

Southern Chapter NJAMFT Fall Workshop



Click, Connect, Love: The Impact of Social Media on Relationships And The Family

November 18, 2016

Presented By:

Kristine Seitz, M.Ed, MSW, LSW

The Mansion in Voorhees

3000 Main Street, Voorhees NJ 08043

8:00 am – 3:30 pm

(Registration & Continental Breakfast 8:00–8:30, the conference begins at 8:30)

6 continuing education hours for MFTs and LPCs

Texting, sexting, ghosting, twitter, snapchat and Instagram. Social media is now an unavoidable and overarching aspect of our life together. Whether we're waiting in line, crossing the street, riding the train or trying to get work done, the pull of social media is always with us.

As therapists it's hard for us to keep up with the changing landscape of all the ways people are connecting online. The profession as a whole also lags behind in establishing best practices for both social media use by therapists and treating clients whose lives have been affected by online dating, texting arguments and facebook affairs. Ethics surrounding social media and therapy are evolving at a fast pace and yet still fall behind as well.

At the same time, having conversations with friends and relatives separated by time and distance, finding support for life's challenges and issues and being able to feel understood and heard by a community are also part of our online lives.

Kristine Seitz specializes in the impact of social media both clinically and in her research. Her interactive style and breadth and depth of experience and know-how adds to her engaging presentation style. Join us as we explore this important topic that impacts us all.

Ms. Seitz is currently pursuing a Ph.D. at Widener University in Human Sexuality Studies where her research and experience involves all aspects of technology and relationships; communication, online dating, positive impacts, revenge pornography, sexting, and use in affairs. She has several practice locations in South Jersey including the Council for Relationships in Voorhees.

First Time Conference Attendees
Will Receive A Special Discount !

Workshop Learning Objectives

1. Define the term social media
2. Identify at least five different ways people use social media
3. Identify differences between normative and problematic social media use
4. Demonstrate an understanding of the impacts of social media use on the individual, the family and relationships
5. Utilize systemic thinking to understand social media's impact
6. Evaluate current research findings on social media individuals, families, and relationships
7. Analyze the benefits of clinical interventions addressing social media
8. Identify at least two benefits of addressing social media in therapy

Workshop Schedule

- 8:00 a.m. Continental Breakfast, Registration, Networking
- 8:30 a.m. The Current State of Social Media
- 9:00 a.m. The Good, The Bad, The Ugly: How We Use Social Media
- 10:15 a.m. Break
- 10:30 a.m. The Impact of Social Media on Individuals, Relationships and Families
- 11:30 a.m. Interactive Question and Answer Session
- Noon: Lunch
- 1:00 p.m. Current Research Findings
- 2:15 p.m. Break
- 2:30 p.m. Clinical Interventions Addressing Social Media Use
- 3:15 p.m. Wrap up, Evaluations, CE Certificates



REGISTRATION

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	<u>Early Bird</u>	<u>After November 1</u>
AAMFT Member	\$110.00	\$120.00
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Includes Continental Breakfast and Lunch
 Vegetarian Non-Vegetarian Kosher

*Kindly make checks out to: **NJAMFT Southern Chapter**. The registration fee, less a \$25.00 administrative fee will be refunded if notice of cancellation is received two weeks prior to the workshop. No refund will be issued to a registrant who does not attend the workshop.*

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