



ActivCare at Rolling Hills Ranch

May 2018



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events



May 2
Cooking for the Senses

May 5
Cinco de Mayo

May 13
Mother's Day

May 28
Memorial Day



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 6 National Nurses Week 8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 11:00 Walkers Club 1:00 Balloon Badminton 2:00 Parachute Game 3:00 Dessert & Coffee Social 3:30 Drum Circle 4:00 BINGO	 7 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Trivia & Teasers 2:00 Bowling 3:00 Dessert & Coffee Social 4:00 BINGO 6:00 Musical Instruments	1 Love on A Leash 8:30 Today's Current Events 9:15 Chair Pilates 10:30 <i>Love on A Leash</i> 11:00 Nature Walk 1:00 Flower Arranging 2:00 Bowling 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	2 Cooking for the Senses 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Family Feud Game 2:00 <i>Let's Make Guacamole</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Sing Along	3 Special Music 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Special Bus Ride 11:00 Ball Toss 1:00 Horse Racing Game 2:00 <i>Special Music: Scott Parloh</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Movie Night	4 Special Performance 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Bowling 2:00 <i>Music by Rikacha</i> 3:00 Prize BINGO 4:00 Sing Along Piano 6:00 Music Therapy	5 Cinco de Mayo 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Gardening 2:00 Parachute 3:00 <i>Cinco de Mayo Happy Hour</i> 4:00 Pamper Me Lovely Spa Hour 4:30 Harmonica Music 6:00 Music Therapy
13 Mother's Day 8:00 Spiritual Hour 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Badminton 11:00 Walkers Club 12:00 <i>Special Mother's Day Lunch</i> 1:00 Bowling 2:00 Finishing Lines by Eldersong 3:00 Dessert & Coffee Social 3:30 Prize BINGO 4:30 Small Brass Band Instrumental 6:00 Popcorn Movie Night	14 Special Bus Ride 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 11:00 <i>Special Bus Ride</i> 1:00 History & Trivia 2:00 Horse Racing 3:00 Dessert & Coffee Social 4:00 BINGO 6:00 Movie Night	15 Special Music 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 <i>Love on A Leash</i> 11:00 Walkers Club 1:00 Flower Arranging 2:00 <i>Special Music: Lani Calvert</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	16 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Beach Ball Toss 11:00 Walkers Club 1:00 Family Feud Game 2:00 Horseshoes 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Trivia & Teasers	17 Special Bus Rides 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Horseshoes 6:00 Music Therapy	18 Red Hat Tea Party 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Family Feud Game 2:00 <i>Red Hat Lady's Club: Tea Party</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn	19 8:30 Today's Current Events 9:15 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Bowling 2:00 Gardening 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Movie Night
20 8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 <i>Horse racing</i> 2:00 Ring Toss 3:00 Dessert & Coffee Social 6:00 Sing Along	21 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Puzzles 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 BINGO 6:00 Musical Instruments	22 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Love on a Leash 11:00 Walkers Club 1:00 Flower Arranging 2:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	23 Cooking for the Senses 8:30 Today's Current Events 9:15 Good Morning Exercises 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Family Feud Game 2:00 <i>Strawberry Shortcake</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Movie Night	24 Special Bus Rides 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Horseshoes 6:00 Music Therapy	25 Residents Birthday Celebration 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Bowling 2:00 <i>Special Music: John Clancy</i> 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn	26 Gardening 8:30 Today's Current Events 9:15 Chair Exercises 10:00 Fruit & Coffee Social 10:30 Trivia & Teasers 11:00 Walkers Club 1:00 Bowling 2:00 <i>Gardening</i> 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Movie Night
27 8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 <i>Put Put Golf</i> 2:00 Parachute Games 3:00 Dessert & Coffee Social 6:00 Sing Along	28 Memorial Day 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Puzzles 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 BINGO 6:00 Musical Instruments	29 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Love on A Leash 11:00 Walkers Club 1:00 Flower Arranging 2:00 Ball Toss 3:00 Dessert & Coffee Social 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	30 8:30 Today's Current Events 9:15 Good Morning Exercises 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Family Feud Game 2:00 Horseshoes 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Movie Night	31 Special Bus Rides 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 <i>Special Bus Ride</i> 11:00 Ball Toss 1:00 Horse Racing 1:30 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Horseshoes 6:00 Music Therapy		

Activities are subject to change without notice.