:30 Today Show 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 White Board Games 12:00 Lunch 1:00 Chip Chuckin' Game 2:00 Ozzie and Harriet Comedy 3:00 Dessert & Coffee Social 3:30 Crafting: God's Eye Sun 6:00 Moonlight Movie
14 Mother's Day 8:30 Today's Current Events 9:00 Stretch with Glenna 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Spiritual Hymns & Readings 12:00 Mother's Day Lunch 1:00 Balloon Badminton 2:00 Chicken Soup for the Mother's Soul 3:00 Dessert and Coffee Social 3:30 Mother's Day Violin Concert With John Quinones 6:00 Moonlight Movie	15 Chocolate Chip Day 8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 *Holy Communion 10:30 Love on Leash Dog Therapy 12:00 Lunch 1:00 Bocce Ball 1:30 Cooking Class: Chocolate Chip Cookies 3:00 Dessert & Coffee Social 3:30 Tea and Poetry Club 6:00 Moonlight Movie	16 8:30 Today's News 9:00 Body in Motion Exercise 9:15 Outing: Intergenerational Visit at Pacific Ridge School 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Balloon Badminton 12:00 Lunch 1:00 "Basketball" Competition 1:30 You Be the Judge 3:00 Dessert & Coffee Social 3:30 Biography Club 6:00 Moonlight Movie	17 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Pictionary Challenge 12:00 Lunch 1:00 Joy of Watercolor with Peggy 2:00 Movement Made Easy 3:00 Music with Steve Grubbs 3:00 Dessert & Coffee Social 3:30 Colored Pencil Relaxation or Garden Care and Stroll 6:00 Moonlight Movie	18 8:30 CNN 9:00 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 Popcorn Party 12:00 Lunch 1:00 Joy of Watercolor with Peggy 2:00 Unlock the Memories: 1940's 3:00 Dessert & Coffee Social 3:30 Flower Arranging Club 6:00 Moonlight Movie	19 8:30 Morning News 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 White Board Games 12:00 Lunch 1:00 Tic Tac Toe Toss 2:00 Pictionary 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 6:00 Moonlight Movie	20 Strawberries Day 8:30 Today Show 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Crafting: Mosaics 12:00 Lunch 1:00 Bean Bag Toss Game 2:00 Anagrams 3:00 Dessert & Coffee Social 3:30 In the Kitchen: Strawberry Smoothies 6:00 Moonlight Movie
21 Celebrating Our Armed Forces 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Spiritual Hymns & Readings 12:00 Lunch 1:00 Balloon Volleyball 2:00 Patriotic Sing Along 3:00 Dessert & Coffee Social 3:30 Coloring Therapy: Military Uniforms 6:00 Moonlight Movie	22 8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:30 *Holy Communion 10:30 Love on Leash Dog Therapy 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 Choir Practice 3:00 Dessert and Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie	23 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Pamper Me Lovely: Manicures 12:00 Lunch 1:00 Balloon Badminton 1:30 Large Card Trivia 2:00 Afternoon Stretch 3:00 Dessert & Coffee Social 3:30 Biography Club 6:00 Moonlight Movie	24 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Word Scramblers 12:00 Lunch 1:00 Bowling Challenge 1:30 Musical Entertainment with Ellie and Kerry 3:00 Dessert & Coffee Social 3:30 Patriotic Club 6:00 Moonlight Movie	25 8:30 CNN 9:00 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Hangman Challenge 12:00 Lunch 1:00 Indoor Bocce Ball 1:30 Red Hat Club 3:00 Dessert & Coffee Social 3:30 Flower Arranging Club 6:00 Walk to Frozen Yogurt Shop 6:00 Moonlight Movie	26 8:30 Morning News 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 Brain Games 12:00 Lunch 1:00 Balloon Badminton 2:00 Cooking for the Senses With Chef Art 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 6:00 Moonlight Movie	27 8:30 Today Show 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 You Be the Judge 12:00 Lunch 1:00 Fun with Horseshoes 2:00 White Board Brain Games 3:00 Dessert & Coffee Social 3:30 Reminiscing through the Decades: 1950's 6:00 Moonlight Movie
28 8:30 Today's Current Events 9:00 Stretch with Glenna 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Hymns and Readings 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 <i>Sentimental Reflections</i> 3:00 Dessert & Coffee Social 3:30 Putting on the Green and Courtyard Stroll 6:00 Moonlight Movie	29 Memorial Day 8:30 Local News 9:00 Chair Yoga with Carmen 9:45 Courtyard Pledge of Allegiance 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:30 *Holy Communion 10:30 Love on Leash Dog Therapy 12:00 Memorial Day BBQ 1:00 Music with Almaro 2:00 Bowling Fun 3:00 Dessert and Coffee Social 3:30 Pat Boone's <i>American Glory</i> 6:00 Moonlight Movie	30 Birthday Party 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Brain Games 12:00 Lunch 1:00 Indoor Horseshoes 1:30 Birthday Party Sing Along 3:00 Dessert & Coffee Social 3:30 Biography Club 6:00 Moonlight Movie	31 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 Word Scramblers 12:00 Ladies' Lunch with Carmen 1:00 Balloon Badminton 2:00 Finish the Sentence Game 3:00 Dessert & Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie	  		

Activities subject to change without notice.