

Central Chapter NJAMFT  
Presents our Spring 2018 Workshop



**Overcoming Divorce One Marriage at a Time:  
A Primer on Relational Life Therapy**

April 13, 2018  
Seton Hall University – Jubilee Hall  
8:30 am - 4:00 pm

Presented By:  
Eric Kispert, LCSW, LCADC

**(Registration 8:30–9:00, the workshop begins at 9:00)**  
**Lunch will be on your own. Food Court is next door**

6 Continuing Education hours for MFTs and LPCs, LCADC

## Description:

Created by the renowned marital therapist and best-selling author Terry Real, Relational Life Therapy is designed to go right to the core of marital conflict and quickly make positive, lasting change. During this workshop, therapists will receive a comprehensive overview of the model and of the elements that distinguish it from other therapies. In addition, attention will be given to the societal shift away from the traditional patriarchal marriage to one rooted in respect and collaboration. During a discussion on RLT skills, opportunity will be interwoven for individuals to explore their own primary relationship. Ultimately, participants will leave this training with tangible skills they can begin using in their next couple's session.



## Learning Objectives:

- Acquire a thorough understanding of the RLT model
- Utilize the Relational Grid™ as a road map for change
- Identify & optimize leverage to shift the relational dance
- Learn five major RLT skills
- Increase awareness of professional edges

## About Our Speaker:

Eric Kispert, LCSW, LCADC has been a clinician for 22 years. He is a master certified therapist from Terry Real's Relational Life Institute, one of only 40 in the nation to receive this designation. Eric received his Master of Social Work and graduated with honors from Marywood University.



In 2000, Eric founded Denville Family Counseling and is its Director. Eric is a consulting therapist to the New York and Newark offices of the FBI. In addition, Eric has been an adjunct faculty member at Rutgers Graduate School of Social Work for 17 years.

Eric has lectured extensively on the topics of marital therapy, male intimacy and addictions. He is known as being a passionate, engaging and humorous presenter.

**First Time NJAMFT Workshop Attendees:**  
**Receive a Special Discount!**

**REGISTRATION**

Name:

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	<b><u>Early Bird (Before March 30)</u></b>	<b><u>After March 30</u></b>
AAMFT Member	\$120.00	\$135.00
Non-Member	\$150.00	\$165.00
<b><u>1<sup>st</sup> Time NJAMFT Wrkshp. Attendee</u></b>	<b>\$75.00</b>	<b>\$90.00</b>
Student /Retired	\$60.00	\$75.00
AAMFT Board Member	\$50.00	\$50.00

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*Kindly make checks out to: **NJAMFT**. The registration fee, less a \$25.00 administrative fee will be refunded if notice of cancellation is received two weeks prior to the workshop. No refund will be issued to a registrant who does not attend the workshop.*