



ActivCare Daily Activities

What's News
Music That Matters
Exercise in Motion
Think It - Say It
Neighborhood Walks
Creative Arts

Special Events

February 6
Love on a Leash

February 13
Mardi Gras

February 14
Valentine's Day




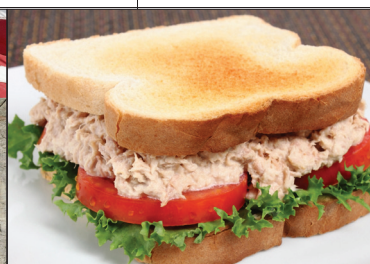
February 19
President's Day

February 27
Birthday Party



ActivCare at Rolling Hills Ranch February 2018



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Trivia 11:00 Special Bus Ride 1:00 Horse Racing Game 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 3:30 Bean Bag Toss 4:00 Prize Bingo 6:00 Music Therapy	2 Groundhog Day 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Bowling 1:30 Painting with Donna 2:00 Trivia 3:00 Dessert & Coffee Social 3:30 Trivia 4:00 Pamper Me Lovely Spa Hour 6:00 Music Therapy	3 Gardening 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Gardening 2:00 Parachute 3:00 Dessert & Coffee Social 3:30 Trivia 4:00 Pamper Me Lovely Spa Hour 6:00 Music Therapy	
4 Super Bowl 8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Bean Bag Toss 2:00 Parachute Games 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Sing A Long	5 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Trivia & Teasers 2:00 Bowling 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Musical Instruments	6 Love on a Leash 8:30 Today's Current Events 9:15 Chair Pilates 10:30 Love on a Leash 11:00 Nature Walk 1:00 Flower Arranging 2:00 Bowling 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	7 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Family Feud Game 3:00 Dessert & Coffee Social 3:30 Trivia 4:00 Prize BINGO 6:00 Sing A Long	8 Special Music 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Trivia 11:00 Special Bus Ride 1:00 Horse Racing Game 2:00 <u>Special Music with Scott Parloh</u> 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Prize Bingo 6:00 Music Therapy	9 Painting Class 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Bowling 1:30 Painting with Donna 2:30 Trivia 3:00 Dessert & Coffee Social 4:00 Prize BINGO 6:00 Special Movie & Popcorn	
11 8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Putt Putt Golf 2:00 Parachute Games 3:00 Dessert & Coffee Social 6:00 Sing A Long	12 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 11:00 Walkers Club 1:00 History & Trivia 2:00 Horse Racing 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Movie Night	13 Mardi Gras 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 11:00 Walkers Club 1:00 Flower Arranging 2:00 <u>Special Music: Juan Robles</u> 3:00 <u>Mardi Gras Happy Hour</u> 3:30 Ball Toss 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	14 Valentine's Day 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Beach Ball Toss 11:00 Walkers Club 1:00 Family Feud Game 2:00 <u>Chocolate Dipped Strawberries</u> 3:00 Dessert & Coffee Social 3:30 Trivia 4:00 Prize BINGO 6:00 Trivia & Teasers <i>Cooking for the Senses</i>	15 Special Bus Ride 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Pictionary 11:00 Special Bus Ride 1:00 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Horseshoes 6:00 Music Therapy	16 Chinese New Year 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Family feud Game 1:30 Painting with Donna 2:00 Trivia 3:00 Dessert & Coffee Social 3:30 Balloon Toss 4:00 Prize BINGO 6:00 Special Movie & Popcorn	
18 8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Balloon Toss 11:00 Walkers Club 1:00 Horseracing 2:00 Ring Toss 3:00 Dessert & Coffee Social 6:00 Sing A Long	19 President's Day 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social4 10:30 Ball Toss 11:00 Walkers Club 1:00 Puzzles 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Musical Instruments	20 Special Music 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Love on a Leash 11:00 Walkers Club 2:00 <u>Special Music: Lani Calvert</u> 1:00 Flower Arranging 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	21 8:30 Today's Current Events 9:15 Good Morning Exercises 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Family Feud Game 2:00 Horseshoes 3:00 Dessert & Coffee Social 3:30 Trivia 4:00 Prize BINGO 6:00 Movie Night	22 Special Bus Ride 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Trivia 11:00 Special Bus Ride 1:00 Horse Racing 1:30 Brain Games 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 3:30 Ball Toss 4:00 Horseshoes 6:00 Music Therapy	23 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Ball Toss 1:00 Bowling 2:30 Bean Bag Toss 3:00 Dessert & Coffee Social 3:30 Balloon Toss 4:00 Prize BINGO 6:00 Special Movie & Popcorn	
25 8:00 Spiritual Hour 8:30 Today's Current Events 9:15 Good Morning Exercise 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Putt Putt Golf 2:00 Parachute Games 3:00 Dessert & Coffee Social 6:00 Sing A Long	26 8:30 Today's Current Events 9:15 Morning Stretches 10:00 Fruit & Coffee Social 10:30 Ball Toss 11:00 Walkers Club 1:00 Bowling 2:00 Bean Bag Toss 3:00 Dessert & Coffee Social 4:00 Bingo 6:00 Musical Instruments	27 Birthday Party 8:30 Today's Current Events 9:15 Chair Pilates 10:00 Fruit & Coffee Social 10:30 Bean Bag Toss 11:00 Walkers Club 1:00 Flower Arranging 2:00 <u>Special Music: John Clancy</u> 3:00 Birthday Celebration 3:30 Ball Toss 4:00 Pamper Me Lovely Spa Hour 6:00 Short Stories	28 Cooking for the Senses 8:30 Today's Current Events 9:15 Good Morning Exercises 10:00 Fruit & Coffee Social 10:30 Brain Games 11:00 Walkers Club 1:00 Family Feud Game 2:00 <u>Healthy Tuna Sandwiches</u> 3:00 Dessert & Coffee Social 3:30 Trivia 4:00 Prize BINGO 6:00 Movie Night			

Activities are subject to change without notice.