

# Suicide Prevention Week September 4<sup>th</sup>- 10<sup>th</sup> 2016

## "Just Ask- Save A Life"

Please join Suicide Prevention partners in supporting suicide prevention and attend these education events for IPFW campus and community members.

***Did you know that in the United States, one person completes suicide every 11 minutes? It is estimated that more than 5 million people in the US have been directly affected by suicide?***

***Did you know that suicide is the 2nd leading cause of death among college students?***

### **EVENT CALENDAR**

**Tuesday, September 6<sup>th</sup>, 2016**

#### **"Just ask" Evening Presentations-**

- **IPFW International Ballroom**
- 6:00pm Doors Open
- 7:00-8:30pm Presentations (IPFW International Ballroom)
  - Emily Westropp, Canterbury High School Student
  - Theoplis Smith, "Artist Phresh Laundry"

**Wednesday, September 7<sup>th</sup>, 2016**

**"Knowledge is Power" Outdoor Education Event** –Presented by IPFW Military Student Services and VA Suicide Prevention Specialists

- **IPFW Alumni Plaza**
- 10:00am-2:00pm
  - Join us for interactive suicide prevention education and resource tables. Bring questions.

**PTSD and the VA System- Presented by Dr. Hackenberg, VA Mental Health**

- IPFW Walb Union, room 114
- 1:00pm-1:45pm

**PTSD Treatment Modalities and New Advances in Treatment- Presented by Dr. Hackenberg, VA Mental Health**

- IPFW Walb Union, room 114
- 2:00pm-2:45pm

## **Thursday September 8<sup>th</sup>, 2016**

“Just Ask” Resource Fair with Save the Seven Challenge and Entertainment

- IPFW Walb Student Union Classic Ballroom, Hallways and Room 114
- 10:00am-2:00pm
- FREE lunch for everyone who visits at least 7 resource fair tables
  - Visit with campus and community individuals and resource sites for suicide prevention and mental health care education activities, coping skills and how to help a friend.

Project COMPASS Suicide Prevention Gatekeeper Training

- IPFW Kettler Hall, room G 83
- 2:30pm-5:30pm
  - Become a Gatekeeper in our IPFW Community
  - Contact [compass@ipfw.edu](mailto:compass@ipfw.edu) to register. Walk-ins welcome.

## **Friday, September 9<sup>th</sup>, 2016**

### **Project COMPASS Suicide Prevention Gatekeeper Training**

- IPFW Kettler Hall, room G 83
- 9:00am-12:00pm
  - Become a Gatekeeper in our IPFW Community
  - Contact [compass@ipfw.edu](mailto:compass@ipfw.edu) to register. Walk-ins welcome.

### **Need someone to talk to?**

IPFW Students can contact IPFW/Parkview Student Assistant Program, Walb Union 113, for no charge counseling by calling 260-266-8060. Visit [www.ipfw.edu/counseling](http://www.ipfw.edu/counseling).

IPFW Benefit-eligible Faculty, Staff, and Covered Family Members can contact IPFW Employee Assistance Program no charge counseling at Bowen Center, 1-800-342-5653.

**National Suicide Prevention Lifeline, FREE confidential support 24/7: 1-800-273-8255 (TALK)**

**Veterans Crisis Line 1-800-273-8255, press 1, confidential chat at [VeteransCrisisLine.net](http://VeteransCrisisLine.net) or text to 838255**

**Useful web pages: [stopsuicidenow.org](http://stopsuicidenow.org), [trevorproject.org](http://trevorproject.org), <http://www.projectsemicolon.org/>**

*For Information call 481-6647 or e-mail [tillapau@ipfw.edu](mailto:tillapau@ipfw.edu)*

### **IPFW Suicide Prevention Week Partners Include:**

Project COMPASS (Community Partners Against Student Suicide), Behavioral Health and Family Studies Institute, Center For Healthy Living: Campus Clinic and Wellness Programs, Peer Educator Program, Active Minds, Military Student Services, Vice Chancellor's Office for Student Affairs, Student Housing, Indiana Purdue Student Government Association, Mastodon Advising Center, Office of the Dean of Students, Office of Diversity and Multicultural Affairs, Psy Chi, and the Resource Center, Fort Wayne Vet Center, VA Medical Center - Fort Wayne,

