



# Town Hall Forum

## Charting a Path on the Alzheimer's Caregiving Journey

***A free educational seminar for family caregivers  
featuring Alzheimer's care and medical experts.***

Memory loss resulting from Alzheimer's disease and related dementias has a profound impact on the family. Join us for a morning session with Alzheimer's disease experts and learn how to empower and prepare yourself and your loved one.

**When:** **Thursday, November 9, 2017**  
8:30 am to 11 am  
*Continental Breakfast: 8:30 am*

**Where:** Scottish Rite Event Center (in Mission Valley)  
1895 Camino del Rio S  
San Diego, CA 92108

**Topics:** This seminar will provide important advice on keeping your loved one with Alzheimer's or related dementias safe. You will learn how to plan for changes of this progressive disease. Garner practical tips about engaging those with memory loss and the importance of establishing routines.

**Speakers:** **Teja Singh, MD** - Board Certified Geriatrician  
**Dawn DeStefani, BSW** - ActivCare Executive Director

**Cost:** This is a **free** educational event for family caregivers

**RSVP:** Reservations are required. Call 888-636-5677 or log onto [activcareliving.com](http://activcareliving.com).



**Presented by:**

  
**ACTIVCARE®**  
*Residential Memory Care*



  
**GEORGE G. GLENNER**  
ALZHEIMER'S FAMILY CENTERS, INC.®

Free caregiver resources  
are available at  
ActivCare at Mission Bay.  
Call (858) 356-4563 to learn more.

*To RSVP, please log onto **ActivCareLiving.com**  
or call ActivCare at **1-888-MEM-LOSS***

  
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