



ActivCare at Yorba Linda

April 2018



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events

April 1
Easter

April 12
National Licorice Day

April 23
Birthday Celebration

April 25
Red Hats Ladies Lunch



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Easter Sunday 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>Spiritual Hymns</u> 12:00 <u>Easter Lunch</u> 1:00 Toss For Points Game 2:00 Word Anagram Game 3:00 Dessert & Coffee Social 3:45 <u>Easter Celebration- Music by Matthew Stoneman</u> 6:00 Moonlight Movie	2 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 11:00 White Board Brain Game 1:00 Horse Shoe Game 2:00 Parachute Game 3:00 Dessert & Coffee Social 3:30 Indoor Bocce Ball 6:00 Moonlight Movie	3 National Chocolate Mousse Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 1:00 <u>National Chocolate Mousse Day- Discussion</u> 2:00 <u>Pamper Me Lovely- Manicures</u> 3:00 Chocolate Mousse & Coffee Social 3:30 Penny Ante Game of Reminiscing 6:00 Moonlight Movie	4 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Name 10 Trivia 1:00 Indoor Volleyball Game 2:00 Corn Hole Games 3:00 Dessert & Coffee Social 3:30 Ring Toss 6:00 Moonlight Movie	5 National Burrito Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 1:00 <u>National Burrito Day- Discussion</u> 2:00 Balloon Badminton 2:00 Indoor Bowling 3:00 Dessert & Coffee Social 3:30 Balloon Noodle Game 6:00 Moonlight Movie	6 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Name 5 Game 1:00 White Board Games 2:00 Indoor Bowling 3:00 Dessert & Coffee Social 3:30 <u>BINGO!</u> 6:00 Moonlight Movie	7 National Coffee Cake Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Anagram Games 1:00 Name 10 Trivia 2:00 Parachute Game 3:00 Dessert & Coffee Social 3:30 Big Band & Jazz Trivia 6:00 Lawrence Welk Show 6:30 Moonlight Movie
8 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>Spiritual Hymns</u> 1:00 Rhythm Band 2:00 Balloon Noodle Game 3:00 Dessert & Coffee Social 3:30 Eldersong Sing- Along 6:00 Moonlight Movie	9 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Name 10 Trivia 1:00 Entertainment- by 2:00 White Board Brain Games 3:00 Dessert & Coffee Social 3:30 Puzzle/ Dominos 6:00 Moonlight Movie	10 8:30 Current Events 9:15 Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Word Anagram Game 1:00 Parachute Game 2:00 <u>Pamper Me Lovely- Manicures</u> 3:00 Dessert & Coffee Social 3:30 <u>BINGO!</u> 6:00 Moonlight Movie	11 National Cheese Fondue Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Puzzle Club 1:00 Indoor Bowling 2:00 <u>National Cheese Fondue Day- Discussion/ Tasting</u> 3:00 Dessert & Coffee Social 3:30 <u>Entertainment- Music by Arnie Rios</u> 6:00 Moonlight Movie	12 National Licorice Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>Creative Art: Tissue Paper Umbrella Door Decoration</u> 1:00 Balloon Badminton 2:00 <u>National Licorice Day-Discussion/ Tasting</u> 3:00 Dessert & Coffee Social 3:30 Word Anagrams 6:00 Moonlight Movie	13 National Peach Cobbler Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>National Peach Cobbler Day- Discussion</u> 1:00 <u>Indoor Volleyball / Neighborhood Scenic Drive</u> 2:00 White Board Brain Games 3:00 Peach Cobbler & Coffee Social 3:30 <u>BINGO!</u> 6:00 Moonlight Movie	14 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walker Club 11:00 <u>"Family Reunion" Reminiscing Game</u> 1:00 Bocce Ball Game 2:00 "My First Bicycle" Reminiscing Game 3:00 Dessert & Coffee Social 3:30 Ring Toss 6:00 Lawrence Welk Show 6:30 Moonlight Movie
15 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>Spiritual Hymns</u> 1:00 Toss and Talk Trivia 2:00 Indoor Bowling 3:00 Dessert & Coffee Social 3:30 Eldersong Sing- Along 6:00 Moonlight Movie	16 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 11:00 White Board Brain Game 1:00 Horse Shoe Game 2:00 Parachute game 3:00 Dessert & Coffee Social 3:30 Indoor Bocce Ball 6:00 Moonlight Movie	17 National Cheeseball Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 1:00 <u>National Cheeseball Day - Discussion Tasting</u> 2:00 <u>Pamper Me Lovely- Manicures</u> 3:00 Dessert & Coffee Social 3:30 <u>BINGO!</u> 6:00 Moonlight Movie	18 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>Creative Art: Birthday Hats</u> 1:00 Tossing for Points 2:00 White Board Brain Games 3:00 Dessert & Coffee Social 3:30 Dominos and Puzzles 6:00 Moonlight Movie	19 Cooking For the Senses 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Puzzles/ Dominos 1:00 Balloon Badminton 2:30 <u>Cooking For The Senses- Banana Sundae</u> 3:00 Dessert & Coffee Social 3:30 Word Anagram Game 6:00 Moonlight Movie	20 Nat'l Pineapple Upside Down Cake Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>Pineapple Upside Down Cake- Discussion</u> 1:00 Indoor Bowling 2:00 Memory Recall Game 3:00 <u>Pineapple Upside Down Cake & Coffee Social</u> 3:30 <u>BINGO!</u> 6:00 Moonlight Movie	21 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 "Swimming" Reminiscing Game 1:00 Corn Hole Game 2:00 White Board Brain Games 3:00 Dessert & Coffee Social 3:30 Reminiscing 1940's 6:00 Lawrence Welk Show 6:30 Moonlight Movie
22 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>Spiritual Hymns</u> 1:00 Rhythm Band 2:00 Name 5 Trivia 3:00 Dessert & Coffee Social 3:30 Eldersong Sing- Along 6:00 Moonlight Movie	23 Birthday Celebration 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Word Anagrams Game 1:00 Parachute Game 2:00 <u>Birthday Celebration- Music by Joe Tatar</u> 3:00 Dessert & Coffee Social 3:30 Indoor Balloon Badminton 6:00 Moonlight Movie	24 National Pigs In A Blanket Day 8:30 Current Events 9:15 Morning Exercises 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Flower Arranging 1:00 <u>National Pigs In A Blanket Day - Discussion</u> 2:00 <u>Pamper Me Lovely- Manicures</u> 3:00 Dessert & Coffee Social 3:30 Puzzle / Dominos 6:00 Moonlight Movie	25 Red Hats Ladies Lunch 8:30 Current Events 9:15 Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 White Board Brain Games 12:00 <u>Red Hats Ladies Lunch with Elva</u> 1:00 Indoor Volleyball 2:00 Memory Recall-US Presidents 3:00 Dessert & Coffee Social 3:30 Balloon Badminton 6:00 Moonlight Movie	26 In The Kitchen 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Creative Arts : 3D Rainbow Sky 1:00 Indoor Bowling 2:00 <u>In The Kitchen- Chocolate Chip Cookies</u> 3:00 Dessert & Coffee Social 3:30 Frisbee Toss 6:00 Moonlight Movie	27 National Babe Ruth Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 Pictionary Brain Games 1:00 <u>Balloon Badminton / Neighborhood Scenic Drive</u> 2:00 <u>National Babe Ruth Day - Discussion</u> 3:00 Dessert & Coffee Social 3:30 <u>BINGO</u> 6:00 Moonlight Movie	28 National Blueberry Pie Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>National Blueberry Pie - Discussion</u> 1:00 Bocce Ball Game 2:00 Tossing For Points Game 3:00 Blueberry Pie & Coffee Social 3:30 Puzzles/Dominos 6:00 Lawrence Welk Show 6:30 Moonlight Movie
29 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>Spiritual Hymns</u> 1:00 Balloon Noodle Game 2:00 Pictionary White Board Games 3:00 Dessert & Coffee Social 3:30 Eldersong Sing- Along 6:00 Moonlight Movie	30 National Oatmeal Cookie Day 8:30 Current Events 9:15 Good Morning Exercise 10:00 Fruit and Coffee Social 10:30 Walkers Club 11:00 <u>National Oatmeal Cookie Day - Discussion</u> 1:00 Bocce Ball Game 2:00 White Board games 3:00 Oatmeal Cookies & Coffee Social 3:30 Puzzles/ Dominos 6:00 Moonlight Movie					

Activities are subject to change without notice.