



ActivCare Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

Special Events

September 3 Labor Day

September 9 Grandparents Day

Septmber 20 Country Hoedown

September 26 Birthday Celebration



ActivCare at Brittany House September 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Music & Movement 1:30 Sharing Circle 2:00 Name 10 3:00 Coffee Social 3:30 Balloon Volleyball 4:00 Neighborhood Walk 6:00 Sunday Stories	3 Labor Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Sittercise 10:30 Coffee Social 11:00 Prize Bingo 1:30 Talk & Share 2:00 Maze Challenge 3:00 Coffee Social 3:30 <i>Labor Day History & Trivia</i> 4:00 Neighborhood Walk 6:00 Monday Musicals	4 Nat'l Wildlife Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Yoga 10:30 Coffee Social 11:00 Lets Talk: Wild Life 1:30 Tuesday Trivia 2:00 <i>Picture Sharing: Wild Life Animals</i> 3:00 Coffee Social 3:30 Creative Art: Decorative Animals 4:00 Neighborhood Walk 6:00 True Love Matinee	5 Cooking for the Senses 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Pilates 10:30 Coffee Social 11:00 Build A Wagon 1:30 Look Around the Room Discussion 2:00 <i>Cooking For The Senses: Country BBQ Macaroni Salad</i> 3:00 Coffee Social 3:30 Wild West Fests 4:00 Neighborhood Walk 6:00 Western Films	6 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Tai-Chi 10:30 Coffee Social 11:00 40's Sing-Along 1:30 Travologue: The Birdcage Theater 2:00 Capitals of Countries 3:00 Coffee Social 3:30 Cactus Friends 4:00 Neighborhood Walk 6:00 Thursday Travels	7 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Stretches & Warm-Ups 10:30 Coffee Social 11:00 40's Sing-Along 1:30 Travologue: The Birdcage Theater 2:00 Questions for Fun and Remembrance 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Friday Funnies	1 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Decorative Cowboy/Girl Boots 1:30 Old Films & Radio Trivia 2:00 Reminiscing Circle 3:00 Coffee Social 3:30 Parachute Games 4:00 Neighborhood Walk
	9 Grandparents Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 <i>Creative Art: Grandparents Day Collages</i> 1:30 Puzzle Challenge 2:00 Early Presidents 3:00 Coffee Social 3:30 Grandparents Talk & Share 4:00 Neighborhood Walk 6:00 Sunday Stories	10 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Yoga 10:30 Coffee Social 11:00 Prize Bingo 1:30 Transportation and Travel Trivia 2:00 Untamed Facts 3:00 Coffee Social 3:30 Trivia Excursions for the Young at Heart 4:00 Neighborhood Walk 6:00 Monday Musicals	11 Ladies Club 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Pilates 10:30 Coffee Social 11:00 Creative Art: Build A Fire 1:30 Tuesday Trivia 2:00 <i>Women Community Connection Social</i> 3:00 Coffee Social 3:30 Finish Sayings 4:00 Neighborhood Walk 6:00 True Love Matinee	12 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Tai-Chi 10:30 Coffee Social 11:00 Creative Art: Decorative Cowboy Hats 1:30 Crossword Puzzles 2:00 Puzzle Time 3:00 Coffee Social 3:30 Creative Art: Horse Puppets 4:00 Neighborhood Walk 6:00 Western Films	13 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Stretches & Warm-ups 10:30 Fruit & Coffee Social 11:00 Lets Talk: Virginia 1:30 Name that Car 2:00 Frontier Facts 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Thursday Travels	14 Nat'l Virginia Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 <i>Let's Talk: Virginia</i> 1:30 Name That Part 2:00 Word Searches 3:00 Coffee Social 3:30 White Board Games 4:00 Neighborhood Walk 6:00 Saturday Singing
	16 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Making Wanted Posters 1:30 American Expeditions and Fairs of the 1900s 2:00 Jigsaw Puzzles 3:00 Coffee Social 3:30 Sing, Dance, Reminisce 4:00 Neighborhood Walk 6:00 Sunday Stories	17 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Pilates 10:30 Coffee Social 11:00 Prize Bingo 1:30 Orchestra and Opera Social 3:00 Coffee Social 3:30 Hear Memories 4:00 Neighborhood Walk 6:00 Monday Musicals	18 Caregiver Support Group 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Tai-Chi 10:30 Coffee Social 11:00 Biography Club 1:30 Tuesday Trivia 3:00 Coffee Social 3:30 You Be The Judge 4:00 Neighborhood Walk 6:00 True Love Matinee	19 Cooking for the Senses 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Stretches & Warm-ups 10:30 Coffee Social 11:00 A Budding Sense of Humor 1:30 Country Western Musicians 2:00 <i>Cooking for the Senses: Prairie Egg Salad Sandwich</i> 3:00 Coffee Social 3:30 Q-TIP Bows & Arrows 4:00 Neighborhood Walk 6:00 Western Films	20 Country Hoedown 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Sittercise 10:30 Coffee Social 11:00 <i>Country Sing-Along</i> 1:30 Travologue: Calico Ghost Town 2:00 <i>Musical Entertainment with JustUs</i> 3:00 Coffee Social 3:30 Finish the Lyrics 4:00 Neighborhood Walk 6:00 Thursday Travels	21 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Yoga 10:30 Coffee Social 11:00 <i>Country Sing-Along</i> 1:30 Sport Figures 2:00 Name that Song 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Friday Funnies
	23 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Drum Circle 1:30 Early Artist and Their Medium 2:00 Word Searches 3:00 Coffee Social 3:30 Who Am I? 4:00 Neighborhood Walk 6:00 Sunday Stories	24 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Stretches & Warm-ups 10:30 Coffee Social 11:00 Prize Bingo 1:30 Sharing Circle 2:00 The Ungame 3:00 Coffee Social 3:30 Treasure Hunt 4:00 Neighborhood Walk 6:00 Monday Musicals	25 Men's Club 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Pilates 10:30 Coffee Social 11:00 Gratitude is Our Attitude 1:30 Tuesday Trivia 2:00 <i>Men Community Connection Social</i> 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 True Love Matinee	26 Birthday Celebration 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Sittercise 10:30 Coffee Social 11:00 Making Birthday Hats 1:30 Laughter Exercise 2:00 <i>Music Entertainment: "Thea Gill"</i> 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 Western Films	27 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Yoga 10:30 Coffee Social 11:00 60's Sing-Along 1:30 Travologue: Tombstone, AZ 2:00 First Ladies of the Century 3:00 You Be The Judge 4:00 Neighborhood Walk 6:00 Thursday Travels	28 Native American Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Tai-Chi 10:30 Coffee Social 11:00 <i>Trivia About Native Americans</i> 1:30 Who Am I? 2:00 Did You Know? 3:00 Name that Place 3:30 Coffee Social 3:30 Native Americans Creative Art 4:00 Neighborhood Walk 6:00 Friday Funnies
	30 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 The Best of A new day reminiscing 1:30 Folk Heroes and Robbers of the wild west 2:00 Where would you fit? 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 Sunday Singing				<i>Activities are subject to change without notice.</i>	