



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events

July 4
Independence Day

July 16
Nat'l Ice Cream Day

July 26
Antique Car Show

July 31
Birthday Celebration



ActivCare at Bressi Ranch July 2018



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|---|--|--|--|
| 1 Canada Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 1:00 Bat the Balloon Game 1:30 Travelogue to Canada 3:30 Happy Hour! 6:00 Moonlight Movie | 2 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 1:00 Musical Entertainment 2:00 Finish the Phrase Game 3:30 Bingo for Candy! 6:00 Moonlight Movie | 3 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:45 4th of July Craft 1:00 Bowling Competition 1:30 Neighborhood Stroll 2:00 The Big Band Years 3:30 Prize Bingo! 6:00 Moonlight Movie | 4 Happy 4th of July! 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ Scenic Bus Trip 10:45 Colored Pencils: Patriotic Pictures 12:00 BBQ Lunch 1:00 Let's Celebrate the 4th: Piano Music with Rosemarie! 2:00 Popsicles and Sunshine 3:30 4th of July Cupcake Decorating 6:00 Moonlight Movie | 5 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:45 Flower Arranging/ Men's Group 1:00 Velcro Catch 1:30 Bean Bag Toss 1:30 Red Hat Club 2:00 Legendary Crooners 3:30 Biography Club 6:00 Moonlight Movie | 6 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club/ Scenic Van Trip 10:45 Sing Along 1:00 Chip Chuckin' Game 1:00 Scenic Van Trip 1:30 Balloon Badminton 2:00 Unlock the Memories: 1930's 3:30 Prize BINGO! 6:00 Moonlight Movie | 7 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 White Board Brain Games 1:00 Tic Tac Toe Toss 1:30 Parachute Activity 2:00 Name 5 Game 2:00 Chair Massage with Jack 3:00 Dessert and Coffee Social 3:30 Biography Club: Lucille Ball 4:00 I Love Lucy Comedy 6:00 Moonlight Movie |
| 8 Coca-Cola Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 1:00 Indoor Bocce Ball 1:30 Basketball Toss 2:00 History of Coke and Sampling 3:30 Colored Pencil Relaxation and Tabletop Games 6:00 Moonlight Movie | 9 8:30 Local News 9:00 Chair Yoga with Carmen 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 1:00 Bean Bag Toss Challenge 1:30 Bat the Balloon Game 2:00 Reminisce Stories 3:30 Bingo for Candy 6:00 Moonlight Movie | 10 Pina Colada Day 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:45 White Board Brain Games 1:00 Indoor Horseshoes 1:30 Neighborhood Stroll 1:30 Kickball Circle 2:00 Pina Colada Party 3:30 Prize Bingo! 6:00 Moonlight Movie | 11 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ Scenic Bus Trip 10:45 Finish the Sentence Game 1:00 Bowling Fun 1:00 Field Trip: Stories at Oceanside Library 1:30 Sing Along 2:00 Chicken Soup for the Soul 3:00 Dessert & Coffee Social 3:30 Travelogue: Sights and Tastes of Japan 6:00 Moonlight Movie | 12 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:45 Flower Arranging/ Men's Group 12:00 Men's Lunch with Anthony 1:00 Violin Music with John! 2:00 Finish the Phrase Game 3:30 Biography Club 6:00 Moonlight Movie | 13 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club/ Scenic Van Trip 10:45 Is that your Final Answer? 1:00 Balloon Badminton 1:00 Scenic Van Trip 1:30 Neighborhood Sing Along 3:30 Prize BINGO! 6:00 Moonlight Movie | 14 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 Hangman Challenge 1:00 Tic Tac Toe Bean Bag Toss 1:30 Balloon Badminton 2:00 Chair Massage with Jack 2:00 Just a Moment Meditations 3:30 Movement Made Easy 6:00 Moonlight Movie |
| 15 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 1:00 Indoor Horseshoes 1:30 Bocce Ball 2:00 <i>Chicken Soup for the Soul</i> 3:30 Happy Hour! 6:00 Moonlight Movie | 16 Nat'l Ice Cream Day 8:30 Local News 9:00 Morning Stretch 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 1:00 Balloon Badminton 1:30 Velcro Catch 2:00 Make Your Own Sundae Party 3:30 Bingo for Candy 6:00 Moonlight Movie | 17 Disneyland Day 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:45 Travelogue to Disneyland! 1:00 Bowling Fun 1:00 Neighborhood Stroll 1:30 Trivia Fun 2:00 In the Kitchen with Carmen 3:30 Prize Bingo! 6:00 Moonlight Movie | 18 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ Scenic Bus Trip 10:45 White Board Games 1:00 Bat the Balloon 1:00 Field Trip: Off to the Movies! 1:30 Parachute Activity 2:00 <i>You Be the Judge</i> 3:30 Summer Crafting Circle 6:00 Moonlight Movie | 19 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 10:45 Flower Arranging/ Men's Group 1:00 Joy of Watercolor with Peggy 1:00 Bean Bag Toss Challenge 1:30 <i>Sentimental Reflections</i> 3:30 Resident in the Spotlight 6:00 Moonlight Movie | 20 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walker's Club 10:45 Scenic Bus Trip 10:45 Sing Along 1:00 Unlock the Memories: 1940's 1:00 Scenic Bus Trip 2:00 Colored Pencil Fun/Tabletop Games 3:30 Prize BINGO! 6:00 Moonlight Movie | 21 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 Pictionary 1:00 Basketball Toss 1:30 Fishing Game 2:00 Chair Massage with Jack 2:00 <i>Legendary Crooners</i> 3:30 <i>It's OK to be Smart Trivia</i> 6:00 Moonlight Movie |
| 22 Nat'l Cowboy Day 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Readings & Hymns 1:00 Indoor Horseshoes 1:30 Chip Chuckin' Game 2:00 Cowboy Facts and Fun 3:30 Still Life Art 6:00 Moonlight Movie: John Wayne | 23 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Animal Study Group 1:00 Bean Bag Toss Challenge 1:30 Balloon Toss 2:00 Patriotic Club 3:30 Bingo for Candy 6:00 Moonlight Movie | 24 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:45 Name 5 Game 1:00 Neighborhood Stroll 1:00 Sing Along 1:30 Reminiscing Story Circle 2:00 Piano Concert with Jeffry 3:30 Prize Bingo! 6:00 Moonlight Movie | 25 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club/ Scenic Bus Trip 10:45 Neighborhood Sing Along 1:00 Balloon Badminton 1:00 Field Trip: Snack at Lake Wohl-ford 1:30 Bocce Ball 2:00 Root Beer Floats 3:30 Service Project Club 6:00 Moonlight Movie | 26 1950's Day and Antique Car Show! 8:30 Today's Current Events 9:00 Chair Exercise 10:30 Walkers Club 11:00 - 2:00 Antique Car Show Vintage & Ice Cream Truck Treats 1:00 Colored Pencils: Antique Cars 2:00 Unlock the Memories 1950's 3:30 Sing Along 6:00 Moonlight Movie | 27 8:30 Today's Current Events 9:00 Joints in Motion 10:30 Walkers Club/ Van Trip 10:45 Word Scramblers 1:00 Textured Ball Catch 1:30 Parachute Activity 2:00 The Big Band Years 3:30 Prize BINGO! 6:00 Moonlight Movie | 28 8:30 Today's Current Events 9:00 Saturday Seated Exercise 10:30 Walkers Club 10:45 Beading Fun 1:00 Bowling with Friends 1:30 Balloon Volleyball 2:00 Carol Burnett Comedy 2:00 Chair Massage with Jack 3:30 Walk to Frozen Yogurt Shop or National Geographic Special 6:00 Moonlight Movie |
| 29 8:30 Today's Current Events 9:00 Get Fit with Glenna 10:30 Walkers Club 10:45 Spiritual Reading & Hymns 1:00 Large Bean Bag Toss 1:30 Toss and Talk Trivia Ball 2:00 The Frank Sinatra Show 3:30 Flute Concert 6:00 Moonlight Movie | 30 Day of Friendship 8:30 Good Morning America 9:00 Light N' Lively Exercise 10:30 Walkers Club 10:30 *Holy Communion 10:30 Love on a Leash 11:00 Stories of Friendship 12:00 Lunch Bunch with Carmen 1:00 Fishing Game 1:30 Balloon Badminton 2:00 Finish the Rhyme Game 3:30 Bingo for Candy 6:00 Moonlight Movie | 31 Birthday Party 8:30 Today's News 9:00 Body in Motion Exercise 10:30 Walkers Club 10:45 Name the State Game 1:15 Birthday Party with Almario! 2:15 You Be the Judge 3:30 Prize Bingo! 6:00 Moonlight Movie | <div> </div> | | | |

Activities are subject to change without notice.