



ActivCare Daily Activities

What's News

Music That Matters

Exercise in Motion

Think It - Say It

Neighborhood Walks

Creative Arts

Special Events

May 2

Cooking for the Senses

May 5

Cinco de Mayo

May 13

Mother's Day

May 28

Memorial Day



ActivCare at Rolling Hills Ranch

May 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 Love on A Leash</p> <p>8:30 Today's Current Events 9:15 Chair Pilates 10:30 <i>Love on A Leash</i> 11:00 Nature Walk 1:00 Flower Arranging 2:00 Bowling 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories</p>	<p>2 Cooking for the Senses</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Special Bus Ride 11:00 Ball Toss 1:00 Horse Racing Game 2:00 <i>Special Music: Scott Parloh</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Movie Night</p>	<p>3 Special Music</p> <p>8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Special Bus Ride 11:00 Ball Toss 1:00 Walkers Club 2:00 <i>Music by Rikacha</i> 3:00 Prize BINGO 4:00 Sing Along Piano 6:00 Music Therapy</p>	<p>4 Special Performance</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Gardening 2:00 Parachute 3:00 <i>Cinco de Mayo Happy Hour</i> 4:00 Pamper Me Lovely Spa Hour 4:30 Harmonica Music 6:00 Music Therapy</p>	<p>5 Cinco de Mayo</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Gardening 2:00 Parachute 3:00 <i>Cinco de Mayo Happy Hour</i> 4:00 Pamper Me Lovely Spa Hour 4:30 Harmonica Music 6:00 Music Therapy</p>
<p>6 National Nurses Week</p> <p>8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 11:00 Walkers Club 1:00 Balloon Badminton 2:00 Parachute Game 3:00 Dessert & Coffee Social 3:30 Drum Circle 4:00 BINGO</p>	<p>7</p> <p>8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Trivia & Teasers 2:00 Bowling 3:00 Dessert & Coffee Social 4:00 BINGO 6:00 Musical Instruments</p>	<p>8 Special Music</p> <p>8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Nature Walk 1:00 Flower Arranging 2:00 <i>Special Music: Juan Robles</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories</p>	<p>9</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Family Feud Game 2:00 Horseshoes 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Sing Along</p>	<p>10 Special Bus Rides</p> <p>8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Bowling 2:00 Board Word Game 3:00 Dessert & Coffee Social 4:00 Finishing Lines by Eldersong 6:00 Movie Night</p>	<p>11 Men's Club Lunch</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Bowling 2:00 <i>Arts & Crafts - Mother's Day</i> 3:00 <i>Pamper Me Lovely Spa Hour</i> 4:00 Patriotic Songs 6:00 Moonlight Movie</p>	<p>12 Spa Day</p> <p>8:30 Today's Current Events 9:15 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Gardening 2:00 Parachute 3:00 <i>Cinco de Mayo Happy Hour</i> 4:00 Pamper Me Lovely Spa Hour 4:30 Harmonica Music 6:00 Music Therapy</p>
<p>13 Mother's Day</p> <p>8:00 Spiritual Hour 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Badminton 11:00 Walkers Club 12:00 <i>Special Mother's Day Lunch</i> 1:00 Bowling 2:00 Finishing Lines by Eldersong 3:00 Dessert & Coffee Social 3:30 Prize BINGO 4:30 Small Brass Band Instrumental 6:00 Popcorn Movie Night</p>	<p>14 Special Bus Ride</p> <p>8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 11:00 <i>Special Bus Ride</i> 1:00 History & Trivia 2:00 Horse Racing 3:00 Dessert & Coffee Social 4:00 BINGO 6:00 Movie Night</p>	<p>15 Special Music</p> <p>8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 <i>Love on A Leash</i> 11:00 Walkers Club 1:00 Flower Arranging 2:00 <i>Special Music: Lani Calvert</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories</p>	<p>16</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Beach Ball Toss 11:00 Walkers Club 1:00 Family Feud Game 2:00 Horseshoes 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Trivia & Teasers</p>	<p>17 Special Bus Rides</p> <p>8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Horseshoes 6:00 Music Therapy</p>	<p>18 Red Hat Tea Party</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Bowling 2:00 Gardening 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn</p>	<p>19</p> <p>8:30 Today's Current Events 9:15 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Gardening 2:00 Parachute 3:00 <i>Cinco de Mayo Happy Hour</i> 4:00 Pamper Me Lovely Spa Hour 4:30 Patriotic Songs 6:00 Moonlight Movie</p>
<p>20</p> <p>8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 <i>Horsercaling</i> 2:00 Ring Toss 3:00 Dessert & Coffee Social 6:00 Sing Along</p>	<p>21</p> <p>8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Puzzles 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 BINGO 6:00 Musical Instruments</p>	<p>22</p> <p>8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Love on A Leash 11:00 Walkers Club 1:00 Flower Arranging 2:00 <i>Strawberry Shortcake</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories</p>	<p>23 Cooking for the Senses</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercises 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Family Feud Game 2:00 <i>Strawberry Shortcake</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Movie Night</p>	<p>24 Special Bus Rides</p> <p>8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Horseshoes 6:00 Music Therapy</p>	<p>25 Residents Birthday Celebration</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Bowling 2:00 <i>Special Music: John Clancy</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn</p>	<p>26 Gardening</p> <p>8:30 Today's Current Events 9:15 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Gardening 2:00 Parachute 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Movie Night</p>
<p>27</p> <p>8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 <i>Put Put Golf</i> 2:00 Parachute Games 3:00 Dessert & Coffee Social 6:00 Sing Along</p>	<p>28 Memorial Day</p> <p>8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Bowling 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 BINGO 6:00 Musical Instruments</p>	<p>29</p> <p>8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Love on A Leash 11:00 Walkers Club 1:00 Flower Arranging 2:00 Ball Toss 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories</p>	<p>30</p> <p>8:30 Today's Current Events 9:15 Good Morning Exercises 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Family Feud Game 2:00 Horseshoes 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Movie Night</p>	<p>31 Special Bus Rides</p> <p>8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Horse Racing 2:00 Brain Games 3:00 Bean Bag Toss 3:30 Ball Toss 4:00 Horseshoes 6:00 Music Therapy</p>	 	<p>Activities are subject to change without notice.</p>