



Menu 6 week **September 25 – September 29, 2017**

		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Milk Grain Fruit	Milk, Oatmeal, Pears	Milk, Biscuit and Jelly, Pineapple	Milk, Banana Muffin, Peaches	Milk, Scramble eggs, Toast, Oranges	Milk, WW Cereal, Bananas
Lunch	Milk Protein Grain Vegetable Fruit	Milk, Fish Nuggets, Dinner Roll, Green Beans, Mango	Milk, Chicken Teriyaki, Steam Rice, Corn, Watermelon	Milk, Ground Beef W Elbow Pasta, Peas, Oranges	Milk, Chicken Quesadilla, Corn, Apples	Milk, Ham Sandwich, cheese, lettuce, Berries
Snack	2 of 4 components Milk Vegetable or fruit Meat or Alternate Bread or Alternate, or Cereal	Yogurt w Cereal	Beans w Chips	Cottage Cheese W Pineapple	Cheese Sandwich	Corn w Parmesan Cheese

Our Center Participates in a USDA- Founded Program and is equal Opportunity Provider and Employee

