

## THE WEEK AND BEYOND AT A GLANCE

Sunday, October 21		
Morning Worship	8:30 & 11:00 am	Sanctuary
Sunday School Classes	9:45-10:45 am	Education Building
VIP Inc. Dinner Theatre Rehearsal	1:30-3:30 pm	Music Room
Confirmation Class	5:00 pm	Fellowship Hall
Youth Group Meeting/Pizza with The Pastor – open to all!	6:30-8:00 pm	Fellowship Hall
Monday, October 22		
Handbell Choir Rehearsal	6:30 pm	Upper Narthex
Voices In Praise Inc. Rehearsals	6:30-8:30 pm	Music Room
Finance Committee Meeting	7:30 pm	Bishop Warman Room
Tuesday, October 23		
Sanctuary Choir Rehearsal	7:15-8:45 pm	Music Room
Tuesday, October 24		
Missions Team Meeting	6:30 pm	Bishop Warman Room
Church Council Meeting	7:30 pm	Fellowship Hall
Thursday, October 25		
Bible Study	7:00 pm	Fellowship Hall
Friday, October 26		
VIP Inc. Dinner Theatre Dress Rehearsal	6:30-9:00 pm	West River Center
Youth Group Haunted Lock-In	7:00 pm	Fellowship Hall
Saturday, October 27		
Children's Trunk or Treat	10 am – 12 noon	Parking Lot, Fellowship Hall
Sunday, October 28		
Health Information & BP Screening	9:30 am & 12 noon	Fellowship Hall
Voices In Praise Inc. Murder Mystery Dinner Theatre	5:00 pm	West River Center
Monday, October 29		
Handbell Choir Rehearsal	6:30 pm	Upper Narthex
Voices In Praise Inc. Dinner & Rehearsals	6:30-8:30 pm	Fellowship Hall & Music Room

## FUMC Mission Fund Donations

Mission Fund 2018	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	2018 total
Jonathan Wilkerson Mission trip to Honduras	\$ 1,300.00				\$ 1,300.00
VIP 2018 Summer Mission Trip	\$ 5,000.00				\$ 5,000.00
ASP 2018 Summer Mission Trip	\$ 2,500.00				\$ 2,500.00
SCAN 2018	\$ 500.00	\$ 1,000.00	\$ 500.00		\$ 2,000.00
Good News Jail Ministries 1st half 2018	\$ 500.00	\$ 500.00			\$ 1,000.00
Scholarships for VIP 2018 mission trip	\$ 5,000.00				\$ 5,000.00
West River Summer Camper		\$ 500.00			\$ 500.00
Zimbabwe Mission Trip support			\$ 1,000.00		\$ 1,000.00
Project Echo (music ministry)			\$ 500.00		\$ 500.00
Mt Zion Breakfast Club Ministry		\$ 2,500.00			\$ 2,500.00
<b>Sub Total</b>	<b>\$ 14,800.00</b>	<b>\$ 4,500.00</b>	<b>\$ 2,000.00</b>	<b>\$ -</b>	<b>\$ 21,300.00</b>

Designated offerings	1st Qtr	2nd Qtr	3rd Qtr	4th Qtr	2018 total
Human Relation Day	\$ 297.00				\$ 297.00
Hurricane Relief Puerto Rico	\$ 100.00				\$ 100.00
UMCOR Sunday	\$ 1,045.00				\$ 1,045.00
Native American Ministries	\$ 225.00				\$ 225.00
Peace with Justice	\$ 210.00				\$ 210.00
SCAN (Jan-Feb)	\$ 260.00				\$ 260.00
SCAN (Mar-Apr)	\$ 822.00				\$ 822.00
SCAN (May)	\$ 110.00				\$ 110.00
SCAN (June)		\$ 110.00			\$ 110.00
SACN(July)			\$ 110.00		\$ 110.00
SACN(Aug)			\$ 310.00		\$ 310.00
Mt Zion Breakfast Club Ministry	\$ 25.00		\$ 2,690.00		\$ 2,715.00
<b>Sub Total</b>	<b>\$ 3,094.00</b>	<b>\$ 110.00</b>	<b>\$ 3,110.00</b>	<b>\$ -</b>	<b>\$ 6,314.00</b>
<b>Total for Qtr</b>	<b>\$ 17,894.00</b>	<b>\$ 4,610.00</b>	<b>\$ 5,110.00</b>	<b>\$ -</b>	<b>\$ 27,614.00</b>
<b>Total for 2018</b>	<b>\$ 17,894.00</b>	<b>\$ 22,504.00</b>	<b>\$ 27,614.00</b>		

**Mission Fund Available Balance As of 5/31/18 \$ 6,038.00**

**Mission Fund Available Balance As of 8/31/18 \$ 4,423.00**



Genesis contains three specific promises. The promise of a great LAND (From the river of Egypt to the great River of Euphrates 15:8). The promise of a great NATION (13:6). The promise of a great BLESSING (I will bless you and make your name great 12:1).



# HAUNTED LOCK-IN

Haunted house, scary movies, games, & sleepover! Bring your friends! \$20 if you want to go to the haunted house.

**Friday 10/26**

**8:00pm – 8:00am next day**

Girls bring a salty snack -Boys bring a sweet snack

For more information contact Courtney Evesfield

[cymc@friendshipmethodist.org](mailto:cymc@friendshipmethodist.org)



**Saturday 10/27**

**10am-12pm**

Join us for our 2<sup>nd</sup>  
**Annual Trunk or Treat  
event!**

We will have a Halloween party with games, snacks, hayrides, trunk or treat, and more! If you would like to sign up to bring a snack or participate in Trunk or Treat please contact Courtney. We are also in need of decorated trunks – please contact Courtney if you would like to participate!

There will be a prize for “Best Trunk”! [cymc@friendshipmethodist.org](mailto:cymc@friendshipmethodist.org)



**Sunday, Oct. 28, 5pm at West River UM  
Center**

A small cast of youth from Voices In Praise Inc. presents AN INTERACTIVE COMEDY "WHO DUNNIT" DINNER SHOW! Spend a lovely fall evening in 1923 New Orleans with one of the city's most established families, their high-society friends, & quirky staff. Join us for a night of fun! [Purchase tickets at www.VoicesInPraise.org](http://www.VoicesInPraise.org), call 301-855-2127, or see Chris Heyer this morning.



**Annual Fall Ham & Oyster Supper**  
*Eat In or Carry Out*

**Saturday, November 3, 2018 3:00-5:30 pm**

Friendship United Methodist Church (benefit the cemetery fund)

Menu: Baked Ham, Hand-patted crispy fried oysters, homemade potato salad, creamy cole slaw, mashed turnips, green beans, biscuits, coffee, iced tea and water. Deserts available for purchase.

Prices: Adults (12 & above) \$22, Children (6 -11 years) \$10.00,  
under 6 – free

For information call 410-257-7133 or  
email: [bsuedean@friendshipmethodist.org](mailto:bsuedean@friendshipmethodist.org)



## Attention: Crafters

The Dorcas-Lydia Circle ladies are holding their Holiday Craft Bazaar on Saturday, November 17<sup>th</sup> from 9 am until 2 pm.

You can rent a table for \$20.00 (\$5.00 extra for electric). If you are interested, see Bonnie Revell for an application form.

P.S. We are having a White Elephant table – if you have items to donate we appreciate it!

## Youth Group Day Trip

(open to all)

Saturday 11/17 - Cost: \$20

*Deadline to sign up - 10/28*

### Schedule:

- 10:00am Meet at church -board bus & travel to DC
- 11:00am Tour St Franciscan Monastery
- 12:30pm Lunch at Union Station
- 1:15pm Tour National cathedral

What to bring: Lunch Money & a Jacket (*while we will be indoors for the majority of the trip, there will be times when we might be outside and it is November*)

For more information on the locations we will be visiting please refer to the flyer in the Fellowship Hall or contact Courtney Eversfield at [cymc@friendshipmethodist.org](mailto:cymc@friendshipmethodist.org)



## HEALTH MINISTRY NEWS October 2018

### Advanced Directives: What They Are and What They Are Not

#### Introduction:

Advanced directives are important and necessary for everyone to have in the event you are unable to make healthcare decisions for yourself. This article will describe the components of advanced directives, how they are used, how and when to

prepare these documents and things to consider when writing them. You will hear two terms used interchangeably: living will and advanced directives. Advanced directives are comprised of three documents. First, is the Living Will; second, the Durable Power of Attorney for Healthcare and third, the Medical Orders for Life-Sustaining Treatment (MOLST). Think of one main file folder entitled “Advanced Directives” and that main folder contains three separate documents: (1) the Living Will, (2) the Durable Power of Attorney for Healthcare, and (3) Medical Orders for Life-Sustaining Treatment (MOLST). These three separate documents are equally important and necessary.

The Living Will: This written document tells health care professionals what type of life-prolonging treatments or procedures to perform if you have a terminal condition or are in a persistent vegetative state. The Living Will should not be confused with a regular will. A Living Will only address issues regarding your medical care while you are still living. A Living Will does not mean withholding pain medications or other comfort measures. The Living Will is a way to express your wishes for medical treatment and, if the situation warrants, die with dignity. Your Living Will should to be as specific as possible and should address issues such as:

- a. Resuscitation (CPR, defibrillation)
- b. Mechanical ventilation (the use of a breathing tube attached to a machine)

Don't forget your influenza vaccine!



Talk to your healthcare provider about when to receive the vaccine, which formulation is right for you, and any other recommended vaccines.

Health Questions? Information Requests?  
Contact Sarah David (Volunteer Health Ministry Coordinator)  
Email: [nurse@friendshipmethodist.org](mailto:nurse@friendshipmethodist.org)

- c. Tube feeding and hydration
- d. Dialysis
- e. Antibiotics and antivirals
- f. Comfort care (palliative care)
- g. Organ and tissue donation
- h. Donating your body

The Durable Power of Attorney for Healthcare: This written document allows you to select any person to make medical decisions for you if you should become temporarily or permanently unable to make those decisions for yourself. Most people choose a family member, a relative, or a close friend as their surrogate decision maker. It is vitally important that this person knows and understands your wishes and preferences regarding your health care issues. Even though you set out your wishes in a living will, such documents can never cover every circumstance, and the person who has a durable power of attorney for healthcare can make decisions not covered by your living will. The durable power of attorney for healthcare cannot contradict the terms of your living will, but rather, that person can fill in gaps. You can give your Durable Power of Attorney for Healthcare flexibility in applying the Living Will, but that needs to be indicated within the document.

Medical Orders for Life-Sustaining Treatment (MOLST): This form contains medical orders that will help ensure that all health care providers are aware of your wishes. If you don't want emergency medical personnel to try to resuscitate you in the event of a cardiac or respiratory arrest, you must have a MOLST form containing a DNR (Do Not Resuscitate) order signed by your doctor, nurse practitioner, or physician assistant. A signed EMS/DNR order approved by the Maryland Institute for Emergency Medical Services Systems would also be valid.

Inability to Make Medical Decisions: Common situations in which a person may be temporarily or permanently unable or incapable of making complex judgement or end-of-life decisions are: coma (from any illness or injury); stroke (if it results in coma or cognitive deterioration); moderate or severe dementia (Alzheimer's or other forms); persistent vegetative state (from any illness or injury); severe illness requiring placement on breathing machine and inability to communicate; severe medical conditions such as advanced liver failure, kidney failure, or heart failure; terminal cancer or other terminal diseases that result in the patient being administered cognitively altering pain medications (narcotics); or traumatic brain injury resulting in the inability to make complex decisions. It is important to note that these conditions are not limited to just the elderly.

Reasons for Advanced Directives: You should consider setting up advanced directives if any of the following are true:

- a. You want to be sure your voice is heard when you can no longer communicate
- b. You want to be sure that your wishes are respected and followed in the event you are unable to make medical decisions for yourself
- c. You want to be sure that your wishes about life-support machines and other life-prolonging treatments are followed if you suffer from a terminal condition
- d. You want to be sure that, if you fall victim to cardiac arrest after you suffer with a long-term, end-stage medical condition, that cardiopulmonary resuscitation (CPR) or other heroic measures will be performed or not performed according to your wishes and values.

No doctor or healthcare professional can force you to complete an advanced directive. If you do not complete an advanced directive, then you will receive medical care to the fullest extent appropriate for your condition. You can change, withdraw or revoke your advanced directives at any time. Make sure your advanced directives meet your state's standards. It is easier for family members to make end-of-life decisions for a patient when the patient's wishes have been clearly delineated ahead of time. The emotional pressure and feelings of guilt can be overwhelming for loved ones.

1. Make copies and give one to your durable power of attorney for healthcare plus your family members and keep in a safe place. If hospitalized, your copy of advanced directives needs to be available to give to the hospital if requested. Remember, without advanced directives, emergency personnel must do everything possible to attempt to revive you.
2. In Maryland, you will need two witnesses. Your Durable Power of Attorney for Healthcare cannot serve as one of your witnesses. Also, one of your two witnesses must be someone who (1) will not receive money or property from your estate and (2) is not one you have named to handle your estate.
3. It is not a requirement to have your documents notarized in Maryland, but it is recommended. Some states require it.
4. Your doctor cannot override your Living Will. A doctor is not required to provide a "medically ineffective" treatment even if the Living Will asks for it.
5. Advanced directives are legal documents; however, you do not need to use a lawyer to complete one. The Maryland Office of the Attorney General has a website with information about Advanced Directives, including living will and advance directive forms to download and complete.

<http://www.marylandattorneygeneral.gov/Pages/HealthPolicy/advancedirectives.aspx>

Michael H. Walls, MSN, PhD, RN