

# ELIOT NEWS

A Publication of Eliot Neighborhood Association

Volume 26 • Number 4

Fall 2017

## New 52-unit Apartment Building to Kick-off Cascadia's Health and Wellness Campus

By Angela Kremer



**G**arlington Place Apartments will open its doors in February 2018, offering 52 housing options including studios, one-bedroom and two-bedroom units. The four-story apartments will anchor the northern corner of Monroe Street and Martin Luther King Jr. Boulevard, offering 31 units for anyone qualified, with preference for former North and Northeast Portland residents. In addition, 10 units will be for Veterans who qualify and who are facing homelessness, as well as 10 units for people with mental health challenges. Cascadia will begin accepting Garlington Place applications through the Portland Housing Bureau's Preference Policy on **Monday, October 16<sup>th</sup> in anticipation of new tenants moving in as soon as February 2018**. This article is the third in a series describing Cascadia's Garlington Health and Wellness campus, and explains the Garlington Place amenities and application process.

When Garlington Place Apartments opens in a few months, it will offer a unique, beautiful, and thoughtful place for people to call home. Cas-

cadia has carefully planned the process. They plan to hire a half-time resident services coordinator and a full time on-site manager to support integration into the community, as well as an application support staff, who will be available at the North/Northeast libraries during the application acceptance window from October 16<sup>th</sup> to 30<sup>th</sup>. Check websites of both Portland Housing Bureau and Cascadia Behavioral Health for details.

You may be wondering what it would be like to live at Garlington Apartments. Garlington Place was designed for bringing people together. "The design of the building, from the inception of integrating health and housing, to the site design, kitchen and exercise, is part of encouraging people to connect with the community and improve their lives and health," according to Jim Hlava, VP of Cascadia Housing. Living at the heart of Martin Luther King Jr. Blvd. and Monroe Street will include Garlington health and wellness activities, as well as access to Eliot's eclectic mix of nonprofits, faith centers, music and art venues, and restaurants.

(See **GARLINGTON PLACE**, page 11)

## Seth Prickett: The Waypost Owner and Philanthropist

By Sue Stringer

**T**hirteen years ago, Seth Prickett's life was changed by a decision to participate in a study abroad program while attending Linfield College. He was the fifth-generation to be born and raised in Washington County, and he was eager to go somewhere far away and culturally different. The class offered in Ghana, Africa seemed to fit both of those desires. Ghana was the first sub-Saharan colony to gain its independence in 1957. Ghana because hosts a diverse population and is an example of democratic success. Prickett was a political science major and was also active in student government at Linfield. The history course he took that January was "Emergence of Modern Ghana," and his project looked at the political structure of the country and how it manifested from 1957 to today. What started as just a curiosity about Ghana's culture and history became a humanitarian and philanthropic venture that has helped to shape the future of Ghanaian children for years to come.

At the end of the term in Ghana, Prickett and 14 other students wanted to return the favor of generous hospitality for their guide, Charles Abakah. Abakah welcomed the students into his home and showed them around his community of Amonfro. The students wanted to know what Amonfro's greatest need was. The guide showed them many parts of the community including the primary school. It was a lean-to with no real protection from the elements, so if it was rainy or too hot the kids could not attend class. This meant that they were not getting their educational needs met for a large percentage of the year.

The Ghanaian students' enthusiasm for learning and the Linfield students' desire to help them have a safe and reliable school building led to a project to rebuild the local primary school. The value of the U.S. dollar goes a lot further in Ghana than in the states, and the Linfield students felt that they could raise enough money. They headed back to Oregon with motivation to complete the project.

Back in the states, Prickett was elected student body president. Each year, Linfield College students select a charity to receive the proceeds from their fundraising efforts. As president, Prickett decided that this charity would be the Amonfro School. "Usually they chose large charities like the Red Cross, which is just a drop in the bucket and we wanted to make a bigger impact," says Prickett. They raised half of the money needed by the time he graduated. After graduation, he went back to Ghana to



Seth Prickett, The Waypost co-owner, real estate agent and philanthropist

teach a 4<sup>th</sup> grade class and kept working on improving the school. He continued funding these improvements by sending Ghanaian baskets home to his parents, which they sold at their church.

The Amonfro Primary School was completed in 2007 and ended up costing about \$22,000. Prickett read Three Cups of Tea around that time--a memoir about Greg Mortenson's work building several schools in the middle east--and felt inspired to do more. So he set up a 501c3 and started planning the next project.

A trip to Big Milly's Backyard, a beach hang out in Ghana, proved fruitful. Prickett met David Ash, who said he started a nonprofit to build and renovate schools. "That's what I do!" exclaimed Prickett. Ash's nonprofit, Building for a Future Generation (BFG), was based out of Ghana and they didn't have a funding source. Seth had worked in the political world back in the U.S. so he knew how to have a fundraiser. Prickett founded Framework International and partnered with BFG. BFG watches over what happens on the ground and while Framework International raises funds. Each year in September, Framework International holds a garden party to raise funds for the new and existing school projects.

Framework International is now serving about 1700 students and has built a total of four schools.

Last year, the nonprofit focused on maintenance by repairing and renovating the original school. They replaced the roof and added a veranda which kept the classrooms cooler and gave the students a shaded place to sit outside.

In 2008 Prickett moved into our NE Portland neighborhood. Wanting to own a bar, he was intrigued when a mutual friend, Nathaniel Applefield, connected him to the owner of the Waypost. Michael Newman had owned the bar since 2006 and started talking to Prickett in 2010 about be-

(See **PRICKETT**, page 10)



Eliot Neighborhood Association

The Eliot Neighborhood Association is a 501(c)3 nonprofit organization whose members are the residents and business owners of the Eliot Neighborhood. Its purpose is to inform Eliot residents about issues affecting the neighborhood through meetings, newsletters and other activities. Members of the neighborhood association must be over 14 years old and live, own property, have a business, or represent a nonprofit within the neighborhood. The Eliot Neighborhood Association was founded in 1969. It is recognized by the City of Portland, is a member of the Northeast Coalition of Neighborhoods, Inc., and its members represent Eliot on other committees.

Eliot Board

- Co-Chair - Jere Fitterman - jerefit@gmail.com 503-504-9308
- Co-Chair - Patricia Montgomery - needachange@comcast.net 503-758-1263
- Recorder- Shireen Hasan - shihas\_2005@yahoo.com
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- Angela Kremer - angelahkremer@gmail.com 503-284-9136
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- NECN Rep - Jeri Stein “Bee” - originalelements@gmail.com 503-522-9136

Land Use and Transportation Committee

- LUTC Chair - Allan Rudwick - arudwick@gmail.com 503-703-3910
- LUTC Vice Chair - Mike Warwick - mike.warwick@pnl.gov 503-284-7010
- Paul Van Orden - pvossicles@gmail.com 503-522-3648
- Laurie Simpson - laurie@mosiarch.com 503-280-1005
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- Clint Lundmark - clintlundmark@gmail.com 503-552-8678
- Montse Shepherd- montsearribillag@gmail.com

Eliot Monthly Meetings

Meetings of the Eliot Neighborhood Association are held on the third Monday of each month at 6:30 pm St. Philip the Deacon Church, 120 NE Knott Street (unless noted otherwise). It’s a great opportunity to meet your neighbors, stay informed, help build a stronger community, and have input into city decisions that may effect you.

All meetings are open to the Public. All meetings are held at St Philip the Deacon Church 120 NE Knott Street.

GENERAL MEETING — OCTOBER 16, 6:30-8:30pm

- Land Use Meeting - October 9, 7:00-8:30pm
- Neighborhood Meeting - October 16, 6:30-8:30pm
- Land Use Meeting - November 13, 7:00-8:30pm
- Neighborhood Meeting - November 20, 6:30-8:30pm
- Land Use Meeting - December 11, 6:30-8:30pm
- Neighborhood Meeting - December 18, 6:30-8:30pm

For agendas and more information, see www.eliotneighborhood.org

Directions: St. Philip the Deacon Church - southeast of the Matt Dishman Community Center on the corner of NE Rodney Avenue and NE Knott Street

Eliot News

Eliot News is published four times a year by the Eliot Neighborhood Association. It is mailed free of charge to every address in the neighborhood. It does not have an ISBN or ISSN.

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Rights to articles are retained by the author. Opinions of the authors do not necessarily reflect the official positions of the Eliot Neighborhood Association.

ELIOT NEWS AD RATES

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Ad deadlines are 3/8, 6/8, 9/8, and 12/8.

Contact Sue Stringer at news@eliotneighborhood.org or 971-255-0697

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1/16 Page	4.9” W x 1.8” H	\$32	\$61	\$88	\$112
1/8 page	4.9” W x 3.8” H	\$64	\$122	\$173	\$220
1/4 page	4.9” W x 7.8” H	\$128	\$244	\$347	\$440
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Website: eliotneighborhoood.org ♦ :@EliotNeighborhd  
 : Eliot Neighborhood ♦ : eliotneighborhood

Letter from the Editor

By Sue Stringer

Fall is here and it always makes me approach life with a different lens. The leaves change color and float to the ground giving us a wider and clearer view of our city. Sometimes it takes looking at things from a different angle to see the benefits and opportunities of change.

There is a lot of change happening in Eliot. Since January of 2016 our neighborhood has gained over 400 new residential and business address. That means that at least 1000 new people are experiencing our neighborhood maybe for the first time or perhaps returning after being away for a while.

In addition to all the new residential buildings and offices that have already come online we are looking at more housing available from the Garlington Place Apartments, a new affordable housing complex on MLK

and Cook, and the long awaited and debated development of the block owned by Legacy Emanuel on Williams and Russell.

All the residents of these buildings and offices have talents to bring to the table and the older residents of Eliot also have perspective and talents to share. It seems to be a common thread in a lot of conversations that I have with residents as I take my daily walk around Eliot.

One such conversation was with Jimmy Wilson, the manager of the food carts on Vancouver and Fremont. He feels that his carts have brought opportunity to our neighborhood by providing jobs to food cart owners trying to share their talents and also has created a place that Eliot residents can come together to dine and get to know one another. We plan to spotlight Jimmy Wilson in our next

(See **LETTER** , page 7)

A Note to Our Readers: Accessibility	TABLE OF CONTENTS
At the Eliot Newsletter, we recognize that Eliot is home to a diversity of individuals. We commit to providing more information to our readers about the accessibility of local establishments. We hope that this information will be helpful to residents with limited mobility, and perhaps will additionally provide incentive for local businesses to look for ways to include all potential patrons.	Garlington Place & Wellness Ctr.....1 Seth Prickett—The Waypost.....1 Letter from the Editor..... 2 Letter from the Chair..... 3 Pick it Up Portland..... 3 Within and Beyond Eliot.....4 Eclipse from a Hospital Bed.....4 Clean Start PDX Launches.....4 Letter from LUTC Chair.....5 Open Signal Fall Events.....5 Ricardo Nagaoka - Photographer....6 Constructing Hope.....7 Unity Center Update.....7 History of Bridges Café .....8 Emanuel Lot Development.....9 Open Studios PDX Event.....9 Sewer Project Update.....10 Event Calendar.....12

Your Eliot Real state Report from...

KIRSTEN LOMAX SESSIONS  
ELIOT NEIGHBORHOOD REAL ESTATE SPECIALIST

“Call me today for a free market evaluation of your property”

Active Listings	Bed	Bath	Sq Ft	Price
30 NE Stanton	3	2	2385	\$545,000
506 NE Monroe	5	2	3739	\$550,000
58 NE Cook	3	1.1	2251	\$699,000
56 NE Fargo	4	2	3541	\$749,900
Pending Listings				
2056 NE Rodney Ave	3	2.1	1806	\$489,000
Sold Listings				
121 NE Hancock	5	1	3020	\$349,500
2836 NE 7th Ave	2	1	2427	\$460,000
2602 NE 7th Ave	4	2	2736	\$564,900
220 NE Ivy	3	2	2388	\$565,000
33 NE Cook	3	1.1	2267	\$581,500
2507 NE 7th Ave	3	2	2082	\$615,000
213 NE Stanton	3	2	3161	\$658,400
2338 NE 7th Ave	3	2	2985	\$660,000

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# Letter from the Chair

By Jere Fitterman

## Come Together for Eliot Community Conversation October 16, 2017

Eliot’s Fall General Meeting or “Town Meeting” will be Monday October 16, 2017 at 6:30 pm. During this meeting Board Members will be elected for the next year. All members of the Eliot Neighborhood can vote. All members can bring forward motions as well at this time.

In addition to the Board election, the current Board wants to hear from you all about priorities for 2018. You will have an opportunity to join one of several conversations, plus add your written comments to any other topic.

Topics for Community Conversations will include:

- Clean air or clean water- **Air Pollution Reports** <http://necoalition.org/report/>
- Livability
  - ◊ **Annual Clean Up**-in the past our only fundraising event-City supported opportunity to dispose of large items
  - ◊ **Litter Pick-Ups**-a two hour volunteer event every other month (the warm, dry ones) partnered with SOLVE
  - ◊ **Adopt-a-Block**-a neighbor keeps litter off their own block
  - ◊ **Ivy/Rodney Diverter Enhancement Project**-2018 grant supported neighbor effort to make this traffic diverter safer and greener. We need work party leaders (planting, food, music, art and celebrations)
  - ◊ Northeast Coalition of Neighborhoods, NECN, received grant from city to fight livability issues in inner NE and SE Portland. The project, **Clean Start PDX**, is based on the Downtown Clean and Safe program developed by Central City Concern <http://www.centralcityconcern.org/services/employment/cc-c-clean-start/> where individuals who have been impacted by homelessness, poverty, or addictions receive vocational training, a living wage, access to services, and case management while providing services such as litter pickup, biohazard disposal, and graffiti removal. <http://necoalition.org/necn-receives-grant-city-fight-livability-issues-inner-ne-se-portland/>
  - ◊ other “beautification” topics.
- Newsletter topics and contributors-Eliot Newsletter is published and mailed quarterly to all addresses in Eliot. Join the crew!
- Social events
  - ◊ National Night Out (<https://www.portlandoregon.gov/oni/55345>),
  - ◊ Block Parties, Celebrations or
  - ◊ other social events
- Safety and safe streets
  - ◊ **Neighborhood Watch** (If you live in Portland and are interested in our Neighborhood Watch Program, visit us at [www.portlandoregon.gov/oni/neighborhoodwatch](http://www.portlandoregon.gov/oni/neighborhoodwatch)) and/or
  - ◊ **Community Foot Patrol** (To learn more about FPs, please visit <https://www.portlandoregon.gov/oni/article/320556>) Community Foot Patrols are organized to increase the safety and livability of their neighborhood. They walk their neighborhood streets, parks or schools to build community and identify and report problem areas. They may also identify projects for the group to work on that enhance the livability and vitality of the Northeast Action Team, NEATS, are groups created to respond to need in N/NE Portland. We address racial, social, environmental, class and justice issues through advocacy, education, and direct service provision. All NEAT proceedings are guided by our Equity and Inclusion policy. <http://necoalition.org/projects/northeast-action-teams-neats/>
  - ◊ Parking, traffic or other car related issues
  - ◊ **Neighborhood Emergency Preparedness Team**-In Dec 2015, Boise, Eliot, and Humboldt neighbors formed a Neighborhood Emergency Preparedness group to help residents prepare for earthquakes and other emergencies. All are welcome to join this group. Some of the group members are trained by the Portland Bureau of Emergency Management (PBEM) as Neighborhood Emergency Team (NET) responders. Anyone can take this training, and you can sign up for the class waiting list <https://portlandprepares.org/net-teams>

## Livability Committee Update - “Pick it Up, Portland”

By Lauren Mullen

... And the news from the front lines of the battle against litter: As part of a new city-wide initiative, the Eliot Livability Team recently led the local effort of "Pick it Up, Portland!" On a clear and warm Thursday morning at the end of August, 26 volunteers gathered to collect 40 bags of litter from Eliot's streets and sidewalks. Many thanks to the dedicated volunteers who came from near and far to help clean up our neighborhood. Special thanks to Widmer Brothers Brewery, who donated beer and cider as well as sending volunteers for the event, and to New Seasons Market, whose staff volunteered their time and provided tasty refresh-

ments.

Many thanks as well to the newest members of Eliot's Adopt-a-Block program. We are now going strong with 17 blocks adopted, and a cash-prize lottery to reward residents who have committed to keeping their blocks free of trash and litter. If your block has not yet been adopted, please consider joining us! Email [laurmullen01@gmail.com](mailto:laurmullen01@gmail.com) if you are interested. Our first recipient of the cash-prize random drawing is Carlene St. Thomas. Thanks for making a difference Carlene and thanks to all the adoptees who help make Eliot a great neighborhood to live, work and play.



## Have you considered a job as a school bus driver?

Do you like engaging with young people as a positive role model?  
Do you enjoy a job with a change of scenery?  
Is time off for holidays, projects, or travel important to you?

Portland Public Schools provides school bus service to families of children with special needs. Our operation frequently needs conscientious, caring individuals to join our team.

**new wage** **\$16.25 hourly**  
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[www.lloydeanpresents.com](http://www.lloydeanpresents.com)

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# Within and Beyond the Borders of Eliot: Food Carts

By Alex Freedman, Alexandra Weinstein, and Sue Stringer

This column features businesses in Eliot and just beyond our neighborhood's borders to help our residents learn what exciting businesses and opportunities are located in and around our amazing neighborhood.

This issue's focus is on food carts. Portland is becoming known for its mobile food and we have a number of tasty options in and just outside of Eliot.

## Within Eliot...

**Food cart Pod , Jimmy Wilson, Manager**  
3441 N Vancouver Ave (corner of Fremont and Vancouver across from New Seasons)  
ADA Accessible

**Smoothie and Chill**  
(503)726-8049

**Stoopid Burger**  
(971) 801-4180

John Hunt and Danny Moore started this food cart in 2014. With delicious hand formed burgers with tasty toppings and hand cut fries making up the bulk of the menu at Stoopid Burger it's no wonder the Oregonian People's Choice contest voted these the best burgers in 2016. Don't forget to

try the Stoopid Sauce on your burger and be sure to order a Stoopid Juice while your at it.

**Thai Palace**  
(503) 954-8011

Thai Palace serves delicious, generous portions of classic, MSG-free Thai food. The Massaman curry with chicken is rich and creamy, served beside fluffy jasmine rice. And don't skip the iced matcha green tea with tapioca bubbles. Perfectly refreshing!

## BBQ Soul

The scent of roasting meat from BBQ Soul made my mouth water as you approached the cart, and I wasted no time in ordering a pulled pork sandwich, selecting the maple-infused BBQ sauce to add to it. I knew the second I sank my teeth into my sandwich that I made the right choice. Lachisa Gill, one of the operators of the family-run business, also speaks particularly highly of the BBQ chicken that the cart prepares. BBQ Soul has only been in this pod for the past three weeks—make sure to do yourself a favor and stop on by soon for some stand-out BBQ before the rest of the city finds out about this great joint and you have to beat the

crowds!

**Meche**  
(971-271-2738)

Meche offers a curated selection of Mexican fares. The green chicken enchiladas stand out having so much flavor and the Spanish rice is amazing. The real winner of the menu is their homemade horchata. While the horchata that you'll find at many food carts is made with a mix, the horchata at Meche is made from scratch, using a recipe that one of the operators of the cart developed and perfected herself. For the uninitiated, horchata is a milky tasting iced drink flavored with cinnamon, and vanilla—although you'd never guess that Meche's version is dairy-free, given how creamy their special drink is. The secret ingredient is oatmeal! The perfectly refreshing drink as we ease out of summer, horchatas also serve as a salve to the palate after a spicy bite.

Stop by from 3-8pm Monday Tuesday, Thursday and Friday and Saturday from 10am-5pm

MLK and sacramento

## Beyond the Borders...

**MF Tasty**

# Man Sees Eclipse from His Hospital Bed

By Vicki Guinn

The team at Legacy Emanuel Medical Center made sure Thomas "Tom" Frisch saw the eclipse – despite being in a hospital bed.

On the morning of the eclipse, Tom, 42, an independent videographer who lives in North Portland, and some friends took public transportation to Oregon City; they then set out on bicycles en route to Molalla to view the total eclipse.

Unfortunately, Tom was struck by a vehicle while cycling. Taken by ambulance to Legacy Emanuel — arriving about 9:30

3925-3927 N Williams Ave  
(602) 740-8861  
ADA Accessible

Tucked into a patch of pavement on Williams, MF Tasty's menu is full of southwest-inspired fare, from pork anchote "cemita" sandwiches to a rotating Spanish paella. And the chefs feature fresh ingredients from local farms and businesses. Closed Monday and Wednesday, and only 5 - 8:30pm for Taco Tuesday!

# CCC Clean Start PDX Launches in Eliot and Surrounding Areas

By Sue Stringer

Central City Concern has had a positive impact on many Portland residents. As their website states, "Central City Concern (CCC) is a 501 (c)(3) nonprofit agency serving single adults and families in the Portland metro area who are impacted by homelessness, poverty and addictions. Founded in 1979, the agency has developed a comprehensive continuum of affordable housing options integrated with direct social services including healthcare, recovery and employment."

One of CCC's mentored employment programs, with a new focus in Eliot

and the surrounding areas, is CCC Clean Start PDX. The new team is up and running and the feedback from Central Eastside has been positive. Residents are seeing the truck and noticing the cleaner streets. Everyone benefits in the launch of this new program.

If residents have specific issues they can email their concern and it should be handled within 24 hours.

CCC Clean Start PDX:  
cleanstartneen@cccconcern.org

Central City Concern:  
Cccconcern.org



With a great view from his hospital bed, Tom Frisch and the hospital staff of Legacy Emanuel viewing the eclipse



# Letter from the Land Use Chair—End of Summer Update

By Allan Rudwick

I'll talk transportation first because there are a few things going on this front. TriMet has a survey (<https://trimet.org/future/priorities/index.htm>) of what improvements they should make this year. There was a bump in bus funding statewide as part of a large transportation package that passed this year. At the top of Eliot's priority list would be extending line #24 to NW Portland. The #24 is currently a marginally useful line that runs from Legacy Emanuel hospital east along Fremont to Gateway TC. The proposal is to have the line continue westward across the Fremont bridge to Goose hollow, connecting to the MAX on both ends.

At our September Land Use Meeting, on September 11th, we will meet with Portland Streetcar, Inc. about their future expansion plans which don't seem to include a streetcar on MLK in Eliot in the near future, and a representative from the Portland Bureau of Transportation.

Another major transportation topic has been coming to a head lately. A new advocacy organization calling itself 'No more freeway expansions' (<https://nomorefreewayspx.com/>) has been pushing the City of Portland to remove the I-5 Broadway/Weidler expansion project from its Transportation System Plan. This would be a huge blow to the project and a step in the right direction for Eliot in my opinion. If advanced, this highway widening is the plan that would cost upwards of \$400 Million to slightly widen I-5 for 1 mile while disrupting traffic in Eliot substantially over the course of several years. Eliot has been on record opposing this project since it got to a final plan and we expect to continue to do so at every opportunity.

Portland's Comprehensive Plan update is nearing completion. The plan is supposed to guide us through 2035

and started about 7 years ago. Once this comes into effect, zoning changes that have been discussed in Eliot for a long time will slowly take effect. Some of the construction currently going on in Eliot is going up now due to down-zoning that will take place during this effort.

There are a few updates on large development projects currently going on. The Cross-Laminated Timber (CLT) building at Fremont and Williams is nearing completion, and the building that will take the space to the south of it is going through the design approvals process. That project will be 6 stories, with a 2 story building behind it. Another project proposal at N Cook and Williams is proposing to have 6 stories with underground parking. Several projects along Williams near Monroe have stalled due to a developer folding, but there are still quite a few construction projects going on right now. Cascadia Healthcare's Garlington center is near-

ing full height along Martin Luther King, Jr Blvd as is Bridge Housing's project near Ivy Street. Several projects along the southern Vancouver/Williams corridor seem like they will wrap up this winter.

We have also seen plans for a few other projects but none of them seem to match the same scale of these projects under construction. This may be due to a lull in permit applications that is currently going on around the city. Things may pick up again after the updated Zoning map takes effect and developers figure out how to capitalize on the new zoning that is coming.

To stay up to date, you can find our meeting agendas and minutes online at <https://eliotneighborhood.org/category/land-use/>

See you around the neighborhood!

## Open Signal Launches Oral History Project and New Fall Events

By Anna Daggett

Open Signal, located on MLK and Graham, has been producing community media content for cable access channels for the last 35 years. Their stated mission is, "With a commitment to creativity, technology and social change, Open Signal makes media production possible for everyone. We provide skills, equipment, inspiration, and we amplify local voices on five cable channels."

At the beginning of 2017, Open Signal brought on new leadership and they began to invest more energy and resources into community outreach and the production of innovative experimental and artistic programming. Rebecca Burrell, Director of Strategy & Development at Open Signal, explained, "We want this to be a safe space for people to experiment with new modes of media production. We want them to come and learn animation and visual effects and experimental techniques. We're now providing opportunities for people to learn how to use old school, analog equipment for creative purposes."

On August 26th, Open Signal, along with neighborhood leaders, hosted a block party called NE Block Party: Bring that Beat Back! Live music, immersive media installations, and food booths filled Graham Street. The Airstream trailer that graces Open Signal's parking lot is home to a project called Stream PDX, a community podcast and storytelling studio. During the Block Party, the Airstream functioned as a story collection booth. If a NE resident wanted to share a story about the neighborhood, they could step inside Stream PDX and record their story with long-time Open Signal producer Elijah Hasan.

The stories that Open Signal and Elijah Hasan gathered during the Block Party are the first pieces of a larger neighborhood oral history project. Rebecca Burrell mentioned, "We're trying to dip ourselves into this slowly, partly because a lot of history that people have to share is painful. There's baggage and emotion and stress associated with the way this

neighborhood has changed." If you are interested in recording a story about the neighborhood as part of this oral history project or want to know more about the project, contact Lindsay Kaplan, Community Engagement Director, at [Lindsay@opensignalspx.org](mailto:Lindsay@opensignalspx.org).

This fall, Open Signal is ramping up their community outreach efforts and they are hosting numerous exciting events. One new event that Open Signal is putting on once a month from September through December is called A.V. Party. A.V. Party is a live performance and collaboration between media makers and musicians. There's a small ticket fee to watch A.V. Party of \$8 to \$10, and Rebecca Burrell mentioned that no one will ever be turned away due to funds. Below is a list of the other events that Open Signal is hosting this fall. Attend an event and familiarize yourself with all of the resources Open Signal offers to anyone who wants to create their own media!

### Upcoming Events

**A.V. Party: \$8-\$10**  
*In an homage to the iconic Glenn O'Brien's cable access variety show "TV Party," Open Signal has launched "A.V. Party," a series of experimental audio and visual performances by local talent, hosted in Studio A.*  
9/6, 7-9:30 pm  
Repeats 10/11, 11/15, 12/13

**Night Lights Launch Party at Open Signal: Free**  
*Join Open Signal, RACC and the 2017-2018 Night Lights artists as they give a sneak peek of their new work. Project a media piece of your won in Open Signal's parking lot during Bring Your Own Beamer, with food and guest DJ.*  
9/20, 7-9:30 pm

**Night Lights at RACC: Free**  
*Every First Thursday, Open Signal and the Regional Arts and Culture Council (RACC) present Night Lights, a large-scale outdoor video projection series in the parking lot at RACC's Pearl District office. After dusk, last two hours.*  
10/5 - Pepper Pepper  
11/2 - Stephanie Mendoza  
12/7 - Ezekiel Brown

**Post-Truth Screening: \$8-\$10**  
*Open Signal and Lower Boom has offered stipends to media-makers to make work about "post-truth," or what it's like to live in the era of fake news. At this screening, see the culminating work by artist Carl Diehl, Niema Lightseed, Tabitha Nikolai, Dawn Jones Redstone & Brennan Dwyer and Garima Thakur*  
11/3, 7-9 pm  
**New Media Fellow Artist Talk - \$8-10**  
*Meet our fall 2017 New Media Fellows*

and learn more about their artistic practices and future projects at Open Signal.  
11/30, 7-9 pm

**TV Takeover Pilot Screening - Free**  
*Come have a drink and catch the premiere of TV Takeover, a participatory experimental content on Open Signal channels 22 and 23 - at the same time.*  
10/27, 7-9:30 pm



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# The Eliot Neighborhood through the Lens of Ricardo Nagaoka

By Anna Daggett

Ricardo Nagaoka is new to the Eliot Neighborhood. He hasn't borne full witness to its creeping gentrification over the past few decades, but he arrived at a critical time in its history. Neighborhoods are always undergoing flux, but Eliot is currently changing at an extremely fast pace. This rapid transformation is the inspiration for his latest project, a book of collected portraits of long-time local residents.

Nagaoka is a photographer by profession who, despite his short time in Portland, has already become very involved in the community and produced stunning portraits. He has photographed Latin@ Portland Public Schools students for the ¡Sí Se Puede! Student Recognition Event, has shown work at galleries like c3: initiative in St. Johns, and has been photographing people in the Eliot neighborhood.

Nagaoka first started photographing Eliot residents because his natural inclination is to photograph his surroundings, his home. Home is a word that can be infused with a veritable panoply of meanings and corresponding identities. Ricardo Nagaoka is a sansei--a third generation Japanese person born on soil outside of Japan. His grandparents immigrated to Paraguay after the events of WWII in order to make a new life upon the rich Paraguayan soil. Nagaoka grew up navigating between cultural frame-

works and identities.

Years later, while attending RISD and contemplating what to focus on for his photography thesis project, he realized, "This is normal to me that there are Japanese people in Paraguay, but most people don't know this story." Nagaoka proceeded to use his Fujifilm camera and Portra 400 film to document the cultural terrain he grew up within: the Japanese diaspora in Asunción, Paraguay. He published a book of these images, titled *A Distant Land*.

Now, Nagaoka is working on a project that will eventually become his second book. The project's begin-



nings are rooted in conversations he had with his neighbor and long-time Eliot resident, Dante Graham-Preston. Graham-Preston was organizing an August 26th Block Party to celebrate the neighborhood's roots and to bring awareness of the neighborhood's his-

tory to new Eliot residents. He reached out to Nagaoka and asked him to make portraits of Eliot residents to display at the Block Party. Nagaoka had already been making portraits in the neighborhood and enthusiastically agreed to Graham-Preston's request.

Fairly quickly, taking portraits in the neighborhood morphed into a project much bigger than the Block Party. He explained, "What pushed me to keep going with this project is that no one else is taking these pictures right now and there's only so much time before things change, whether for the good or the bad. But they're seemingly going to be changing very, very quickly, so that's where the urgency of the project came from." Continue reading below to hear Nagaoka's own words about the project.

**Why did you move to Portland, and specifically the Eliot neighborhood? Did you know anything about the Eliot neighborhood before you moved here?**

We moved to Portland because my wife got a job out here. We relocated from the East Coast, and we moved to the West Side because it was closer for her commute. It was not our scene. We were the youngest people there. I know Portland is the whitest mid-sized city in the country, so I was thinking, "Ok, where do I find the diversity?" My friends told me to go

to North Portland, and that's how I ended up in this neighborhood.

**How do you choose your subjects?**

I just walk around. If someone catches my eye or if I see someone that's around a lot, I approach them, tell them I'm doing a documentary project, and ask them what their history is in the neighborhood. I ask them, "How do you see the changes that



have been happening here the last 10 years?" It's been very insightful because I've gotten such a mixed batch of responses. To an outsider, it seems so black and white. Obviously, nothing ever is. Some people say that the neighborhood has been cleaned up and you don't have to worry about

(See **NAGAOKA**, page 12)



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# Constructing Hope Builds Careers for NE Portland Residents

By Alex Freedman

In the midst of Portland’s record-setting, \$2.5 billion building frenzy, upwards of 10,000 skilled construction jobs are going unfilled. Chronic labor shortages could be “the new normal,” according to a recent article in the Oregonian. ([http://www.oregonlive.com/business/index.ssf/2017/07/oregon\\_construction\\_boom.html](http://www.oregonlive.com/business/index.ssf/2017/07/oregon_construction_boom.html))

Constructing Hope is using this demand to fulfill their mission of helping low-income residents in their NE Portland community, especially those with a legal history, start careers in construction. Executive director Patricia Davis, who spent years working in HR, saw firsthand how ex-offenders were discriminated against in the hiring process. “If you had a felony, your application always went in the ‘no’ pile,” she says. Now, she’s working with people trying hard to get back in the system.

Founded in 1995 as part of the Irvington Covenant Church Community Development Corporation, Constructing Hope separated from the church in 2009 to focus exclusively on its state-certified pre-apprenticeship training. The 10-week, hands-on program “gave us the teeth to help these guys walk through the door,” says Davis.

The organization treats its program as a “holistic approach” for reintegrating someone coming from incarceration and reentering society. Modeled on a construction work schedule, the trainees show up and punch a timecard at 6:30 am for the 10 weeks of classes, and submit to random drug testing, like they will face in the workforce. “Because we targeted minorities, we knew they would have to be on top of their game,” says Davis, “to get and keep these jobs.” Participants graduate with flagging, forklift, and

OSHA 10 certifications, which are crucial for landing industry jobs.

Recruitment comes from partnerships with over 30 community organizations, including state employment offices, parole and probation officers, and the Central City Concern. Constructing Hope even travels to prisons and jails to give presentations on their resources.

And Constructing Hope is still expanding. Their newest program--still in its first year--targets local high-school aged youth in low-income families. Through a partnership with Airway Science, youth learn airplane-building skills, including riveting and sheet metal working. In the 3-5 week summer program, which also includes a 2 week STEM component, the boys and girls receive a grant-funded stipend.

Though Davis has struggled to find the funding for a stipend for the adult pre-apprenticeship program, she is confident that the training rebuilds lives and starts careers. The average starting wage of \$17 per hour can go up to \$26 per hour in a few years. Davis encourages her graduates to think ahead: “You can become a journeyman, even an owner. Contractors who have worked in the trades make the best construction business owners.”

Davis has seen that many of the men and women who come to Constructing Hope from incarceration are skeptical. They’ve been led on and let down time and again by a final background check. But they’re eager to work, build confidence, and start a career. “They’re the ones who stick in the jobs,” she says enthusiastically. “And that’s what gives me gratification.”

# Unity Center for Behavioral Health Celebrates Six Months of Progress

By Kristin Whitney

Six months after opening its doors, the Unity Center for Behavioral Health is proud of its progress and success in serving those suffering from a mental health crisis.

The Unity Center has shown that it can treat those having a mental health emergency more quickly and efficiently than traditional hospital emergency rooms. More important, Unity offers a new way of caring for this group of people, a third of whom are homeless.

“It is with sincere gratitude that I express my thanks for your service and attention to get me the help I truly needed,” one patient wrote. “I was very scared with what happened to me but now I am absolutely thankful for your patience. To all the nurses, doctors and staff thank you so much for your kindness.”

A collaboration between Legacy Health, Oregon Health & Science University, Adventist Health and Kaiser Permanente, Unity Center has cared for more than 4,500 patients since opening in early February 2017.

## A few milestones:

- Unity Center has been serving up to 27 to 30 patients per day in the Psychiatric Emergency Room who arrive by ambulance, police, walk-in and transfers from other hospital emergency rooms.
- On average, patients who need to move to inpatient beds at Unity are in the PES 15-20 before being admitted. For comparison, a patient in a traditional emergency room can stay in the ER up to 60 hours before a hospital bed is available for behavioral health patients.

- Early results show that Unity Center discharges 80 percent of patients on average after 20 hours of stabilization, mental health crisis intervention and discharge planning. Unity Center is admitting 21 percent of the patients who walk through its doors.
- In addition, the hospital has reduced the percentage of patients who discharge within 24-48 hours to 6%. This means the Psychiatric Emergency Room model is working as it was intended; to avoid unnecessary hospitalization while reserving inpatient beds for those



Unity Center Leadership Team—Back Row: Chanda Bailey, Judy Schumacker, Rachel Keeton, Dr. Amela Blekic, Juliana Wallace, Catherine Fettig, Pam House, Melissa Bierman; Middle Row: Kari Howard, Dr. Chris Farentinos, Kayla Swearingen; Front Row: Dr. Greg Miller, Samantha Osborne, Patty Danielson

- who are very ill and truly require in patient care.
- Some 25 to 30 percent of patients cared for at Unity Center say they are homeless or living in shelters.

For more information:  
Unity Center for Behavioral Health  
[unityhealthcenter.org](http://unityhealthcenter.org)  
Kristin Whitney, [kmwhitne@lhs.org](mailto:kmwhitne@lhs.org)

(LETTER from page 2)

issue being a long time resident and entrepreneur with stories and frustrations and perseverance.

The opportunity to take what we have as a neighborhood and apply our talents and share our stories is what we like to do in the Eliot Neighborhood Association. You have the opportunity to share at our October 16 general assembly meeting when we come together to have a community conversa-

tion/town meeting and also board election.

Embracing change is at the heart of personal growth and I hope that we all can take the opportunity for change to bring us together to create a better Eliot.

Please join us on October 16. I look forward to meeting you, hearing your story and give you an opportunity to share your talents with all of us.

Letters to the editor: [news@eliotneighborhood.org](mailto:news@eliotneighborhood.org)



DO YOU LIVE IN THE ELIOT NEIGHBORHOOD?

**CONCERNED ABOUT LOCAL AIR QUALITY?**


- Eliot Neighborhood Association in partnership with a grassroots network of Willamette River Industrial Neighbors, are seeking volunteers to represent Eliot neighbors in this effort to address air quality on both west and east sides of the river.

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Gathering Together: Bridges Café and Catering

By Alexandra Weinstein

Bridges Café and Catering is a restaurant in which the love of family and friends is palpable, both in the overall environment and in the taste of the food itself. The moment you walk into Bridges, you are enveloped by a sense of warmth and coziness. The café is intimate, and is filled with bright colors that lift the spirits even during the darkest days of winter. Coffee mugs are cheerfully mismatched, tabletops are covered in beautiful mosaics, and the scent of delicious food wafts through the air. After beginning many a weekend morning at Bridges, I sat down with Laura Lane-Ruckman, one of the owners of the restaurant, to learn more about the family-operated business and its connection to Eliot.

Longtime Boise residents, Lane-Ruckman and her husband Tom both came from backgrounds in fine dining before they bought Bridges in 2002. Over the last fifteen years, they have operated the restaurant and overseen the catering side of the business. The couple has been accompanied along the way with a dedicated staff, some who have worked there for nearly a decade, which speaks to the atmosphere of the restaurant.

While Bridges has long stood at the corner of NE Knott and MLK, Laura explained that their backgrounds and high expectations led them to recreate the menu and fundamentally change the way in which the restaurant operated when they took it over. They decided that all of the items on the menu

would be made completely from scratch, with careful attention to the sourcing of ingredients, including a commitment to using only organic dairy and eggs. Both the restaurant and the catering side of the business are responsive and sensitive to customers’ food allergies. While the couple collaborates with a nearby bakery to create their house bread, all of Bridges’ pastries and the challah are baked in-house.

Bridges’ menu is one that Lane-Ruckman describes as “Classic American” and reflects the melting pot of cultures in the U.S. Breakfast standards like omelets and French toast are presented alongside offerings inspired by the family’s ties to New Orleans, in addition to items that honor Portland’s appreciation of southwestern food. While the menu shifts according to the availability of produce, Lane-Ruckman smiles as she notes that a few dedicated customers have prohibited their favorite offerings from ever leaving.

Lane-Ruckman reflected on some of the changes that she’s noted in Eliot over the past fifteen years of operating the restaurant. She notes that today more restaurants are open in the neighborhood, which she considers a real positive, because now Eliot residents are accustomed to dining within the neighborhood, and those from other parts of the city are also drawn to the area. She loves it when she sees

(See BRIDGES on page 11)



Bridges Café & Catering

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Dining and Drinking in Eliot

Breakfast/Coffee/Cafés

Bridges Café	2716 NE MLK Jr.	(503) 288-4169
Compass Coffee Roasting	3290 N Vancouver	(888) 723-2007
Eliot E-Mat Café	2808 NE MLK Jr.	(503) 280-8889
Goldrush Coffee Bar	2601 NE MLK Jr.	(503) 331-5955
Little Gotham Coffee	722 N Page St	
Pine State Biscuits	125 NE Schuyler	(503) 719-5357
Tiny’s Café	2031 NE MLK Jr.	(503) 467-4199
TwentySix Café	2723 NE 7th	(503) 284-6033

Bars/Taverns

820	820 N Russell	(503) 284-5518
Bill Ray’s Dive	2210 NE MLK Jr.	(503) 287-7254
Bunk Bar	128 NE Russell	(503) 327-8234
Ex Novo	2326 N Flint	(503) 894-8251
Game Knight Lounge	3037 N Williams	(503) 236-3377
La Brewatory	670 N Russell	(971) 271-8151
Reverend Nat’s Taproom	1813 NE 2nd	(503) 567-2221
Secret Society	116 NE Russell	(503) 493-3600
Sloan’s Tavern	36 N Russell	(503) 287-2262
Waypost	3120 N Williams	(503) 367-3182
White Eagle Saloon	836 N Russell	(503) 282-6810
Widmer Gasthaus	929 N Rusell	(503) 281-3333

Groceries

Cathay Market	2858 N Williams	(503) 288-0330
Chuck’s Market, J&S Grocery	2415 N Williams	(503) 281-6269
New Seasons Market	3445 N Williams	(503) 528-2888
Knott St Grocery	2709 N 7th	(503) 284-7490
Super Market	2322 NE MLK Jr.	(503) 281-0844

Lunch/Dinner

Broder Nord	2240 N Interstate	(503) 282-5555
Izakaya Kichinto	102 NE Russell	(971) 255-0169
Mint	816 N Russell	(503) 284-5518
OX	2225 NE MLK Jr.	(503) 284-3366
Pizza A Go Go	3240 N Williams	(503) 335-0300
Popeye’s	3120 NE MLK Jr.	(503) 281-8455
The People’s Pig	3217 N Williams	(503) 347-2357
Queen of Sheba	2413 NE MLK Jr.	(503) 287-6302
Russell St Bar-B-Que	325 NE Russell	(503) 528-8224
Sizzle Pie	125 NE Schuyler	(503) 234-7437
Pocket Pub	2719 NE 7th Ave	(503) 287-3645
Sparky’s Pizza	2434 NE MLK Jr.	(503) 282-3000
Toro Bravo	120 NE Russell	(503) 281-4464

New Toastmasters Club Forms

By Kyle Dukelow and Katie Essick

Members of a new Toastmasters speaking club in Northeast Portland are issuing an open invitation to all interested community members to participate.

The Tall Tales Toastmasters club meets from 6-7 p.m. each Tuesday at Whole Foods Market, 3535 N.E. 15th Ave., Portland. The meetings are conducted upstairs in the Mount Bachelor Room.

“Having just formed this club, we are excited about drawing in new members who want to improve their public speaking skills and gain self-confidence,” said longtime Toastmasters member Kyle Dukelow. “I’ve seen Toastmasters change lives, and I know Tall Tales will do the same.” The club is part of Toastmasters Inter-

national (www.toastmasters.org) which teaches public speaking and leadership skills through a worldwide network of meeting locations. Toastmasters International has more than 345,000 members in almost 16,000 clubs in 142 countries. The organization, founded in 1924, is headquartered in Rancho Santa Margarita, California.

The registration and membership cost is \$51 and includes helpful speaking manuals. Membership renewal is \$51 every 6 months thereafter.

Visitors are welcome, and there is no obligation to speak. For questions, contact Kyle Dukelow at 503-720-3413 or kbduke-low@msn.com.





# Collaboration to Develop Land to Expand Mission of Healing in the Community

By Vicki Guinn

Legacy Health has joined the city of Portland and Prosper Portland in a collaborative effort to develop a vacant 1.7-acre block on North Russell.

The development process is aimed at engaging the people in the community impacted by displacement and will include medical care services, affordable housing and community amenities.

At today's news conference, Portland Mayor Ted Wheeler was joined by Legacy CEO and president, George J. Brown, M.D. as well as the Legacy Health board chair, Charles Wilhoite and Alisha Moreland-Capua from Prosper Portland, Kimberly Branam, the executive director of Prosper Portland and State Sen. Lew Frederick.

In a communication to employees, Dr. Brown explained the history behind this collaboration as well as the goals going forward:

"Later today, Legacy Health will participate in an announcement that I believe will have a significant impact on our community. Legacy Health has agreed to join in a partnership with the City of Portland and Prosper Portland, formerly known as the Portland Development Commission, to develop a new, multi-use complex. The complex will be developed on the Hill Block



Collaboration team from Legacy and Prosper Portland, Mayor Ted Wheeler and State Senator Lew Frederick

property, which is located adjacent to Legacy Emanuel Medical Center.

This development will benefit the community by helping to expand Legacy Emanuel's mission of healing in this community. It will also provide a new location for the spiritual center for what was once the center of Portland's African American community. It will provide an opportunity for retail space, for healthcare space and for community space. It will contribute to the pool of affordable housing that is sorely needed in our community. It is my hope that it will also provide a permanent space to honor the heritage of the African American community.

This complex will also provide one other important opportunity. It will be the home of a new family house.

(See LEGACY, page 12)

# Portland Open Studios - An Art Event Not to Miss

By Hilary Pfeifer

Portland Open Studios is thrilled to announce the list of over a dozen artists in NE Portland who will be opening their doors this October as part of the Portland Open Studios Tour, the city's largest annual art studio tour held in the second and third weekends of October. This group is part of a larger group of 106 artists in communities across the city who will participate in the event.



One of our neighborhood artists has her studio in Eliot. Karen Spencer, uses fabric, thread, and sometimes paint and other media to express the world around her. Using various methods, she creates her own fabric to be used later in her art by dyeing or printing. Spencer walks from NW Portland across the Broadway Bridge daily to her studio at NE Hancock and MLK Blvd and finds the view changes daily putting her in a perfect mind frame to create art.

During the open studio event, she will show works in various stages so visitors can learn about the complex and unique process of creating her quilt-like wall works. There will also be an on-site hands on makers space to try out fabric collage.

Other NE Portland artists who will open their studios to the public this fall include mixed media artist Maude May, wood sculptor Hilary Pfeifer, printmaker Shannon Buck, glass artist Kurumi Conley, paper cut artist David Friedman, peppermill maker Jonathan Glowacki, and painters Scott Conary, Tess Donohoe, Kamala Dolphin-Kingsley, Mike Southern, Samyak Yamauchi, Justin Auld and William Park.

Of this year's open studio group, 72 are returning artists and 34 are new artists. Candidates are scored via blind curation by a jury panel that rotates each year, including one professional artist, one artist educator, and one gallerist. This year's jury panel included painter Jill McVarish; Jiseon Lee Isbara, a textile artist, professor and current Dean of Academic Affairs at Oregon College of Art and Craft; and Caitlin Moore, curator at PDX Contemporary Gallery.

Artists are organized into neighborhoods, with one artist designated as a community leader to serve as point person for their community. This year, there are eight communities, including West Linn/Oregon City, Lake Oswego, Far West-Beaverton, Forest Park; Downtown/Pearl; North Portland/St. Johns; Northeast Portland; Southeast Portland, and Sellwood/Milwaukie.

This is the 19<sup>th</sup> year that Portland Open Studios has organized one of Portland's largest scale juried art events. Each fall, the selected artists open their studios to the public on the designated weekends between 10am and 5pm to showcase not only their work, but also their working process. The event is free to the public with a free smartphone app that visitors can download in the weeks before the event showing addresses and maps of all the participating artists.

As a non-profit, Portland Open Studios directly supports the event by printing a collectible Tour Guide. The Tour Guide provides images and information on all the participating artists, as well as information about other art related businesses, schools and workshops, and art-loving restaurants in areas where many open studios are concentrated. The \$15 guide will be available mid-June online, and at many local businesses including New Seasons Markets and the Portland Art Museum. To see the complete list of participating artists and find out where to get a directory, please visit our website at [www.pdxos.com](http://www.pdxos.com)

Karen Spencer  
[karsunspen@me.com](mailto:karsunspen@me.com)  
503-799-9577  
[www.karensundayspencer.com](http://www.karensundayspencer.com)  
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106 studios all over Portland, including 14 artists in NE Portland



*Stay tuned for the next issue*  
**OF THE ELIOT NEWS...**

⇒ In the mean time join [Nextdoor.com](http://Nextdoor.com) to keep up with events and announcements—we post there between issues

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(Continued from page 1)



The Waypost bar located at 3120 N Williams Avenue

coming a co-owner.

In 2016, Newman had owned The Waypost for 10 years and was ready for a change so he brought in Brenton Iverson. Iverson is now the co-owner with Prickett and handles all the day to day operations. “Funny enough, it was through Nathaniel that the Brenton connection was made. We joke that Nathaniel is the Waypost angel that’s always watching over and making sure the right people need to meet,” says Prickett, laughing.

The bar has been through many transformations. The area where the bands perform originally belonged to another business, and the back area where the picnic tables are used to be a church. The venue is also ADA accessible. Besides weekly trivia, discounted tacos on Tuesdays and Whiskey Wednesday, music is a big part of The Waypost. Michael Newman used to procure the bands that played at the Waypost but now one of the managers, Brian Bennett, sources the music. If a band wants to perform at the bar, they can fill out the form on the Waypost’s website. Prickett has enjoyed owning The Waypost and says that the main goal is pushing to create a wel-

coming and relaxing atmosphere where locals can come by and see their friends.

The Waypost only takes up a small percentage of Prickett’s time. Most of his time now is spent on real estate. Prickett had been purchasing properties and flipping them. He decided to get his real estate license about 18 months ago so he could write his own contracts. Helping friends with real estate purchases is another benefit to the license.

Prickett’s life is very busy and has lots of variety, but he still misses the political environmental policy work. To add to his other charitable ventures, Prickett gives 10% of his real estate earnings to three non-profits, Framework International, L’Arche Portland, and Oregon Wild, which adds another layer of motivation and helps to fulfill his philanthropic goals.

Seth Prickett is a business owner in our Eliot neighborhood that we can be proud of. He is very supportive of the neighborhood association by being a consistent advertiser; has established a place where residents can hang out, see good music and enjoy delicious food and beverages; and helps residents become homeowners while also helping students in Ghana become educated so they can fulfill their dreams.

**Framework International**  
www.frameworkinternational.org

**The Waypost**  
3120 N Williams Avenue  
503-367-3182  
www.thewaypost.com

**Legacy Real Estate**  
Seth Prickett seth@legacyre.com  
503-451-0268

# Eliot Sewer and Stormwater Project - Construction Starting

By Kristen Kibler

Construction of the Eliot Sewer and Stormwater Project begins this fall and will take about a year to complete. City of Portland Environmental Services will be replacing or repairing approximately 10,000 feet of public sewer pipes in the southern part of the Eliot Neighborhood. These pipes are deteriorating due to age or are undersized for the sewer and stormwater flows in this area. The oldest pipe being replaced is 115 years old. These improvements will help protect public health, property and our environment by reducing the possibility of sewage releases into streets, homes and businesses. The project also includes constructing green street planters in the right-of-way on public streets in key locations.

These green street planters will divert 1.9 million gallons of stormwater annually from the sewer system, which helps prevent overflows into the river during periods of heavy rains. For more information or to sign up for the project’s email update list, visit [www.portlandoregon.gov/bes/Eliot](http://www.portlandoregon.gov/bes/Eliot) or email [Matthew.Gough@portlandoregon.gov](mailto:Matthew.Gough@portlandoregon.gov) with “Eliot” in the subject line. You may also contact Matt Gough, Community Outreach for City of Portland Environmental Services at (503) 823-5352 or [Matthew.Gough@portlandoregon.gov](mailto:Matthew.Gough@portlandoregon.gov). Matt will attend the Eliot Neighborhood Association Meeting on October 16<sup>th</sup> 6:30 p.m. at 120 NE Knott to give an update on the project.



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## In Memoria

For over thirteen years we have



walked the streets of Eliot and Irvington with our two Afghan hounds, Mattie (the dark one) and Tilly (the blond). We were stopped almost daily by neighbors complimenting them. Sadly, Mattie died in May and Tilly this past month. We are thankful for the kind words of our neighbors when they learn of their deaths.





(GARLINTGON PLACE from page 1)

Cascadia is one of the largest mental health providers in the state and employs nearly 1,000 staff in Multnomah, Clackamas, Washington and Lane Counties. Garlington Place is Cascadia’s newest housing complex and will be the first to serve a mixture of tenants and offer a place to reconnect for those whose families’ properties were impacted by urban renewal. Cascadia has decided to utilize the City of Portland’s N/NE Portland Housing Preference Policy by setting aside 31 of the 52 units for individuals and families with deep historic roots in the N/NE neighborhoods and who also qualify for the Cascadia housing 60% median family income qualifications.

**Garlington Place will include:**

- 6 studio units, 40 one bedroom units, 5 two bedroom units and 1 Manager unit
- Close proximity to public transportation
- Secure bike storage for each unit
- Earth Advantage platinum certification
- Energy efficient heating/cooling systems and appliances; LED lighting
- Onsite stormwater management, low-flow plumbing fixtures, water sub metering
- High durability materials, appliances, fixtures and surfaces that will help improve the long-term use of the apartments

The majority of the apartments, 31 units, will be Preference and income qualified units but Cascadia has also partnered to house Veterans and its

own clients: 10 units will be for Veterans who qualify and who are facing homelessness, as well as 10 units for people with mental health challenges.

**How to Apply:**

The first step is to apply for consideration under the Preference Policy. Cascadia is directing people to check out the Portland Housing Bureau website first and apply starting October 16th for the Cascadia units. The second step occurs after the application period closes at the end of October. The Housing Bureau will forward applications on to Cascadia based upon scoring of preference points and Cascadia will then screen applicants based upon the screening criteria for Garlington Place. The PHB Frequently Asked Questions (FAQ) (<https://www.portlandoregon.gov/phb/article/570604#a>) can be helpful in explaining the Preference Policy, how it works, and how it will enable you to be listed as eligible for rental opportunities this fall. Cascadia Behavioral Health will also offer an FAQ and information about the Garlington Place on their website. Applicants will need to pay a \$25 application fee for the Cascadia process but the first step, the Preference Policy, is free and open to anyone.

For the Preference Policy, the Housing Bureau will score applications based upon current or prior address in N/NE Portland with the following expected outcomes:

- Give preference to individuals and families based on the amount of urban renewal activity that occurred where they lived
- Address generational displacement

ment of families by urban renewal

- Give preference to families regardless of where they currently live
- Give top priority to families with property taken by the city

**Housing and Social Justice through Housing, Hope and Homes**

When the City, Federal government and Emanuel Hospital demolished housing because of the development of the Memorial Coliseum, the freeway, and then the proposed Emanuel Hospital expansion (which never took place at the Russell/Williams/Vancouver blocks), families were left with a few options and a loss of wealth created by ownership. Government actions during the 60s and 70s such as redlining took away homes and impacted the poor and minority owners. Eliot is still recovering as it continues to build housing like the Garlington Place.

Over the last two years, Northeast residents have watched the Garlington Health and Wellness Center develop from concept to construction, with community involvement ramping up in the last year. Long-time residents and faith members may recall Reverend Dr. John Garlington who stood for the health of the community and advocated successfully in Northeast Portland to open clinics and support social justice. Cascadia Behavioral Health purchased the site in 2006, occupying it as its primary Northeast location while planning for the new center.

The new Garlington Place Apartments are the next step in the integrated vision when it opens in February. In March 2018, the Garlington Health Center will re-open as the Cascadia Health and Wellness Center, providing an integrated housing and healthcare solution. This will include the primary and mental health services in the same block as the Garlington Place apartments.

**For Further Information**

Portland Housing Bureau and Cascadia Behavioral Health are working together to provide assistance so check out their websites for additional hours to gain in-person application assistance. Cascadia will release a Frequently Asked Questions for those seeking more information at <https://cascadiabhc.org/coming-soon-cascadias-garlington-place-apartments/>

**The Garlington Center History**

The Center is named in honor of the late Rev. Dr. John W. Garlington, Jr, a prominent leader and advocate for the African American community in Portland during the late 1970s and early 1980s. To learn more about the legacy of Dr. Garlington, visit <https://vimeo.com/cascadiabhc/revgarlington> to view a brief video produced by Cascadia.

**Building a Culture of Caring**

If you would like more information or would like to support Cascadia’s efforts, please visit [www.cascadiabhc.org](http://www.cascadiabhc.org) or contact [give@cascadiabhc.org](mailto:give@cascadiabhc.org)



**Garlington Place Apartments**  
Accepting Applications on October 16, 2017



CASCADIA AFFORDABLE HOUSING APARTMENT BUILDING  
3080 NE MLK Jr. Blvd. | Portland, OR 97212

Conveniently located along Martin Luther King Blvd. in the Eliot Neighborhood and in the heart of the Historic Albina District.

- 52 apartments
- Studios, 1 Bedroom and 2 Bedroom Units
- Resident Laundry Facilities
- Resident Community Room
- Access to Garlington Health & Wellness Center, Community Classes and Garden
- Public Art Murals
- Walking distance to shops, grocery stores, and many local restaurants

For more information, visit [cascadiabhc.org/housing](http://cascadiabhc.org/housing)

**Garlington Place Application Process**

**Applicants must complete the Portland Housing Bureau Open Preference Policy Application**

Application process opens Oct. 16, 2017  
Application process closes October 30, 2017

Portland Housing Bureau forwards Active Preference Policy Rental qualified applicants to Cascadia Behavioral Health where applicants will pay a \$25 fee and complete a background check

In November and December applicants will be notified if they are eligible to complete all of the required lease paperwork which will be signed and submitted on their assigned move in date in January.

**Keep in Mind: Timing, Costs, and Expected Move In**

- Cascadia expects to notify selected tenants of availability before the first week in January and schedule move-in dates
- Tenants will need to have first and last month rent before February move in; applicants should note the Portland Housing Bureau schedule of rents per units
- Cascadia will provide limited assistance for tenants in the move-in process

(BRIDGES from page 8)

that the Bridges parking lot is empty but the restaurant is full—a sign that the restaurant is filled with neighborhood residents who have traveled to eat on foot. Lane-Ruckman also is concerned by some economic changes to Portland on the whole and on the neighborhood level, which have led to an increase in the costs-of-living. This change has made it more challenging for her employees to find affordable housing in recent years.

While Bridges may be best known to locals for its extensive brunch offerings, Lane-Ruckman also wants Eliot to know that the restaurant is open for lunch and has a wide selection of nourishing soups, salads, and sand-

wiches. Bridges caters citywide, primarily providing food to local businesses. So, meander over to Bridges and support this wonderful, family owned and operated business as you savor delicious food made with spirit, good ingredients, and above all, love.

Bridges is located at 2716 NE Martin Luther King Blvd. The restaurant has outdoor dining when the weather is favorable, and the restaurant is accessible to those with limited mobility as there are no stairs necessary to enter the restaurant or its bathroom. The restaurant is walk-in only. For the restaurant call: 503-288-4169 For catering call: 503-288-4175. Mon-Fri 7am-2pm; Sat-Sun 8am-3pm.



(LEGACY, from page 9)

Through the generous support of donors, the Legacy Emanuel Medical Center Foundation has agreed to fund \$2 million toward the family house project. The family house will provide a convenient and safe place for patients’ families who travel from outside our area while they support their loved one. With its Level 1 Trauma Center and the only burn center in the region, Legacy Emanuel serves patients from across Oregon and the Pacific Northwest.

The genesis of today’s announcement started with the urban renewal efforts in the 1970s. We have worked hard to correct many of the misconceptions about Emanuel Hospital’s role at that time. Emanuel Hospital was given the opportunity to buy the Hill block, but only after the homes and businesses were condemned and destroyed. The property was originally purchased with a plan in mind, but after the federal program ended, those plans were put aside. Unfortunately, the urban renewal effort did destroy the heart of Portland’s African American community. It is a long standing wound that has continued until today.

(NAGAOKA from page 6)

gangs and drugs anymore. Other people have the response I thought they would have. They’re angry because people are getting priced out and we’re losing community.

**Why did you choose a book as the format for displaying this project?**

I don’t want to show the images in galleries because that’s not how I envision the project. It can be seen as exploitative when I’m taking something from the neighborhood and putting it in a space that isn’t an egalitarian space. A book is egalitarian. A book is something physical that, once it’s printed, I can physically give back to people in the neighborhood.

**What do you see as overarching themes of your work?**



Legacy CEO and president, George J. Brown, M.D, explaining collaboration and goals to staff

Legacy Health is honored to be a part of this effort to provide a solution to this injury. It is a great solution to address some long-standing issues. In looking ahead at Legacy’s needs and the community’s needs, as well looking at what opportunities Prosper Portland can offer, I am exceptional pleased that we can be a part of what I believe will be a historic partnership. We will provide more details about the partnership and how the complex will be developed in the coming weeks.”

For more information, contact Vicki Guinn, Legacy Emanuel public relations, 503-413-2939, vguinn@lhs.org. Media links: Oregonian <http://bit.ly/2vtNDnX>; Portland Business

I’ve always been making work about communities that people don’t necessarily know exist or know the strength in them. That’s how I’m approaching this project too. My work is always about home in different ways. That’s what drives me about this project is the eradication of the home and how strong people have been to put their foot down. Most people are like, “Yeah. I’m not gonna sell the house. I’m not gonna let my kids or my grandkids sell the house.”

**Do you already have a title imagined for the neighborhood book project?**

When I first got here, I read parts of a book called Eden Within Eden: Oregon’s Utopian Heritage. It’s kind of dry, but it’s interesting. James J. Kopp, the author, discusses the history of Oregon and how it was seen as a utopia and a white haven. Oregon became a breeding ground for people’s utopian

# SAVE THE DATE

## PICA

**STEVEN DOUGHTON, DELTA**

Opening November 4 | 12-4PM | Free  
PICA, 15 NE Hancock St

**ANN MAGNUSON AND THE BONGWATER SONGBOOK**

November 4 | 9PM | \$10/\$8 members  
PICA, 15 NE Hancock St

**ALTERNATE ENDINGS, RADICAL BEGINNINGS**

New video commissioned by Visual AIDS (NYC), Mykki Blanco, Cheryl Dune, Reina Gosset, Thomas Allen Harris, Kia Labelija, Tiona McClodden and Brontez Purrell  
December 1 | 7PM | \$0-\$20 | PICA, 15 NE Hancock St

**SARAH SCHULMAN, Gentrification of the Mind PANEL DISCUSSION, with local activists SCREENING, UNITED IN ANGER: A History of ACT UP**

December 2 | 2:00 PM Reading and Talk | 3:00 PM Panel 4:30 PM Screening | PICA, 15 NE Hancock St

**SARAH SCHULMAN, Conflict is Not Abuse**

December 3 | 4PM | Free | PNCA Shipley Mediatheque

**PRECIPICE FUND, Award Presentation and Party**

December 7 | PICA, 15 NE Hancock St

projects because it was such an open land. Eden Within Eden is a title that I have thought of putting on this project in order to invert that storyline because that history is all about white people trying to create their utopias and the failure of creating those utopias.

I normally never choose the title until I get to the full edit. What’s been

guiding the title idea as of now is re-writing that narrative because all we hear about the history of Oregon is European people’s history. The history of people of color was put aside.

**Are you open to people reaching out to you if they want to be photographed?**

Yes! The best way is by email at [ricardonagaoka@gmail.com](mailto:ricardonagaoka@gmail.com).

**Community Events**

**Land Use and Transportation Committee (LUTC) Meeting**  
St. Philip the Deacon Church, 120 NE Knott St  
7:00pm Mondays— October 9, November 13, December 11

**Neighborhood Association Meeting**  
St. Philip the Deacon Church, 120 NE Knott St  
6:30pm Mondays—October 16, November 20, December 18

**Northeast Coalition of Neighborhoods**  
4815 NE 7th Ave  
Meetings/events- [www.necoalition.org](http://www.necoalition.org), 503.388.5004

- ♦ *Safety and Livability Meeting*—6:30pm, 3rd Monday of month
- ♦ *NECN Board Meetings*—6:30pm, 3rd Tuesday of month
- ♦ *Community Police Relations Committee*—5:30pm, 3rd Wednesday of month
- ♦ *NECN Land Use Transportation Committee*—7:00pm, 4th Wednesday of month

**Entertainment/Events**

**Columbia Gorge Model Railroad Club**  
2505 N Vancouver Ave (at N Russell St)  
[columbiagorgemodelrailroadclub.com](http://columbiagorgemodelrailroadclub.com), 503-288-7246  
Open House 10am-5pm November 4th-5th, 11th-12th, 18th-19th, and 25th-26th

**Lloydean Presents Art Gallery**  
2728 NE Martin Luther King Jr Blvd  
[lloydeanpresents.com](http://lloydeanpresents.com), 503-951-8234

**PICA**  
15 NE Hancock St, [pica.org](http://pica.org), 503-242-1419  
November and December events—see ad above

**Portland Open Studios**  
October 14-15 and 21-22, 10AM-5PM  
Karen Spencer, artist in Eliot  
333NE Hancock St #11, Not ADA Accessible  
[karensundayspencer.com](http://karensundayspencer.com), 503-799-9577  
Other various studio locations- see website for details  
[www.pdxos.com](http://www.pdxos.com)

**Secret Society Ballroom and Lounge**  
116 NE Russell St, [secretsociety.net](http://secretsociety.net), 503-493-3600

**The Waypost**  
3120 N Williams Ave, [thewaypost.com](http://thewaypost.com), 503-367-3182

**White Eagle**  
836 N Russell St, [mcmenamins.com/WhiteEagle](http://mcmenamins.com/WhiteEagle), 503-282-6810

**Wonder Ballroom**  
128 NE Russell St, [wonderballroom.com](http://wonderballroom.com), 503-284-8686

**Recurring Events**  
**Tuesdays**— 7pm Trivia at The Waypost  
**Sundays**—8pm Open Mic at The Waypost

*Did we miss something? Email [news@EliotNeighborhood.org](mailto:news@EliotNeighborhood.org) to submit something for the next edition*