



## ActivCare

### Daily Activities

*Neighborhood Walks*

*What's News*

*Music That Matters*

*Exercise in Motion*

*Think It - Say It*

*Creative Arts*

### Special Events

September 4

*Labor Day*

September 10

*Grandparents Day*

September 20

*Country Hoedown*

September 25

*Birthday Party*



# ActivCare at Brittany House

## September 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Church Programming 1:00 Quiet Activities 3:00 Coffee Social 3:30 Sing Along 4:00 Neighborhood Walk 6:00 Sunday Singing & Stories	4 <b>Labor Day</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize BINGO 1:00 Quiet Activities 3:00 Coffee Social 3:30 Labor Day History & Trivia 4:00 Neighborhood Walk 6:00 Monday Memories	5 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Outdoor Gardening 1:00 Quiet Activities 3:00 Coffee Social 3:30 Sing A Long 4:00 Neighborhood Walk 6:00 Tuesday Trivia	6 <b>Cooking for the Senses</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 2:00 Cooking For The Senses: Cowboy Oatmeal Bars 3:00 Coffee Social 3:30 Alzheimer's Trivia & Reminiscence 4:00 Neighborhood Walk 6:00 Wednesday Wisdom	7 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art: Decorative Horseshoe 1:00 Quiet Activities 3:00 Coffee Social 3:30 Acrostic Poems 4:00 Neighborhood Walk 6:00 Thursday Travels	8 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Still Art: Horses 1:00 Quiet Activities 3:00 Coffee Social 3:30 Prize BINGO 4:00 Neighborhood Walk 6:00 Friday Funnies	9 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 1:00 Quiet Activities 3:00 Coffee Social 3:30 Saturday Matinee 4:00 Neighborhood Walk 6:00 Saturday Sayings
10 <b>Grandparents Day</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize BINGO 1:00 Quiet Activities 3:00 Coffee Social 3:30 Creative Art-Making Grandparents Day Collages 4:00 Neighborhood Walk 6:00 Monday Memories	11 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 New Day of Reminiscing 1:00 Quiet Activities 3:00 Coffee Social 3:30 Pamper Me Lovely-Hand & Nail Care 4:00 Neighborhood Walk 6:00 Tuesday Trivia	12 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 2:00 Cooking For The Senses: BLT Sandwich 3:00 Coffee Social 3:30 Music & Movement 4:00 Neighborhood Walk 6:00 Wednesday Wisdom	13 <b>Cooking for the Senses</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Painting: Cowboy Hat 2:00 Cooking For The Senses: BLT Sandwich 3:00 Coffee Social 3:30 Everyday Life Trivia 4:00 Neighborhood Walk 6:00 Thursday Travels	14 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Painting: Coffee Cup 2:00 Cooking For The Senses: Macaroni Salad 3:00 Coffee Social 3:30 Finish Lines & Silly Sayings 4:00 Neighborhood Walk 6:00 Friday Funnies	15 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Still Art: Rope 1:00 Quiet Activities 3:00 Coffee Social 3:30 Prize BINGO 4:00 Neighborhood Walk 6:00 Saturday Sayings	16 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 1:00 Quiet Activities 3:00 Coffee Social 3:30 Saturday Matinee 4:00 Neighborhood Walk 6:00 Saturday Sayings
17 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Church Programming 1:00 Quiet Activities 3:00 Coffee Social 3:30 Sing, Dance, Reminisce 4:00 Neighborhood Walk 6:00 Sunday Singing & Stories	18 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize BINGO 1:00 Quiet Activities 3:00 Coffee Social 3:30 Pamper Me Lovely-Nail & Hand Care 4:00 Neighborhood Walk 6:00 Monday Memories	19 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Art - Making Rope 1:00 Quiet Activities 3:00 Coffee Social 3:30 Finish The Lyrics 4:00 Neighborhood Walk 6:00 Tuesday Trivia	20 <b>Country Hoedown</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 2:00 Musical Entertainment with Eddie Montana 3:00 Coffee Social 3:30 Wild West Fun Facts 4:00 Neighborhood Walk 6:00 Wednesday Wisdom	21 <b>Cooking for the Senses</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercises 10:30 Coffee Social 11:00 Painting: Sunsets 2:00 Cooking For The Senses: Country BBQ Macaroni Salad 3:00 Coffee Social 3:30 Who Am I? 4:00 Neighborhood Walk 6:00 Thursday Travels	22 <b>Native American Day</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 2:00 Brain Games 3:00 Coffee Social 3:30 Prize BINGO 4:00 Neighborhood Walk 6:00 Saturday Sayings	23 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 1:00 Quiet Activities 3:00 Coffee Social 3:30 Saturday Matinee 4:00 Neighborhood Walk 6:00 Saturday Sayings
24 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Church Programming 1:00 Quiet Activities 3:00 Coffee Social 3:30 Parachute Games 4:00 Neighborhood Walk 6:00 Sunday Singing & Stories	25 <b>BIRTHDAY CELEBRATION</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Prize BINGO 2:00 Music Entertainment : "Alligator" 3:00 Coffee Social 3:30 Pamper Me Lovely-Nail & Hand Care 4:00 Neighborhood Walk 6:00 Monday Memories	26 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Outdoor Gardening 1:00 Quiet Activities 3:00 Coffee Social 3:30 Finish Lines & Silly Sayings 4:00 Neighborhood Walk 6:00 Tuesday Trivia	27 <b>Cooking for the Senses</b> 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 2:00 Cooking For The Senses: Prairie Egg Salad Sandwich 3:00 Table Top Games with Staff 3:30 Balloon Volleyball 4:00 Neighborhood Walk 6:00 Thursday Travels	28 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Creative Writing : Acrostic Poems 1:00 Quiet Activities 3:00 Coffee Social 3:30 Prize BINGO 4:00 Neighborhood Walk 6:00 Friday Funnies	29 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 1:00 Quiet Activities 3:00 Coffee Social 3:30 Saturday Matinee 4:00 Neighborhood Walk 6:00 Saturday Sayings	30 9:15 Today in History & Current Events 9:45 Neighborhood Walk 10:00 Good Morning Exercise 10:30 Coffee Social 11:00 Pamper Me Lovely-Nail & Hand Care 1:00 Quiet Activities 3:00 Coffee Social 3:30 Prize BINGO 4:00 Neighborhood Walk 6:00 Saturday Sayings

*Activities subject to change without notice.*