



ActivCare at Bressi Ranch

April 2017



ActivCare Daily Activities

Neighborhood Walks

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Creative Arts

Special Events

April 1

April Fool's Day

April 16






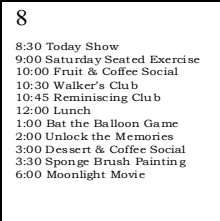

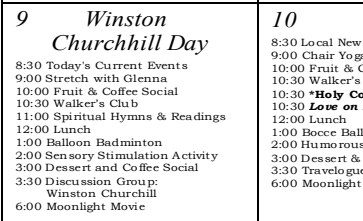
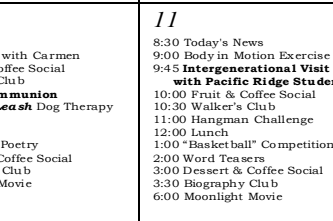







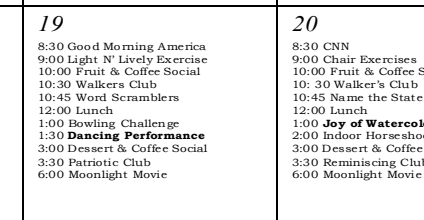
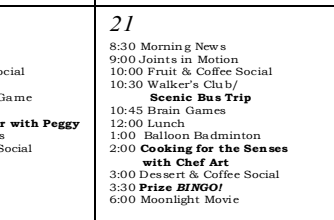




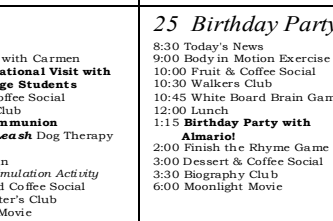
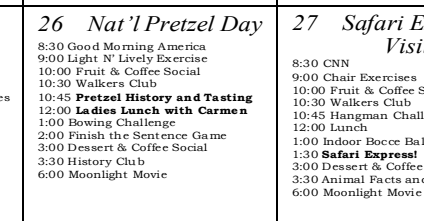



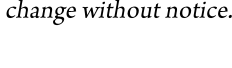
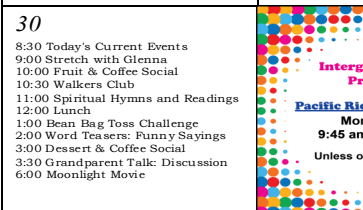




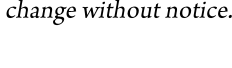
Easter Sunday

April 22

Earth Day

April 25

Birthday Party

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>2 Nat'l PB & J Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Spiritual Hymns and Readings 12:00 Lunch 1:00 Bowling Fun 2:00 Armchair Pilates 3:00 Dessert & Coffee Social 3:30 In the Kitchen: PB&J Mini Sandwiches 6:00 Moonlight Movie</p>	 <p>3 Birthday of Jane Goodall 8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 "Holy Communion" 10:30 Love on Leash Dog Therapy 12:00 Lunch 1:00 Entertainment: Musicstation! 2:00 Afternoon Stretch 3:00 Dessert & Coffee Social 3:30 Biography Club: Jane Goodall 6:00 Moonlight Movie</p>	 <p>4 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Brain Games 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 Chicken Soup for the Soul 3:00 Dessert & Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie</p>	 <p>5 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Name 10 Game 12:00 Lunch 1:00 Indoor Bocce Ball 2:00 Interactive Trivia 3:00 Dessert & Coffee Social 3:30 Fun with Clay 6:00 Moonlight Movie</p>	 <p>6 Birthday of Twinkies 8:30 CNN 9:00 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Twinkie Trivia and Tasting 12:00 Lunch 1:00 Indoor Bowling 1:30 Red Hat Club 2:00 Sing Along with Instruments 3:00 Dessert & Coffee Social 3:30 Flower Arranging 6:00 Moonlight Movie</p>	 <p>7 8:30 Morning News 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 Anagrams 12:00 Lunch 1:00 Balloon Volleyball 2:00 Is that Your Final Answer? 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 6:00 Moonlight Movie</p>	 <p>8 8:30 Today Show 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Reminiscing Club 12:00 Lunch 1:00 Bat the Balloon Game 2:00 Unlock the Memories 3:00 Dessert & Coffee Social 3:30 Sponge Brush Painting 6:00 Moonlight Movie</p>
 <p>9 Winston Churchill Day 8:30 Today's Current Events 9:00 Stretch with Glenna 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Spiritual Hymns & Readings 12:00 Lunch 1:00 Balloon Badminton 2:00 Sensory Stimulation Activity 3:00 Dessert & Coffee Social 3:30 Discussion Group: Winston Churchill 6:00 Moonlight Movie</p>	 <p>10 8:30 Local News 9:00 Chair Yoga with Carmen 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 "Holy Communion" 10:30 Love on Leash Dog Therapy 12:00 Lunch 1:00 Bocce Ball 2:00 Humorous Poetry 3:00 Dessert & Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie</p>	 <p>11 8:30 Today's News 9:00 Body in Motion Exercise 9:45 Intergenerational Visit with Pacific Ridge Students 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Hangman Challenge 12:00 Lunch 1:00 "Basketball" Competition 2:00 Word Teasers 3:00 Dessert & Coffee Social 3:30 Biography Club 6:00 Moonlight Movie</p>	 <p>12 Licorice Day 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 History of Licorice and Samples 12:00 Lunch 1:00 Movement Made Easy 2:00 Finish the Rhyme Game 3:00 Dessert & Coffee Social 3:30 In the Kitchen: "Cold Hamburger" Cookies 6:00 Moonlight Movie</p>	 <p>13 8:30 CNN 9:00 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Flower Arranging Club 12:00 Lunch 1:00 Afternoon Stretch 1:30 Music with Steve Reid 3:00 Dessert & Coffee Social 3:30 History Club 6:00 Moonlight Movie</p>	 <p>14 Good Friday 8:30 Morning News 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 White Board Games 12:00 Lunch 1:00 Indoor Bowling 2:00 Spiritual Sing Along 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 6:00 Moonlight Movie</p>	 <p>15 Titanic Remembrance Day 8:30 Today Show 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 History Club: The Titanic 12:00 Lunch 1:00 Bean Bag Toss Game 2:00 Documentary: Titanic 3:00 Dessert & Coffee Social 3:30 Making Easter Centerpieces 6:00 Moonlight Movie</p>
 <p>16 Easter Sunday 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:00 Fruit & Coffee Social 10:30 Walker's Club 11:00 Spiritual Hymns & Readings 12:00 Easter Lunch 1:00 Bat the Balloon 1:30 Coloring Easter Eggs 3:00 Dessert & Coffee Social 3:30 Music with Robert Hardaway 6:00 Moonlight Movie</p>	 <p>17 8:30 Local News 9:00 Chair Yoga with Carmen 9:45 Intergenerational Visit with Pacific Ridge Students 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 "Holy Communion" 10:30 Love on Leash Dog Therapy 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 Guess Who I Am? 3:00 Dessert & Coffee Social 3:30 Travelogue Club 6:00 Moonlight Movie</p>	 <p>18 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Pamper Me Lovely "Spa" 12:00 Lunch 1:00 Sing Along 1:30 Red Hat Club 2:00 Afternoon Stretch 3:00 Dessert & Coffee Social 3:30 Biography Club 6:00 Moonlight Movie</p>	 <p>19 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Word Scramblers 12:00 Lunch 1:00 Bowling Challenge 1:30 Dancing Performance 3:00 Dessert & Coffee Social 3:30 Patriotic Club 6:00 Moonlight Movie</p>	 <p>20 8:30 CNN 9:00 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Name the State Game 12:00 Lunch 1:00 Joy of Watercolor with Peggy 2:00 Indoor Horseshoes 3:00 Dessert & Coffee Social 3:30 Reminiscing Club 6:00 Moonlight Movie</p>	 <p>21 8:30 Morning News 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 Brain Games 12:00 Lunch 1:00 Balloon Badminton 2:00 Cooking for the Senses with Chef Art 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 6:00 Moonlight Movie</p>	 <p>22 Earth Day 8:30 Today Show 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Anagrams 12:00 Lunch 1:00 Horseshoe Competition 2:00 Discussion: Ways to Help our Planet 3:00 Dessert & Coffee Social 3:30 Earth Day Art 6:00 Moonlight Movie</p>
 <p>23 Shirley Temple's Birthday 8:30 Today's Current Events 9:00 Stretch with Glenna 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Hymns and Readings 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 Sentimental Reflections 3:00 Dessert & Coffee Social 3:30 Remembering Shirley Temple 6:00 Moonlight Movie</p>	 <p>24 8:30 Local News 9:00 Chair Yoga with Carmen 9:45 Intergenerational Visit with Pacific Ridge Students 10:00 Fruit & Coffee Social 10:30 Walkers Club 10:45 "Holy Communion" 10:30 Love on Leash Dog Therapy 12:00 Lunch 1:00 Bowling Fun 2:00 Sensory Stimulation Activity 3:00 Dessert & Coffee Social 3:30 Poetry/Writer's Club 6:00 Moonlight Movie</p>	 <p>25 Birthday Party 8:30 Today's News 9:00 Body in Motion Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 White Board Brain Games 12:00 Lunch 1:15 Birthday Party with Almario! 2:00 Finish the Rhyme Game 3:00 Dessert & Coffee Social 3:30 Biography Club 6:00 Moonlight Movie</p>	 <p>26 Nat'l Pretzel Day 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Pretzel History and Tasting 12:00 Ladies Lunch with Carmen 1:00 Bowling Challenge 2:00 Finish the Sentence Game 3:00 Dessert & Coffee Social 3:30 History Club 6:00 Moonlight Movie</p>	 <p>27 Safari Express Visit! 8:30 CNN 9:00 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 Hangman Challenge 12:00 Lunch 1:00 Indoor Bocce Ball 1:30 Safari Express! 3:00 Dessert & Coffee Social 3:30 Animal Facts and Fun 6:00 Moonlight Movie</p>	 <p>28 8:30 Morning News 9:00 Joints in Motion 10:00 Fruit & Coffee Social 10:30 Walker's Club/ Scenic Bus Trip 10:45 It's Ok to be Smart Trivia 12:00 Lunch 1:00 Balloon Badminton 2:00 Sing Along with Pat Boone 3:00 Dessert & Coffee Social 3:30 Prize BINGO! 6:00 Moonlight Movie</p>	 <p>29 8:30 Today Show 9:00 Saturday Seated Exercise 10:00 Fruit & Coffee Social 10:30 Walker's Club 10:45 Trivia Fun with Glenna 12:00 Lunch 1:00 Basket Toss Game 2:00 Pamper Me Nail Care 3:00 Dessert & Coffee Social 3:30 In the Kitchen: Fresh Herb Guacamole 6:00 Moonlight Movie</p>
 <p>30 8:30 Today's Current Events 9:00 Stretch with Glenna 10:00 Fruit & Coffee Social 10:30 Walkers Club 11:00 Spiritual Hymns and Readings 12:00 Lunch 1:00 Bean Bag Toss Challenge 2:00 Ford Teasers: Funny Sayings 3:00 Dessert & Coffee Social 3:30 Grandparent Talk: Discussion 6:00 Moonlight Movie</p>	 <p>Intergenerational Programs Pacific Ridge School Visit Mon or Tues. 9:45 am to 10:30 am Unless otherwise noted.</p>					<p>Friday's Scenic Bus Trips 8:30 am or 1:15 pm Shadowridge Duck Pond Del Mar / Solana Beach Moonlight Beach Oceanside Harbor / Pier Lake San Marcos Leo Carrillo Ranch Double Peak Hill Vista Village</p>

Activities subject to change without notice.