



Change My Heart is a fun and easy way to raise much needed funds and awareness for congenital heart defect (CHD) research! You can participate by collecting donations in your school, workplace, or throughout community, or start an online fundraiser!

When? Any time throughout the year!

Why? The Children's Heart Foundation is a 501(c)(3) tax-exempt charitable organization solely committed to funding CHD research. CHDs are the most common birth defect in the US, affecting nearly 1 out of every 100 babies. CHF's mission is to fund the most promising research to advance the diagnosis, treatment, and prevention of CHDs. The money you collect will help fund life-saving research.

How to Get Involved: To participate in Change My Heart, all you have to do is collect donations! Your fundraiser can be as simple or creative as you want to make it! Place a collection container in your school or at a local restaurant or business, or plan fun activities to go along with the change collection. To participate online, visit <https://app.mobilecause.com/vf/ChangeMyHeart> and set up a fundraising page or start a team! [Click here](#) for step by step instructions on how to set up a fundraiser.

Join us as we collect donations to *change a heart*! Even your spare change can make a BIG difference in the lives of those born with CHDs.

