

ActivCare at Bressi Ranch

**Menu Week 3**

7/1/18 - 7/7/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Scallion and Cheddar Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Banana Pancakes Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Home Fries English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble Toast Fruit Garnish Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry syrup Cream Choice of Cold or Hot Cereal Butter Milk Juice of Choice Coffee or Hot Tea
<i>10: pm Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: pm Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: pm Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: pm Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: pm Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: pm Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: pm Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>

<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch July 4th BBQ</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Pork Loin with Churney Yams Vegetable Du Jour Cornbread Beverage of Choice	Fish Piccata Herbed Pasta Spinach Dinner Roll Beverage of Choice	Swedish Meatballs Egg Noodles Green Beans Dinner Roll Beverage of Choice	Cheeseburgers BBQ Chicken Buttered Corn Mac Salad Beverage of Choice	Kalua Pork Fried Rice Braised Cabbage Hawaiian Roll Beverage of Choice	Cajun Chicken Roasted Red Potatoes Vegetable Du Jour Dinner Roll Beverage of Choice	Salisbury Steak Herbed Pasta Veggie Blend Dinner Roll Beverage of Choice
<i>3 pm Snack</i> <i>Pop-Over</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Parfait</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Pudding</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Muffin</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Ambrosia</i> <i>Beverage of Choice</i>

<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Pasta with Marinara Caesar Salad Garlic Bread Beverage of Choice	Beef Taco Casserole Spanish Rice 5-Way Veggie Blend Beverage of Choice	Cajun Jambalaya Vegetable Blend Corbread Beverage of Choice	Shrimp Alfredo Herbed Pasta Broccoli Beverage of Choice	Grilled Turkey & Cheese Tater Tots Vegetable Blend Beverage of Choice	Herb Baked Fish Rice Veggie Blend Beverage of Choice	PorkLoin w/ Chutney Ranch Beans Spinach Beverage of Choice
<i>6 pm Dessert</i> <i>Ice Cream</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Peach Cobbler</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Brownie</i> <i>Snack of Choice</i>	<i>6 pm Dessert</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Bread Pudding</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cookie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Pudding</i> <i>Beverage of Choice</i>

ActivCare at Bressi Ranch

**Menu Week 4**

7/8/18 - 7/14/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Blueberry Pancakes Sausage  Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Vegetable Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scallion and Cheddar Scramble Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
<i>10 am snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lemon Pepper Chicken Rice Green Beans  Beverage of Choice	BBQ Pull Pork Beans Veggie Blend Cornbread Beverage of Choice	Tuna Melt Sandwich Onion Rings Vegetable Du Jour Beverage of Choice	Country Fried Steak Mashed Potatoes Broccoli Dinner Roll Beverage of Choice	Chicken Fajitas Spanish Rice 5-Way Veggie Blend Beverage of Choice	Italian Sausage w/ Peppers Zucchini Garlic Bread Beverage of Choice	Fish and Chips Green Beans Tomato Bisque Beverage of Choice
<i>3 pm Snack</i> <i>Danish</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Muffin</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Pie</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Ice Cream</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cake</i> <i>Snack of Choice</i>	<i>3 pm Snack</i> <i>Pudding</i> <i>Beverage of Choice</i>
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cheese Ravioli w/ Meat Sauce Vegetable Du Jour Dinner Roll  Beverage of Choice	Turkey Pot Pie Prince Edward Blend Hawaiian Roll Beverage of Choice	Swiss Steak Roasted Potatoes Veggie Blend Beverage of Choice	Chef's Salad Soup Du Jour Garlic Bread Beverage of Choice	Fish Piccata Herbed Pasta Vegetable Du Jour Beverage of Choice	Braised Brisket Mashed Potatoes Veggie Blend Beverage of Choice	Chicken Marsala Rice Pilaf Vegetable Du Jour Beverage of Choice
<i>6 pm Dessert</i> <i>Jello</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Parfait</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cookie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Pop-Over</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Rice Pudding</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Peach Cobbler</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cottage Cheese</i> <i>Beverage of Choice</i>

ActivCare at Bressi Ranch

**Menu Week 5**

7/15/18 - 7/21/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Vegetable Scramble Bacon English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Sausage Links  Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Hash Browns Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon  Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs with Cheese English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Choc Banana Pancakes Sausage Links  Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham and Cheese Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>

<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Baked Ham Baked Yams Green Beans Dinner Roll  Beverage of Choice	Chilli with Cheese Vegetable Du Jour Cornbread  Beverage of Choice	Chicken Caesar Salad Soup Du Jour Garlic Bread  Beverage of Choice	Italian Pizza Spinach Salad  Beverage of Choice	Meatloaf with Gravy Mashed Potatoes Vegetable Du Jour Dinner Roll  Beverage of Choice	Chicken Curry Roasted Red Potatoes Glazed Carrots  Beverage of Choice	Baked Ham Yams Spinach Cornbread  Beverage of Choice
<i>3 pm snack</i> <i>Carrot Cake</i> <i>Beverage of Choice</i>	<i>3 pm snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm snack</i> <i>Muffin</i> <i>Beverage of Choice</i>	<i>3 pm snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm snack</i> <i>Brownie</i> <i>Beverage of Choice</i>	<i>3 pm snack</i> <i>Pudding</i> <i>Beverage of Choice</i>	<i>3 pm snack</i> <i>Parfait</i> <i>Beverage of Choice</i>

<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Baked Salmon Mashed Potatoes Asparagus  Beverage of Choice	BBQ Pork Loin Ranch Beans Spinach Cornbread Beverage of Choice	Burger Steak Mashed Potatoes Pea and Carrots  Beverage of Choice	Blackend Cajun Fish Rice Pilaf Green Beans Cornbread Beverage of Choice	Pork Diablo Herbed Pasta Veggie Blend  Beverage of Choice	Chicken Caesar Salad Dinner Roll Soup Du Jour  Beverage of Choice	Chicken Pesto Herbed Pasta Squash  Beverage of Choice
<i>6 pm Dessert</i> <i>Banana Cream Pie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cookie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Flan</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Pie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Jello</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cookie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Danish</i> <i>Beverage of Choice</i>

ActivCare at Bressi Ranch

**Menu Week 1**  
7/22/18 - 7/28/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
French Toast Bacon  Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs With Cheese Wheat Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Sausage Link Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Country Scramble Biscuit Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Bacon Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Turkey And Cheese Scramble English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles with Strawberry Syrup Cream Choice of Cold or Hot Cereal Margarine Milk Juice of Choice Coffee or Hot Tea
<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10 am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Baked Salmon Mashed Potatoes Asparagus Dinner Roll Beverage of Choice	Chicken Cacciatore Herbed Pasta Zucchini Dinner Roll Beverage of Choice	Quiche Lorraine Rice Pilaf Vegetable Du Jour Dinner Roll Beverage of Choice	Cobb Salad Soup Du Jour Dinner Roll Beverage of Choice	Lemon Pepper Fish Rice Pilaf Broccoli Dinner Roll Beverage of Choice	Tortellini w/ Meat Sauce Vegetable Blend  Dinner Roll Beverage of Choice	Chicken Teriyaki Fried Rice Glazed Carrots Hawaiian Sweet Roll Beverage of Choice
<i>3 pm Snack</i> <i>Pop-Over</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Muffin</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Pie</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cottage Cheese</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Ambrosia</i> <i>Beverage of Choice</i>
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Italian Sausage Pasta Broccoli  Beverage of Choice	Herb-Crusted Fish Rice Vegetable Du Jour Beverage of Choice	Jambalyaya Glazed Carrots Sweet Roll Beverage of Choice	Chicken Piccata Herbed Pasta Vegetable Du Jour Beverage of Choice	Breaded Pork Chop Mashed Potatoes Prine Edward Blend Beverage of Choice	Tuna Melt Sandwich Fries Green Beans Beverage of Choice	Hot Dog Tater Tots Vegetable Du Jour Beverage of Choice
<i>6 pm Dessert</i> <i>Ice Cream</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cookie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Parfait</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Peach Cobbler</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cookie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Pudding</i> <i>Beverage of Choice</i>

ActivCare at Bressi Ranch

**Menu Week 2**  
7/29/18 - 8/4/18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Scrambled Eggs Hash Browns Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	Blueberry Pancakes Bacon  Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Cheese and Eggs Home Fries Toast Choice of Cold or Hot Cereal Butter/ Jelly Milk Juice of Choice Coffee or Hot Tea	French Toast Sausage Link  Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs w/ Ham & Cheese English Muffin Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea	Belgian Waffles Fruit Garnish  Choice of Cold or Hot Cereal Butter & Syrup Milk Juice of Choice Coffee or Hot Tea	Scrambled Eggs Sausage Links Toast Choice of Cold or Hot Cereal Butter/Jelly Milk Juice of Choice Coffee or Hot Tea
<i>10: am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>	<i>10: am Snack</i> <i>Fresh Fruit</i> <i>Beverage of Choice</i>

Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Shrimp Onion Rings Veg Du Jour Cornbread Beverage of Choice	Salisbury Steak Mashed Potatoes Vegetable Du Jour Dinner Roll Beverage of Choice	Chicken Florentine Herbed Pasta Spinach Dinner Roll Beverage of Choice	BBQ Porklet Roasted Potatoes 5-Way Mixed Veggies Cornbread Beverage of Choice	Vegetable Quiche Red Potatoes Vegetable Du Jour Dinner Roll Beverage of Choice	Chicken Alfredo Herbed Pasta Veggie Blend Dinner Roll Beverage of Choice	Meat Lasagna Spinach Salad Garlic Bread Beverage of Choice
<i>3 pm Snack</i> <i>Danish</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Brownie</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Pop-Over</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Ice Cream</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Cake</i> <i>Beverage of Choice</i>	<i>3 pm Snack</i> <i>Muffin</i> <i>Beverage of Choice</i>

Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
BBQ Chicken Ranch Style Beans Veggie Blend  Beverage of Choice	Roasted Pork Loin Yams Broccoli  Beverage of Choice	Herb Baked Fish Rice Pilaf Veggie Blend  Beverage of Choice	Beef and Potato Bake Peas and Carrots  Beverage of Choice	Roasted Tukey Mashed Potatoes Green Beans  Beverage of Choice	Grilled Ham & Cheese Seasoned Fries Prince Edward Blend  Beverage of Choice	Herb Crusted Fish Baked Potato Veggie Blend  Beverage of Choice
<i>6 pm Dessert</i> <i>Jello</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cookie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Bread Pudding</i> <i>Snack of Choice</i>	<i>6 pm Dessert</i> <i>Pie</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Flan</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Rice Pudding</i> <i>Beverage of Choice</i>	<i>6 pm Dessert</i> <i>Cottage Cheese</i> <i>Beverage of Choice</i>