

The Women – and a ‘certain’ man! Santa Fe, NM 2/2- 2/4/2017

**The Reformers The Marriage (not) The Divorce  
The Breath The Secrets The Passion The Divas  
The Diva Wannabees The Success The Lies The Deceit  
The Lovers The Attitude The Balance  
The Flowing Movement The Control  
The Centering The Precision  
The Lack Thereof The Backstabbing  
The Bitching The Tears The Bitch Slapping  
The Betrayals The Pickles The Vodka  
The Thighs The Shins The Arms  
The Legs The Lies The Truth The Options  
The Love The Friendship The Crazy Shit  
The Blind Trust The Loyalty The Husbands The Wives  
The Boyfriends The Girlfriends The Affairs The Jealousy  
The Dancers The 100's The Bitches  
The Scoop The Teaser The Cadillac The Glass Eye  
Jacobs Pillow The Clients The Name Droppers The Studio  
The Fundamentalists The Classical Insanity  
The Contemporary Insanity The Kids The Celebrities  
The Tight Shorts The Body Brushing The Frustration'  
The Trial The Trademark The Lawsuit  
The Wunda Chair The Springs The Straps**



# **THE WOMEN**

**The Women - and a certain man!**

February 2-4, 2018 • Santa Fe, NM • \$525.00

3 days of learning and sharing from the best in the business “about that certain man.”

For more information or to register email [info@coredynamicspilates.com](mailto:info@coredynamicspilates.com)

[www.coredynamicspilates.com](http://www.coredynamicspilates.com)

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## ***The Women and a ‘certain’ man! – preliminary schedule***

***The Women are – Carola Trier, Kathleen Stanford Grant, Romana Kryzanowska and one ‘certain’ man is Ron Fletcher. THE ‘certain’ Man himself is Joseph H. Pilates***

***You will hear first hand accounts from those that studied directly with these Pilates luminaries, they will share the knowledge they learned from their mentors and how they made that information their own. You will leave with a renewed sense of excitement as well as a depth and breath of knowledge rarely available in today’s fast paced world. Enjoy a unique educational event guaranteed to leave you with a few ‘AHA’ moments.***

### **Schedule:**

#### **Thursday 2/1**

**8:00am – 5:00pm** Registration open

Classes through out the day at the various studios. Separate schedule

#### **Friday 2/2**

8:00am – 1:00pm Registration open

7:30am – 8:30am Mat class1 – Havens

8:30am – 9:30am General gathering

9:45am – 11:30am Panel discuss

11:30am – 1:00pm Lunch

12:30pm – 1:30pm Mat Class – studio MOVE - Hessel

1:45pm – 4:15pm Workshop 1

Studio A –Move – Crawford on Kathy

Studio B – MS – Jones-Boswell on Ron

Studio C – TMS – Roel on Romana

Studio D – PZ – Higgins on Romana

4:30pm – 5:15pm Mat Class 2 Express -TMS - Larsson

6:00pm – 8:00pm Welcome Reception: Midtown Bistro

#### **Saturday 2/3**

7:30am – 8:30am Mat Class MOVE:

8:30am – 9:30am Mat Class MOVE: Blossom Crawford

10:30am - 1:00 pm Workshop 3

Studio A – Hessel on Carola

Studio B – Larsson, Gutterson, Kolwey on Eve

Studio C - Crawford on Kathy

Studio D – Guyton on Ron

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1:00pm – 2:00pm Energy break  
2:00pm – 4:30pm Workshop 4  
Studio A – Jones Boswell on Ron  
Studio B – Roel on Romana  
Studio C - Gutterson on Eve  
Studio D – Crawford on Kathy  
Studio E - Higgins on Romana  
4:45 – 6:15 Movement Lab 1  
Studio A – Jillian Hessel  
Studio B – Suzanne Gutterson  
Studio C – Pat Guyton  
Studio D – Peter Roel

**Sunday 2/4**

7:30am – 8:30am Mat class MOVE: -Alpert  
8:30am – 9:30am Mat class MOVE: - Alvarez  
8:30am– 9:30am Equipment class PZ: - Aubrey  
8:30am – 9:30 am Equipment class TMS: - Hulton  
8:30am – 9:30am DaVinci System; - Kevin Bowen

10:00am - 12:30pm Workshop 5  
Studio A – Guyton on Ron  
Studio B – Larsson on Eve  
Studio C – Roel on Romana  
Studio D – Higgins on Romana  
Studio E – Reeser on Kathy

12:30 – 1:30 Lunch

1:30pm – 4:00pm Workshop 6  
Studio A - Jones Boswell on Ron  
Studio B – Kolwey on Eve  
Studio C – Hessel on Carola  
Studio D – Reeser on Kathy  
Studio E -

4:30pm – 6:00pm Movement Lab 2  
Studio A – Jones Boswell  
Studio B – TBA  
Studio C – Debora Kolwey  
Studio D – Cara Reeser

7:00 ---- Gather at Marias New Mexican restaurant.

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The Presenters:

Blossom Crawford

Pat Guyton

Suzanne Gutterson

Jillian Hessel

Phoebe Higgins

Elizabeth Jones Boswell

Debora Kolwey

Michele Larsson

Cara Reeser

Peter Roe

Once the Event registration is paid in full you will be sent a schedule class selection sheet. We will do our absolute best to accommodate your class selection. Priority will be given in the order of registration.

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