



ActivCare at Brittany House September 2018



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events




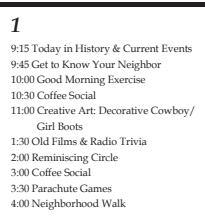



September 3
Labor Day

September 9
Grandparents Day

Septmber 20
Country Hoedown

September 26
Birthday Celebration



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
2 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Music & Movement 1:30 Sharing Circle 2:00 Name 10 3:00 Coffee Social 3:30 Balloon Volleyball 4:00 Neighborhood Walk 6:00 Sunday Stories	3 Labor Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Sittercise 10:30 Coffee Social 11:00 Prize Bingo 1:30 Talk & Share 2:00 Maze Challenge 3:00 Coffee Social 3:30 Labor Day History & Trivia 4:00 Neighborhood Walk 6:00 Monday Musicals	4 Nat'l Wildlife Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Yoga 10:30 Coffee Social 11:00 Lets Talk: Wild Life 1:30 Tuesday Trivia 2:00 Picture Sharing: Wild Life Animals 3:00 Coffee Social 3:30 Creative Art: Decorative Animals 4:00 Neighborhood Walk 6:00 True Love Matinee	5 Cooking for the Senses 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Pilates 10:30 Coffee Social 11:00 Build A Wagon 1:30 Look Around the Room Discussion 2:00 Cooking For The Senses: Country BBQ Macaroni Salad 3:00 Coffee Social 3:30 Wild West Facts 4:00 Neighborhood Walk 6:00 Western Films	6 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Tai-Chi 10:30 Coffee Social 11:00 40's Sing-Along 1:30 Travelogue: The Birdcage Theater 2:00 Capitals of Countries 3:00 Coffee Social 3:30 Cactus Friends 4:00 Neighborhood Walk 6:00 Thursday Travels	7 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Stretches & Warm-Ups 10:30 Coffee Social 11:00 Creative Art: Decorative Horseshoe 1:30 Western Facts 2:00 Questions for Fun and Remembrance 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Friday Funnies	8 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Making Cowboy/Cowgirl Vests 1:30 Trivia 2:00 Sharing Circle 3:00 Coffee Social 3:30 Indoor Bowling 4:00 Neighborhood Walk 6:00 Saturday Singing
9 Grandparents Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art- Grandparents Day Collages 1:30 Puzzle Challenge 2:00 Early Presidents 3:00 Coffee Social 3:30 Grandparents Talk & Share 4:00 Neighborhood Walk 6:00 Sunday Stories	10 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Yoga 10:30 Coffee Social 11:00 Prize Bingo 1:30 Transportation and Travel Trivia 2:00 Untamed Facts 3:00 Coffee Social 3:30 Trivia Excursions for the Young at Heart 4:00 Neighborhood Walk 6:00 Monday Musicals	11 Ladies Club 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Pilates 10:30 Coffee Social 11:00 Creative Art: Build A Fire 1:30 Tuesday Trivia 2:00 Women Community Connection Social 3:00 Coffee Social 3:30 Finish Sayings 4:00 Neighborhood Walk 6:00 True Love Matinee	12 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Tai-Chi 10:30 Coffee Social 11:00 Creative Art: Decorative Cowboy Hats 1:30 Crossword Puzzles 2:00 Puzzle Time 3:00 Coffee Social 3:30 Creative Art: Horse Puppets 4:00 Neighborhood Walk 6:00 Western Films	13 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Stretches & Warm-ups 10:30 Coffee Social 11:00 50's Sing-Along 1:30 Travelogue: The Old West Trail Town 2:00 Think It, Say It! 3:00 Everyday Life Trivia 4:00 Neighborhood Walk 6:00 Thursday Travels	14 Nat'l Virginia Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Sittercise 10:30 Fruit & Coffee Social 11:00 Lets Talk, Virginia 1:30 Name that Car 2:00 Frontier Facts 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Friday Funnies	15 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pictionary 1:30 Name That Part 2:00 Word Searches 3:00 Coffee Social 3:30 White Board Games 4:00 Neighborhood Walk 6:00 Saturday Singing
16 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Making Wanted Posters 1:30 American Expeditions and Fairs of the 1900s 2:00 Jigsaw Puzzles 3:00 Coffee Social 3:30 Sing, Dance, Reminiscence 4:00 Neighborhood Walk 6:00 Sunday Stories	17 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Pilates 10:30 Coffee Social 11:00 Prize Bingo 1:30 Orchestra and Opera Social 3:00 Coffee Social 3:30 I Hear Memories 4:00 Neighborhood Walk 6:00 Monday Musicals	18 Caregiver Support Group 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Tai-Chi 10:30 Coffee Social 11:00 Biography Club 1:30 Tuesday Trivia 3:00 Coffee Social 3:30 You Be The Judge 4:00 Neighborhood Walk 4:00 Caregiver Support Group 6:00 True Love Matinee	19 Cooking for the Senses 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Stretches & Warm-ups 10:30 Coffee Social 11:00 A Budding Sense of Humor 1:30 Country Western Musicians 2:00 Cooking for the Senses: Prairie Egg Salad Sandwich 3:00 Coffee Social 3:30 Q-TIP Bows & Arrows 4:00 Neighborhood Walk 6:00 Western Films	20 Country Hoedown 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Sittercise 10:30 Coffee Social 11:00 Country Sing-Along 1:30 Travelogue: Calico Ghost Town 2:00 Musical Entertainment with JustLiss 3:00 Coffee Social 3:30 Finish the Lyrics 4:00 Neighborhood Walk 6:00 Thursday Travels	21 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Yoga 10:30 Coffee Social 11:00 Working with Watercolor: Sunsets 1:30 Sport Figures 2:00 Name that Song 3:00 Coffee Social 3:30 Prize Bingo 4:00 Neighborhood Walk 6:00 Friday Funnies	22 Fall Begins 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Lets Talk: Fall is Here!!!! 1:30 Lets Talk: American Authors and Poets 2:00 Alphabet Game 3:00 Coffee Social 3:30 Music With Instruments 4:00 Neighborhood Walk 6:00 Saturday Singing
23 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Drum Circle 1:30 Early Artist and Their Medium 2:00 Word Searches 3:00 Coffee Social 3:30 Who Am I? 4:00 Neighborhood Walk 6:00 Sunday Stories	24 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Stretches & Warm-ups 10:30 Coffee Social 11:00 Prize Bingo 1:30 Sharing Circle 2:00 The Ungame 3:00 Coffee Social 3:30 Treasure Hunt 4:00 Neighborhood Walk 6:00 Monday Musicals	25 Men's Club 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Pilates 10:30 Coffee Social 11:00 Gratitude is Our Attitude 1:30 Tuesday Trivia 2:00 Men Community Connection Social 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 True Love Matinee	26 Birthday Celebration 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Sittercise 10:30 Coffee Social 11:00 Making Birthday Hats 1:30 Laughter Exercise 2:00 Musical Entertainment: "Thea Gill" 3:00 Coffee Social 3:30 Finish Lines & Silly Sayings 4:00 Neighborhood Walk 6:00 Western Films	27 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Chair Yoga 10:30 Coffee Social 11:00 60's Sing-Along 1:30 Travelogue: Tombstone, AZ 2:00 First Ladies of the Century 3:30 You Be The Judge 4:00 Neighborhood Walk 6:00 Thursday Travels	28 Native American Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Tai-Chi 10:30 Coffee Social 11:00 Trivia About Native Americans 1:30 Who Am I? 2:00 Did You Know? 3:00 Coffee Social 3:30 Native Americans Creative Art 4:00 Neighborhood Walk 6:00 Friday Funnies	29 Nat'l Coffee Day 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Toss & Talk Ball 1:30 Riddles 2:00 Name that Place 3:00 Coffee Social 3:30 Sing, Dance, Reminiscence 4:00 Neighborhood Walk 6:00 Saturday Singing
30 9:15 Today in History & Current Events 9:45 Get to Know Your Neighbor 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 The Best of A new day reminiscing 1:30 Folk Heroes and Robbers of the wild west 2:00 Where would you find it? 3:00 Coffee Social 3:30 Pamper Me Lovely 4:00 Neighborhood Walk 6:00 Sunday Singing						
						

Activities are subject to change without notice.