

# Getaway for Those with Alzheimer's



See Her  
Smile Again

## Respite Opportunities Available

Consider a two-week getaway for your loved one with Alzheimer's or related dementias at ActivCare at Rolling Hills Ranch.

This **mini-vacation** can enable your loved one to receive round-the-clock loving care and engage in appropriate activities. It also provides an opportunity for family caregivers to recharge.

Research has shown that therapeutic activity programs for those with dementia have the potential to restore feelings of usefulness, sociability and the capacity to celebrate life.

ActivCare at Rolling Hills Ranch is a specialized assisted living community for those with Alzheimer's or related dementias. We provide full-time and respite memory care regardless of the stage of the disease.

Call (619) 482 - 8000 to learn about our respite programs.

  
At  
*Rolling Hills Ranch*  
Residential Memory Care

850 Duncan Ranch Rd. Chula Vista, CA 91914  
(619) 482 - 8000 | [activcareliving.com](http://activcareliving.com)

# Quality Memory Care...That's All We Do



ActivCare has been caring for those with memory loss due to Alzheimer's or other related dementia for nearly 30 years. It's our sole focus.

**Purpose-built for Memory Care—**

ActivCare at Rolling Hills Ranch's design and features enable residents to live comfortably in a residential environment.

**Three Levels of Care—**As residents' needs change, so does their care.

**Specially Trained Caregivers—**Our caregivers provide the highest level of compassionate care to residents with memory loss.

**Activities All Day—**The daily activity program encourages resident participation in stimulating activities. Each ActivCare resident's strength and abilities are maximized by providing activities that allow for success and personal accomplishment.

**ActivCare enhances life every day.**

**Stop by any day for a visit.**

  
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Lic. #374603431



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