



Presented by Veritas Risk Services

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## **Do You Know the Signs of a Kidney Stone?**

A recent study published in the Mayo Clinic Proceedings journal found that the prevalence of kidney stones has increased more than fourfold in women and more than twofold in men over the past 30 years.

If treated in a timely fashion, kidney stones usually don't cause permanent damage. Seek immediate medical attention if you experience any of the following:

- Pain so severe that you can't sit still or find a comfortable position
- Pain accompanied by nausea, vomiting, fever or chills
- Blood in your urine
- Difficulty passing urine