



## Menu 6 week **September 25 – September 29, 2017**

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Milk Grain Fruit	Milk, Oatmeal, Pears	Milk, Biscuit and Jelly, Pineapple	Milk, Banana Muffin, Peaches	Milk, Scramble eggs, Toast, Oranges	Milk, WW Cereal, Bananas
<b>Lunch</b>	Milk Protein Grain Vegetable Fruit	Milk, Fish Nuggets, Dinner Roll, Green Beans, Mango	Milk, Chicken Teriyaki, Steam Rice, Corn, Watermelon	Milk, Ground Beef W Elbow Pasta, Peas, Oranges	Milk, Chicken Quesadilla, Corn, Apples	Milk, Ham Sandwich, cheese, lettuce, Berries
<b>Snack</b>	<b>2 of 4 components</b> Milk Vegetable or fruit Meat or Alternate Bread or Alternate, or Cereal	Yogurt w Cereal	Beans w Chips	Cottage Cheese W Pineapple	Cheese Sandwich	Corn w Parmesan Cheese

Our Center Participates in a USDA- Founded Program and is equal Opportunity Provider and Employee

