



The City of Millbrae and Central County Fire

Present



Community Emergency Response Team Training (CERT)

FREE!

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Here is your opportunity to become a trained member of "CERT", the City of Millbrae Community Preparedness Program. Participants in this 20-hour series of classes will learn how to be part of neighborhood response teams, cross-trained in basic emergency skills. Each class emphasizes skills that will be practiced during a hands-on session at the Chetcuti Room, Millbrae Community Center Great Room and Millbrae Fire Station # 37.

<p>Tuesday, January 22, 2019 Disaster Awareness, Fire Safety & Utility Control</p> <ul style="list-style-type: none"> Disaster types, history and probability How to prepare before it happens What to do when a disaster strikes Natural gas, water and electrical controls Types of fire & use of extinguishers to put fire out <p>GREAT ROOM 623 Magnolia</p>	<p>Tuesday, January 29, 2019 Medical Part 1</p> <ul style="list-style-type: none"> Treat Life – Threatening Conditions Triage – Public Health Considerations Disaster Medical Operations Establishing Treatment Areas
<p>Tuesday, February 5, 2019 Medical Part II</p> <ul style="list-style-type: none"> Head-to-toe assessments Opening the airway Stopping bleeding and controlling shock Triage, burns, fractures and other injuries 	<p>Tuesday, February 12, 2019 Light Search and Rescue</p> <ul style="list-style-type: none"> Different types of construction and where to look for damage; building marking system Interior search patterns Lifting heavy objects and mechanical advantage Victim carries
<p>Tuesday, February 19, 2019 Disaster Psychology, CERT Organization and Management</p> <ul style="list-style-type: none"> Disaster Psychology CERT Incident Command System; managing the disaster and documentation Disaster plans and where CERT Fits in 	<p>Tuesday, February 26, 2019 CERT Communications</p> <ul style="list-style-type: none"> Communications 101 Composing emergency messages Hands on practice with MURS Radios <p>GREAT ROOM 623 Magnolia</p>
<p>Tuesday, March 5, 2019 Terrorism & Refresh</p> <ul style="list-style-type: none"> What is Terrorism? Terrorist targets Preparing at home and work Refresh for "Skills Day" 	<p>**Saturday, March 16, 2019** Skills Development and Application</p> <ul style="list-style-type: none"> Extinguish fires Triaging and treating victims Extricating victims trapped by heavy timbers Interior search for reported missing persons Course Review-Graduation Ceremony

Classes will be held in Millbrae at the Chetcuti Room, 450 Poplar Ave. or at The Great Room, 623 Magnolia from 6:30 to 9:00 PM and the last class, ****Skills Development & Application****, will be held at Fire Station #37, 511 Magnolia Avenue in Millbrae on Saturday, March 16th from 8:00 AM to 3:30 PM.

Please wear comfortable shoes and clothing to the last class

FREE! To register please visit: bit.ly/CERTWINTER19

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